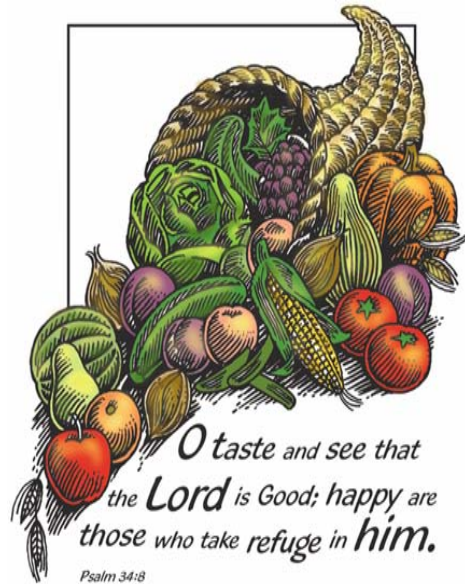


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*O taste and see that
the Lord is Good; happy are
those who take refuge in him.*
Psalm 34:8



Senior Pastor:
Rev. David M. Burgeson

Minister of Visitation:
Rev. J. Harold Headrick

Ministers:
Members & Friends

Office Admin./ Newsletter:
Sarah Gandy-Barber

Bookkeeper:
Victoria Gandy

Website Manager:
Jamie Foster

Music Director:
Julie Walters

The Lord's Crew Director:
Susan Coho

Organist:
Don McGuire

Puppet People:
Willy Ford & Mike Herber

Grande Ringers Handbell Dir.:
Leonard Lutz

Adult Ministry Director:
Seeking applicant

UM Youth Directors:
Mike & Linda Herber

Children's' Ministry Director:
Seeking applicant

Bishop:
Mary Ann Swenson

District Superintendent:
Rev. Cathleen Coots

AG UM Children's Center
(805) 481-2223

Director: Madrigal Quagliano



1st UM Youth
8th Mary-Martha Circle
15th open
22nd UMM Pancakes
29th Board of Trustees

*Coffee Hour responsibilities
include the set-up and clean-up
of the coffee pots and providing
refreshments for both the
9:30 AM & 11:30 AM Coffee
Hour times in Criswell Hall.*

Thank you!

The First United Methodist Church of Arroyo Grande

Cast~A~Net

NOVEMBER 2009

"The kingdom of God is like a net that was cast into the sea" ~ Matthew 13:47
Phone: 805-481-2692 Website: WorshipWeekly.com Email: FUMCAG@sbcglobal.net



"Every Member A Missionary"
the many ways YOU can serve

Blue Umbrella
Church Family

- Fellowship
- Membership Care
- Prayer
- Evangelism
- Helping Hands
- Care-Ring Ministry

Green Umbrella
Spiritual Growth

- Youth Directors
- Children's Ministry Director
- Adult Ministry Director
- Library
- Church Historian

Red Umbrella
Inspiration

- Worship Leaders
- Handbell Director
- Organist and/or Pianist
- Paraments People
- Wedding Coordinator
- Ushers and Greeters
- Acolytes/Alter Guild
- Puppet People
- Multi-Media Directors

Yellow Umbrella
Outreach

- Missions
- Food Bank
- People's Kitchen
- Church & Society

Is it a Job or Ministry????

- If you are doing it well enough to get by, it's a JOB. If you are doing it to the best of your ability, it is a MINISTRY.
- If you will do it only so long as it doesn't interfere with other activities, it's a JOB. If you're committed to staying with it even when it means letting go of other things, it's a MINISTRY.
- If you quit because no one has praised you or thanked you, it is a JOB. If you stay with it even when no one seems to notice, it is a MINISTRY.
- If you do it because someone else said it needs to be done, it's a JOB. If you do it because you're convinced it needs to be done, it is a MINISTRY.
- If it's hard to get excited about it's JOB. It's impossible to not get excited about a Ministry.
- People may say "well done" when you do your JOB. The Lord will say "well done" when you complete your MINISTRY.

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Inserts

Children's Center Chronicle

Our Team

Chair: David Beaman
Layout Editor: Sarah Barber
Proofers: Sarah Barber, David Beaman, Pastor David Burgeson and Virginia Mothes
Writers: Our congregation
Communications Committee: Sarah Gandy-Barber, David Beaman, Reverend David Burgeson, Heidi Carpentier, Virginia Mothes, Jerry Smith & Michael Thurman.

Deadline: 10th of each month
 All articles for consideration must be submitted by this date.

Address Updates: Do you want to be removed from our mailing list? Need to update your information or add a friend? Contact our church office at (805) 481-2692 or e-mail us at fumcag@sbcglobal.net



Dear Church Family,

Many things I have to be thankful for this year. Included is my gratefulness for each member and friend of our church here in Arroyo Grande. I have been blessed and I give thanks for each one of you!

In our Church Council meeting in October 1st, asked each council member to solicit responses to three questions as I seek to prepare and plan for 2010. I realize not all members and friends are part of an umbrella or committee. So I am asking for your responses to the following three questions:

1. Our mission statement says "Every Member A Missionary" - What does this mean? How would you respond if some one were to ask you?
2. Looking back, how do you feel we did as a church in 2009 to live out "Every Member a Missionary?"
3. What would like to see us accomplish in 2010 to live out our mission statement of "Every Member a Missionary?"

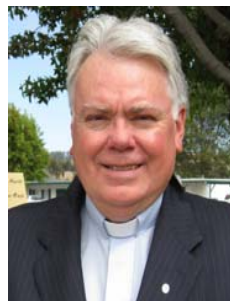
If you would write/type a response to these questions and drop off or mail to the church office (or e-mail responses) by November 15th I would greatly appreciate your input. These responses can be anonymous should you desire.

On another note, **Stewardship Sunday** will be **November 15th**, where we as a church will begin to receive our pledges to underwrite our budget for 2010. Thank you for all you have done this year with your prayers, presence, gifts, service and witness.

Our community **Thanksgiving Eve Ecumenical Service** will be held this year at **Nipomo Community Presbyterian Church at 7 PM on Wednesday, November 25.** Our *Grande Ringers* will be playing, some members of our church choir will be singing in the mass choir, and I will be participating along with other Pastors. The offering that evening will go to the "5 Cities Homeless Coalition", and some of our church members are on their board. I hope you will make plans to be at the service.

Journeying Together,

David



Pastor David M. Burgeson



- | | |
|-------------------|------|
| Joy Collins | 2nd |
| Marj Wolters | 4th |
| Bill Cross | 5th |
| Patrick Harvey | 7th |
| Ian Waterman | 8th |
| Harold Headrick | 8th |
| Dionne Gregory | 9th |
| Caitlin Riley | 9th |
| Bonnie Swafford | 13th |
| Bee Frantz | 13th |
| Ross Roemer | 14th |
| Betty Bailes | 15th |
| Jim Harvey | 15th |
| Rosemary MacKeen | 16th |
| Carol Ferrari | 18th |
| Ruth Thompson | 18th |
| Pam Motley | 20th |
| Lynn Foster | 21st |
| Helen Gugeler | 21st |
| Anne Awalt | 22nd |
| Nick Ballagh | 23rd |
| Adrian Paredes | 23rd |
| Adrian Paredes | 23rd |
| Christina Rohla | 23rd |
| Denise Bailey | 24th |
| Jessica Williams | 25th |
| David Burgeson | 26th |
| Mike Albertson | 26th |
| Iris Caldon | 26th |
| Larry Wiemers | 28th |
| Delbert Hollinger | 29th |



Did we miss your birthday?
 Would you like to have you or a family member recognized?
 Let us know!



November 2009

Date	Scripture	Theme
1st	John 11:32 -44	Resurrection
8th	Mark 12:38-44	Loyalty
15th	Matthew 22: 15-22	Stewardship
22nd	Deuteronomy 8: 1- 20	Thanksgiving
29th	Luke 1: 30-31;34-35, 38	Hope

Daisey Shariah Paredes
 10-5-09
 at 1:35 AM
 8lbs. 5 oz. 20.4 in.

It's a GIRL!



Small-Group News



RUMP

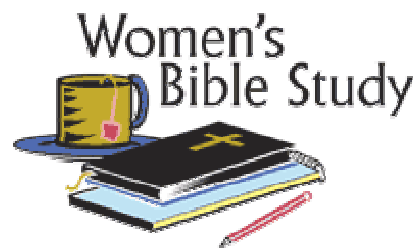
Retired United Methodist Persons

We are sorry to report that RUMP been disbanded until further notice.

Contact Dick and Peggy Gainer or Bob and Vel Lowry

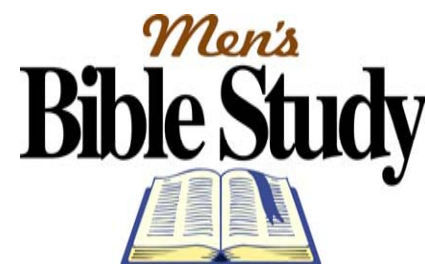


All are welcome to meet with us on **Fridays at 8:30 AM** in the library and get to know our church members in this small group setting. This is the perfect time to join us as we are starting our new book called, *Beatitudes From the Backside* by J. Ellsworth Kalas. We look forward to seeing you with us.



Every **Sunday morning** in **room 215** join the ladies of our church in search of strengthening their daily walk with Christ. This study is at **9:45 AM** and is open to all women who love the Lord and want to serve Him. The new book we will start is titled, *"The Little Book of Letting Go: A Revolutionary 30 Day Program to Cleanse Your Mind, Lift Your Spirit, and Replenish Your Soul"* by Hugh Prather.

Join our Men's Bible Study, Mondays at 7 PM in room 215 you can join with other men who have committed themselves to Christ and who seek spiritual leadership through Christ's word and His teachings. Join the men as they *"Learn the Bible in 24 Hours"* through this book by Dr. Chuck Missler.



The *Women of Prayer* is a non-denominational women's group that meet at **7 PM** on **Mondays** in the UMC of AG sanctuary to pray for this church and others in the community; asking God to pour out His Spirit of redemption, deliverance, healing and salvation. Please contact *Susan Coho* if you have any questions with regard to this group of special ladies.



Do you have a prayer request? A grateful praise? Bring it to our Prayer Chain.

Every **Thursday at 10 AM** a group of dedicated prayer warriors, our **Intercessory Prayer Group**, meets in the Library to pray for members of our church family, and other requests mentioned on the prayer request cards, those mentioned in services each week, those written in the prayer book and called in via prayer chain. We invite any who would like to join and lift up these requests to the Lord. Contact the church office for more information.

Requests can remain anonymous.

The Healthy Corner

CELEBRATE HEALTH

By Patti Melsheimer

The holidays are typically a season marked by overindulgence. A USC dietician, Patrice Barber, points toward an emphasis on control and moderation, to help you through the next few months while keeping your health goals in check.

"Make every bite count," she says. "Decide ahead of time which foods mean the most to you, whether it's foods that hold special meaning, or those you only get during the holidays." If a food holds importance to you, don't deny yourself your favorites, recommends Barber. Denial will only stir up cravings that have the potential to get stronger until you end up overdoing it.

"Eat well and stay active, but don't expect perfect nutrition during the holidays," she says. "Weight loss dieting does not mix well with the holidays. It is much better to aim to hold steady. If you do happen to overeat, try to avoid stressing about it. You can't change it, so just move on with your happy holidays."

Barber recommends starting each day in a healthy, positive way with breakfast. She says that the first meal of the day is a great chance to fill in where our nutrition habits often fall short: fruit, fiber and calcium. It will also help you get through the busy season. "By eating some oatmeal, fruit and milk, you can count on a breakfast to energize you through full days of shopping, wrapping presents and hanging lights," she says.

In addition to a healthy breakfast, Barber recommends loading up on fruits and vegetables, as they give you the most vitamins and minerals for the fewest calories. "When you think about making every calorie count, fruit and veggies should be at the top of your list," she says.

For many, any plans to keep a healthy food routine during the holidays are quickly sabotaged by seasonal parties, replete with candy, cookies and fried foods. Barber offers the following tips for attending gatherings where the food available is beyond your control: Avoid a large appetite. Have a snack before you go to the party. If there is a buffet, look it over carefully: Think about your selections and use a small plate to control your portions. Remember that beverages count too!

If you're planning a holiday party this season, make veggies a priority, substitute broth-based soups in place of cream soups and whole wheat pastry flour instead of white flour in baking. Use broth to stir-fry and low-fat versions for mayonnaise and sour cream. Choose turkey over duck, rice for stuffing and graham crackers instead of pastry crusts.

In addition to making conscious choices while eating this season, make sure to take care of yourself mentally as well. For many, holidays equal stress, which leads to overeating, says Barber. "Exercise lessens your vulnerability to stress, infection, irritation, anxiety and depression," she says. "Keep up with your fitness habits and do active things with your family."





- Financial: Of the utilities, only gas is within budget. Even though all others are over budget, bottom line is, we're 95% of budget for 9 months.
- The windows in McMillen Room have been repaired by AG Glass. We now have to wait for rain and see if they are sealed—so far so good. If so it will cost another \$1,000 to repair the other 8 windows.
- Handicap bars were installed in the bathroom adjacent to the McMillen Room. The Multiple Sclerosis Society will be using the MMR for a support group one time per month and requested the addition—which was paid for by a member of the group. We are now handicap compliant. This is for people who use walkers only.
- Sandra Sawyer, a member of our congregation, has requested use of a room to train a counselor. This person needs additional hours of training plus one on one experience to be a licensed in the state of California. This will allow a counseling center open to the community and our congregation. The Board gave its permission.
- For the 125th program, we had the carpet cleaned. Maddy said she has this done as part of her contract—each month a different room. We have asked our cleaning company, Executive Janitorial, to give us a quote if we did the same thing to other places in the church. No quote yet.
- On the 24th of October, I want to get a work party to seal the Porticos. I will need 12—14 people to give one Saturday. This has been done - Thanks for to all who helped.
- Additional landscaping was finished. To pay for it, we will use money from Memorial funds and recognize the individuals and families in the Cast-A-Net.
- We are in the process of setting up a CPR and defibulator class. Hope for a Saturday in January.
- One more door in the Children's Center has to have it's key changed to the Master key.
- We were informed that material has been taken from the McMillen Room closet. The door now has been replaced with a lockable one.



TRUSTEES REPORT
October '09

From Tom Egan, *Trustee Chair*

NOTE: Just recently a fair amount of landscaping was completed both on Bennett Street side and the parking lot side. This was made possible through donations made to the Francis Fink Memorial Fund. This covered all expenses. Thank you to those who made it possible.

ATTENDANCE

(October 2009)

4th	176
11th	139
18th	175
25th	175

Sunday Average = 166

FINANCES

(October 2009)

Monthly Goal	\$ 22,220
Received to date	\$ 17,952
Difference	\$ 4,268

Please Help Us Catch Up!



We're thankful for you!



COMMUNITY SERVICE

First of all I would like to thank Eva McClure for the wonderful article about our community services in the October Cast-A-Net.

Here is a follow up. I just recently mailed off:

- **Labels for Education to Henderson Settlement** - 2,075 labels. This brings our total to 41,079 since 1993.
- **Box Tops for Education** - 410 box tops. Making this total 2256 since 2001. Each Box Top is worth 10 cents.
- **Greeting Card Covers** - 1414 cards to one of three locations. Each one does art projects with children, elderly, homebound and senior citizens. Since 1993 we have sent 683 cards.

Recent additions:

- **Aluminum Pull-Tabs**—These are turned in for scrape aluminum price at recycle centers. I have yet to send any, but have accumulated 6-12 pack soda boxes. Each soda can in the 12 packs is totally full of pull-tops. I will be recycling them here and then sending a check to Ronald McDonald House in Pasadena. This is easier than mailing directly to Pasadena. Total will be in next article.
- **New/Unused Cards**—I have recently learned of a couple in Pahrump, NV that have taken it upon themselves to send cards to US Military personnel overseas, daily. They want blank greeting cards, postcards, thinking-of-you and holiday cards like the ones everyone receives, unsolicited, this time of year.
- **Manufacturers Cents-Off Coupons**—These are taken from Sunday newspapers, magazines, and circulars. All are manufactures' cents-off coupons we send to Judy Atwood in Manhattan, Kansas. She then offers them to the people she helps. Please remember that these coupons have expiration dates and it takes a few days for Judy to get them. I mail them weekly.

My mama, Carmonde Cochran, started this community service in 1993. I took over part of the majority of the job in 1998 and have since control upon the onset of Mama's dementia in 2006. As most of you know, I have a medical condition, along with taking care of Mama, I can't do much more than I am now. I get great pleasure in this ministry and hope that you may get the same pleasure by contributing to our Community Service programs.

Please do not forget about the Five Cities Food Bank. They are always in need of non-perishable food. Many local drug stores/markets have sales where there are items for sale at 10/\$10, making each item \$1 each. If you would pick up one of these items and drop it off at the church, it would help the Food Bank provide much needed food for those that honestly need it.

Any of these items may be dropped off in the wicker basket in the church narthex.

Thanking you and knowing that God is smiling down on you. **Love, CJ**



The Giving Tree will be set up just as we do every year in Criswell Hall during the "Hanging of the Green" celebration. **This year the tree will stand beginning November 29th until December 21st.** The Giving Tree benefits children in the Child Welfare System with the Department of Social Services. Many families cannot afford to give their children the gifts they want, and the DPSS offers this as a resource for these families.

Here is how it works. The tree is decorated with colorful tags in duplicate. Each tag indicates what the child wishes for or what the child's parent wishes to give as a gift. First, choose a tag. Please take the colorfully decorated original tag for you to put on the UN-WRAPPED gift. Second, write your name on the duplicate tag and leave it on the Christmas tree. We do this to ensure that any misplaced tags are recovered and no child is left wanting. Lastly, bring your Unwrapped toy to the church office for Jan Treat to pick up and deliver to the DPSS.

Christmas is a time of giving—a time to share the blessings of God's abundance with a joyful heart. Visit "The Giving Tree" and make a child's wish come true. We thank you in advance for your kindness and generosity this year as in years past. Please contact Jan Treat or Child Welfare with any questions.



UMC of AG UMW
 present
Holiday Boutique
 November 14th
 9 AM — 2 PM

Join us Saturday for a Brunch of fabulous breakfast soufflé with fresh fruit and buttery croissants.

Brunch Tickets: \$7 per person
Quilt Raffle Tickets: \$1 each or 6 for \$5

Do your Christmas shopping! We will have the Hall filled with various crafts, baked goods, jams and jellies, quilts and blankets, jewelry, a farmer's market, and a variety of other home-made items. This is the perfect opportunity to shop early and pick-up some uniquely crafted gifts for your friends and family! Any contributions to the sale are welcome.

Have you seen the quilt in the Hall yet? The quilt is titled "Here Kitty Kitty" and will be up for raffle at the Bazaar and Brunch. Tickets for the raffle are on sale in Criswell Hall for both the brunch and raffle. All proceeds go to benefit the missions of the UMW. We hope to see you there!

A "Visit" With Harry Egan by Michael Thurman



My pre-arranged interview with UMC of AG's newest member was a delight and also a surprise. First, the happy part was evident from Harry's demeanor and wonderful smile. We had a number of similar interests (noted below), and he traveled 'up and down' the state as a young man as much as I had done in the 40's and 50's under parental of family tutelage.

My surprise hinged upon Harry's interests (or more appropriately—a commitment) to American Indians in the form of educational donations and spiritual support.

Now to address Harry's interests: He worked in special Cardiac Care at the City of Hope (in the 1950's thru 1961) and became proficient in heart-transplant techniques and subsequently in special treatment of Hepatitis, using animals (e.g. dogs) or organ donors; and much later he received a successful medical procedure to eliminate the dreaded Hepatitis disease.

Harry was exempt from military service, but I received an enthusiastic summary of brother Frank's Naval exploits on the WWII aircraft carrier Valley Forge (CV-16). And the family welcomed this brother home right at the end of the war.

It soon became evident to me that Harry was a self-starter: he became a theater manager; an exterior painter and wood-worker; a horticultural and landscape expert. Harry clearly loves fishing and worked the Rogue River and Applegate River in Southern Oregon.

A slogan I heard Harry use several times bears repeating: "Oh yes, I'm up here in God's country and it sure is wonderful to step-out on new paths and meet these folks of the United Methodist Church."

Now for brevity sake, I'm suggesting you corral Mr. Harry and offer a Starbucks Coffee or a cup of our UMC of AG "Joe" and hear the man narrate these facets and more of a very full and rewarding life.



You will want to come and see the beautiful display of historic records of our church that date back to the churches founding 125 years ago. The collecting is astounding and will touch your heart at the care that has been put into these church treasures.

Also, be sure to notice our selection of titles on the shelves including some *great* new ones.

Karmen Oliver, 91, resident of La Quinta, California and former secretary of The First United Methodist Church of Arroyo Grande passed away October 9, 2009.



★ EXTRA! EXTRA! ★

Men's News



"Helping men to grow in Christ, so others can know Christ."

Our UMM generally meet on the third Saturday of each month at the **Mission Inn of Pismo Beach** at **8:30 AM** for prayer, breakfast, and discussion of various topics pertinent to our community and the world. Check your bulletins or monthly newsletter for scheduled events and/or changes.

UMM LOOK FORWARD TO NOVEMBER

Twenty three members of the UMM enjoyed an outstanding program on trains and their part in the growth of the nation. The program was on Saturday, 17 October, as presented by **JAMIE FOSTER**. Without the advent of trains, the West would have never been settled as soon as it was and transportation from the East to the West would not have existed. As Jamie pointed out, the railroad has gone through a long transformation from wood and coal fired steam locomotives to the current diesel models. All in all the presentation was extremely interesting and informative.

PROGRAM FOR NOVEMBER – Has not been set at this time for the Cast-a-net. **Look for content of the November program in the Sunday Church Bulletin at the end of October for details.** The next meeting will be held on **Saturday, Nov. 21 at 8:30 AM** in the Mission Inn, off 4th Street in Pismo Beach. The fee for the delicious buffet is \$13 per person.

NOVEMBER 22ND IS ALL CHURCH PANCAKE BREAKFAST – Served in Criswell hall by the UMM. Profits from the breakfast go to underwrite youth activities and other good works of the men's group. Menu includes pancakes, sausage, scrambled eggs, fruit bowl, and coffee or tea. Cost: \$4 for adults and \$1 for kids under 10. Tickets available at the door. The men will begin serving at 9 AM.

For more information on UMM activities, contact Tom Egan or Bill Weitkamp.

~ Val McClure, UMM Publicity



CHRISTMAS IN NOVEMBER?! BUT LOOK WHAT'S AHEAD-get your calendars!



A D V E N T

November 29th is the First Sunday of Advent. On this day when the church officially begins preparation for the season of Christmas. The word Advent means "coming." Therefore, we make ready for the coming of the Lord. So where should we begin you ask?

With ourselves, of course. We should prepare our hearts for Christ to live in them fully. Get rid of that clutter within, you know, the odds and ends of foolish thoughts and familiar sins we find difficult to "let go" and let God handle. Your heart is the home for the Holy Spirit. Let's begin this Advent season with some house cleaning. Clear out that dusty heart and, call in the Holy Spirit Cleaning Service, and make room for the best Guest anyone ever had. Start now! Let the Spirit "cast out our sin and enter in. Be born in us today" (from "O Little Town of Bethlehem").

Join us November 28th at 4 PM, in our church sanctuary to get in the Christmas Spirit. We will hang the Advent and other various Christmas decorations. The **Hanging of the Greens** transforms the atmosphere for this festive season.

We have trees to decorate, garlands and wreaths to hang, lights to string, candles to place and bows to secure, not to mention Poinsettias to arrange. This is a spirit-filled time of fun and fellowship. Once the work is done, we light the display, listen to an Advent meditation and sing a carol or two. We will then wrap it up with delicious home-made chili and cornbread. Join us as we enter into this special season and honor the greatest gift of all—our Lord Jesus Christ!



ORDER YOUR **Poinsettias**

Poinsettia Order Forms will be bulletin in this month.



ALTERNATIVE CHRISTMAS '09

November 22nd, from 9:30 AM until 10:30 AM and again at **11:30 AM until noon** the Yellow Umbrella will sponsor this event of giving. Are you trying to find that perfect gift for a family member or a friend? Consider making a donation to one of these three projects: **The Smile Train, The Habitat For Humanity Grover Beach Project** and **The People's Kitchen**.

For more on this event contact Gladys Paulsen.



SmileTrain Changing The World One Smile At A Time.



How to Disagree Politely

compiled by Jerry Smith

How should one respond to an opposing point of view during a public debate? Here are some useful tips and I quote from an Internet [advice](#) and [information](#) link for managing potential discord with grace and finesse. I was attracted to this article as it serves in my opinion a sensible approach and employs good manners – the author is unknown.

“It’s easy to get along with another person until you disagree. That’s when things can get sticky. Many of us have trouble managing our emotions, sharing our viewpoints, and inviting the opinion of others.

Since disagreement is inevitable in the course of extended communications, here are some practical tips for sharing a dissenting perspective without irreparably damaging a relationship with the speaker.

1. **Be a good listener.** The first thing to do in any communication setting where disagreement rears its curious head is to listen carefully to the other person’s opinion. That includes asking questions for clarity and affirming the person’s comments periodically with expressions like “um hm, oh!” while nodding or smiling politely. Only when we fully understand an opposing viewpoint can we hope to adequately articulate our own. Being a polite listener increases the likelihood that your views will likewise fall on willing ears.
2. **Address a specific point with which to discuss rather than the entire position.** For example, if you disagree with a social issue, you may be able to understand why some folk feel the way they do, or why they desire a particular benefit. But you may not be able to endorse the means of achieving that benefit. Simply say so, which will limit the conflict to a small part of the whole and decrease an all-out verbal war.
3. **You can deny someone’s perspective but not the person.** Don’t get involved in [making personal attacks](#) on someone who disagrees with you. That only gets the discussion off focus and escalates differences to the point that relationships are in danger of being harmed or severed. Avoid “you” statements, such as “You’re all wrong about this.” Instead, emphasize the issue. “That position is understandable, but it does not take into account the moral aspects of the counter-position.”
4. **Stay calm.** If you feel yourself tensing up, mentally force your palms to open, your arms to relax, and your posture to unbend a bit. Remember to make casual eye contact with the other person and try to smile in a polite or understanding way unless something outrageous is said. Remember that most people will be more willing to share their views and entertain opposing ideas with some one they feel safe in airing delicate positions. If you retreat, become forceful, or take a sarcastic tone, you may well annoy the person into refusing to interact with you in the future.
5. **Agree to disagree.** When you cannot reach consensus, remain cordial. It is wise to accept a disagreement that cannot be resolved so that the relationship remains intact. Even in important issues, keeping the friendship door open means either of you can slip through to open negotiations in the future. Two or more people need not agree on every point.

The bottom line is to remain respectful and polite, even if the other person fails to do so. Self-control is a universal virtue admired by all. The man who controls his spirit is like one who conquers a city, the Bible says. So keep disagreements in perspective and watch for subtle opportunities without badgering or belittling others.”

NEWS & Notes

November is such a wonderful month—we have so much to be grateful for. We can be most grateful for the love of God and for our wonderful families and friends. We can also be grateful for living in such a beautiful community.

Our ladies have been working overtime preparing for our Bazaar and Brunch, **November 14th**. Please join us! You can do your holiday shopping, enjoy great food and come to just enjoy happy company.

Remember to join us at our monthly Circle meetings!

Esther Circle meets on the 2nd Thursday at noon in the McMillen Room. This month’s meeting is scheduled for **November 12th**. The ladies will continue their study on the Native Americans.

On the 3rd Tuesday of each month our **JOY Circle** meets at 7 PM at a members home. This month we are scheduled to meet **November 17th** at the home of BG Perriguet. We will be studying chapter 6 of Trevor Hudson’s book, “Questions God Asks Us.”

Mary-Martha Circle meets on the 3rd Wednesday of each month in the McMillen Room at our church. This month’s meeting is scheduled for **November 18th** at 9:30 AM.

~Ann Williamson,
UMW Publicity

We have a wonderful and hard working group of women in the UMW. They call themselves the “Sew ‘n’ Sews.” These ladies meet every Tuesday morning from 9 AM until noon in the McMillen Room and is thought to have started 125 years ago when our church was first founded. Some of today’s ladies came in earlier days with their mothers and grandmothers!

This year, special for our November 14th Holiday Bazaar, these ladies totally designed and did all of the intricate hand work themselves on the beautiful quilt you see hanging in Criswell Hall. The fabric from the quilt came strictly from our closet of donated fabrics. The quilt is called “Here Kitty Kitty” and will be available for raffle at the bazaar. It is signed and dated by the ladies whose capable and loving hands crafted this work of art. Be sure to get your tickets!!!

Our group is very unique in that they are part of a tiny group of ladies left that still do a total hand quilting. By word of mouth people from all over the area have heard of our talented ladies and bring their pieced quilt tops to the “sew ‘n’ sews” to complete their work. Our ladies using a large quilt form, gather around and HAND quilt these masterful creations. Most of these tops are old family heirlooms that have been in storage, just waiting to be brought to life. It takes from six months and sometimes longer than a year to complete these masterpieces. The price these ladies charge for their labor of love is a donation which is used 100% for the mission of the UMW and is to specifically be used for women and children.

You can well imagine that these ladies have become like a family. They very much look forward to the camaraderie, a time to visit and enjoy each other.

Let me introduce you to our “Sew ‘n’ Sews:” Betty Ann Quintana, Helen Gugeler, Peg Gallop, Mary Thronson, Mary Ellen Keulen, Trudy Romanelli, and Leona Beerup.

These ladies welcome new quilters and would be happy to teach the art of quilting to any interested in joining.



United Methodist Women

“The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.”



Choir Notes

Our Choir will again participate with choir members from other area churches in the Ecumenical Thanksgiving Eve Service at 7:00 p.m. on November 25th. This year the service will be held at the Nipomo Community Presbyterian Church. The Mass Choir will gather to perform 1 or 2 Anthems. Plan to attend and join with us in giving thanks to the Lord. Watch upcoming Bulletins for more information on this service. If you would like to sing in the choir, come to rehearsals at 7:00 p.m. on Wednesday evenings. See you there!

Kent Unsworth, Choir Publicity



On **Thanksgiving Eve, November 25th**, four churches in our community would like to invite you to join together in Nipomo for a **Thanksgiving Ecumenical Service**. The church family of UMC of AG, along with St. Barnabas Episcopal Church, St. John's Lutheran Church, and St. Patrick's Catholic Church would like to invite you to come as we can sing praises and give thanks to the creator as a community in life and in Christ. **The service will be at 7 PM at Nipomo Presbyterian Church.**

The offering taken during this service will be given to the Five Cities Homeless Coalition.



The praise band is a team of worship leaders we call **The Lord's Crew**. This Group Leads our Contemporary Worship Service Sunday mornings at 8:30 AM led by Susan Coho. The Lord's Crew meet every other Saturday of each month, unless otherwise stated.

6:30 PM REHEARSAL SCHEDULE
(EACH REHEARSAL HAS A 5:30 PM SET-UP TIME)
11/7
11/21

HAPPY THANKSGIVING! GOD BLESS YOU AND YOUR FAMILY!

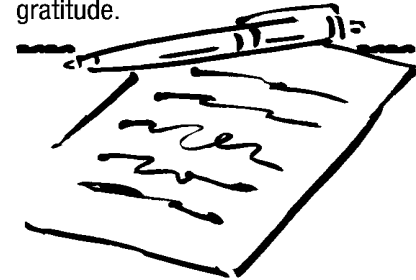
Thanksgiving
WORSHIP SERVICE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>1</p> <p>All Saints' Coffee Hour - <i>UM Youth & Green Umbrella</i> Daylight-Saving Time Ends</p> <p>8:30 AM Contemporary Service 9:45 AM Women's Bible Study 10:30 AM Traditional Service 11:45 AM Green Umbrella (MMR)</p>	<p>2</p> <p>6 PM Debtors Anon 7 PM Men's Bible Study (215) 7 PM SPRC (MMR) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR) 7:30 PM AlaTeen (211)</p>	<p>3</p> <p>8:30 AM Senior Exercise (CH) 9 AM Sew 'n' Sews (MMR) 10 AM Care-Ring Ministry (L) 10 AM UMW Boutique Workshop (MMR) 2 PM Endowment Board (MMR) 5 PM Grande Ringers 7 PM Trustees (MMR)</p>	<p>4</p> <p>8:30 AM Senior Exercise (CH) 9 AM EOC Senior Health Screening 7 PM Chancel Choir Rehearsal 7 PM UM Youth Group (215)</p>	<p>5</p> <p>8:30 AM Senior Exercise (CH) 9 AM People's Kitchen 10 AM Intercessory Prayer Group (L) 5 PM Grande Ringers 7 PM Red Umbrella</p>	<p>6</p> <p>8:30 AM Bible Study (L) 4 PM AG UM Children's Center Staff Develop.</p>	<p>7</p> <p>6:30 PM Praise Team Rehearse (5:30 PM set-up) (S)</p>	
<p>8</p> <p>Coffee Hour <i>Mary-Martha Circle</i> 8:30 AM Contemporary Service 9:45 AM Women's Bible Study 10:30 AM Traditional Service</p>	<p>9</p> <p>10 AM UMW Steering Committee 12 PM Five Cities Christian Women 6 PM Debtors Anon 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR) 7:30 PM AlaTeen (211)</p>	<p>10</p> <p>8:30 AM Senior Exercise (CH) 9 AM Sew 'n' Sews (MMR) 10 AM UMW Boutique Workshop (MMR) 10:30 AM Communications Committee 5 PM Grande Ringers 6 PM MS Support Group</p>	<p>11</p> <p>Veteran's Day UMC of AG Closed 8:30 AM Senior Exercise (CH) 11 AM Blue Umbrella 1 PM Alzheimer's Care-Givers Support Group (MMR) 7 PM Chancel Choir Rehearsal 7 PM UM Youth Group (215)</p>	<p>12</p> <p>8 AM AG UM CC Morning Social 8:30 AM Senior Exercise (CH) 10 AM Intercessory Prayer Group (L) 12 PM Esther Circle (MMR) 5 PM Grande Ringers 7 PM Finance (MMR)</p>	<p>13</p> <p>8:30 AM Bible Study (L) 10 AM UMW Holiday Bazaar/Brunch set-up (CH)</p>	<p>14</p> <p>9 AM UMW Holiday Boutique</p>	
<p>15</p> <p>Coffee Hour—Open 8:30 AM Contemporary Service 9:45 AM Women's Bible Study 10:30 AM Traditional Service</p>	<p>16</p> <p>6 PM Debtors Anon 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR) 7:30 PM AlaTeen (211)</p>	<p>17</p> <p>8:30 AM Senior Exercise (CH) 9 AM Sew 'n' Sews (MMR) 3 PM Preschool Board (Closed session) 4 PM Preschool Board (open session) 5 PM Grande Ringers 7 PM JOY Circle</p>	<p>18</p> <p>8:30 AM Senior Exercise (CH) 9:30 AM Mary-Martha Circle (MMR) 7 PM Chancel Choir Rehearsal 7 PM UM Youth Group (215)</p>	<p>19</p> <p>8:30 AM Senior Exercise (CH) 10 AM Intercessory Prayer Group (L) 2 PM Yellow Umbrella (MMR) 5 PM Grande Ringers 6:30 PM Church Council (MMR)</p>	<p>20</p> <p>8:30 AM Bible Study (L) 1 PM Alzheimer's Care-Givers Support Group (MMR)</p>	<p>21</p> <p>8:30 AM UMM Breakfast at the Mission Inn of Pismo Beach 6:30 PM Praise Team Rehearse (5:30 PM set-up) (S)</p>	
<p>22</p> <p>Coffee Hour - UMM Pancakes Alternative Christmas 8:30 AM Contemporary Service 9:45 AM Women's Bible Study 10:30 AM Traditional Service</p> <p>Christ the King SUNDAY</p>	<p>23</p> <p>6 PM Debtors Anon 7 PM Men's Bible Study (215) 7:30 PM AIAnon (MMR) 7:30 PM AlaTeen (211)</p>	<p>24</p> <p>8:30 AM Senior Exercise (CH) 9 AM Sew 'n' Sews (MMR) 5 PM Grande Ringers</p>	<p>25</p> <p>8:30 AM Senior Exercise (CH) 12 PM AGUM CC Giving Soup (CH) 7 PM Ecumenical Service at Nipomo Presbyterian</p>	<p>26</p> <p>Church Office and Children's Center Closed for Holiday</p>	<p>27</p> <p>8:30 AM Bible Study (L)</p>	<p>28</p> <p>4 PM</p>	
<p>29</p> <p>Coffee Hour <i>Board of Trustees</i> 8:30 AM Contemporary Service 9:45 AM Women's Bible Study 10:30 AM Traditional Service</p> <p>FIRST SUNDAY OF ADVENT</p>	<p>30</p> <p>6 PM Debtors Anon 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR) 7:30 PM AlaTeen (211)</p>	<p>-----National Bible Week-----</p>					



Attitude of GRATITUDE

The Thanksgiving holiday reminds us that we should always be grateful for the many blessings God provides. Keep a special gratitude journal, and write in it often to keep an attitude of gratitude.



What you need:

- Paper (8 1/2" x 11" sheets, plain or lined)
- Stapler
- Stickers
- Crayons or markers

What you do:

1. Fold several sheets of paper in half.
2. Staple the pages together on the folded crease.
3. Write "Attitude of Gratitude" on the cover.
4. Decorate your journal with stickers and drawings.
5. On the inside cover, write "Give thanks in all circumstances, for this is God's will for you in Christ Jesus" (1 Thessalonians 5:18, NIV).
6. Use your journal daily as a reminder of your blessings and as a guide for when you say prayers.



There are three kinds of giving: grudge giving, duty giving and thanksgiving. Grudge giving says, *'I have to!'* duty giving says, *'I ought to!'* thanksgiving says, *'I want to!'* The latter comes from a full heart. Thanksgiving is an open gate into the love of God.

~Robert N. Rodenmayer

SPECIAL DATES

- All Saints' Day, November 1
- Daylight-Saving Time ends, November 1
- Veterans Day, November 11
- Christ the King Sunday, November 22
- Thanksgiving Day, November 26
- National Bible Week, November 22-29
- First Sunday of Advent, November 29

OFFICE CLOSED

Thanksgiving Holiday
November 26 and 27

Regular office hours will resume on Monday at 9 AM.



UM Youth

Some say a picture is worth a thousand words and rather than write a thousand words, I thought I would have the pictures tell you what the youth have been up to. We had a hugely successful Harvest Festival with three thousand bottles of water passed out, THAT'S RIGHT 3,000!!! Thanks to YOU—the generous donations of our church family. It is truly amazing to be a part of such a giving church. Thanks to those who also donated money for all of those last minute items. We were able to raise \$500 that we will be sending to the Camp Colby fire rebuilding fund.

We had fun participating in the AG UM CC Family Day with our Music Station, and Puppet People booth. We enjoyed meeting the pre-school families and were blessed to be able to participate in raising funds for the pre-school (see pictures on page 11).

We continue to meet on Sundays and Wednesdays and hope all youth grade 6th through 12th will join us for fellowship and to learn more about God.

In Christ's Service ~ Mike and Linda

P.S.

A big thanks to all who helped at the Harvest Festival booth - We couldn't have done it without you! Also thanks to Maddy, Pastor David, Sarah, Sadie, Victoria, MacKenzie, and Cameron for all the help and enthusiasm!!!!





Harvest Potluck & Burn Church Program



AGUM Children's Center Family Fun Day & Trike-A-Thon

