

275 North Halcyon Road
 Arroyo Grande, CA 93420
 ADDRESS SERVICE REQUESTED

Non-Profit
 Organization
 US Postage
 Permit #27
 Arroyo Grande
 CA, 93420



Those who bring
 thanksgiving as their
 sacrifice honor me.

Psalm 50:23



Senior Pastor:
 Rev. David M. Burgeson
Minister of Visitation:
 Rev. J. Harold Headrick
Ministers:
 Members & Friends
Office Admin./ Newsletter:
 Sarah Gandy-Barber
Bookkeeper:
 Victoria Gandy
Website Manager:
 Jamie Foster
Chancel Choir Director:
 Julie Walters
The Lord's Crew Director:
 Susan Coho
Organist:
 Don McGuire
Choral Pianist:
 Dennis Eiler

Puppet People:
 Mike Herber
Grande Ringers Handbell Dir.:
 Leonard Lutz
Adult Ministry Director:
 Sandra Sawyer
UM Youth Directors:
 Mike & Linda Herber
Children's Ministry Director:
 Carolyn Russell-Williams
Christian Counseling Intern:
 Carol Gandy
Bishop:
 Mary Ann Swenson
District Superintendent:
 Rev. Cathleen Coots
AG UM Children's Center
 agumcc@sbcglobal.net
 (805) 481-2223



In This Issue

Shepherd's Notes.....2
 Healthy Corner.....3
 UM Men's News.....4
 News of the UMW.....5
 Trustees Report.....6
 New Member/Misc.....7
 The Tea Cup Story.....8
 Calendar.....9
 Story: Bob Atwood.....10
 Choir Notes & Misc.....11
 Article by Jerry Smith.....12
 Sunday School News.....13
 Small Group News.....14
 Birthdays & Misc.15

Insert
 ■ AG UM CC Chronicle

Communications

Committee:

Chair: David Beaman
(in alphabetical order)
 Sarah Barber,
 Pastor David Burgeson,
 Heidi Carpentier,
 Betty Johnson,
 Virginia Mothes, and
 Jerry Smith.

Layout Editor:

Sarah Barber

Proof Readers:

David Beaman,
 Betty Johnson, and
 Virginia Mothes.

Photos by:

Gary Hughes and
 varied members.

Deadline: 10th of each month
PLEASE NOTE:

Layout Editor reserves the right to cut and edit articles to meet space limitations.

To be removed from our mailing list or to edit an address, call (805) 481-2692

Cast~A~Net

The First United Methodist Church of Arroyo Grande

October 2010

"The kingdom of God is like a net that was cast into the sea" ~ Matthew 13:47
 Phone: 805-481-2692 Website: WorshipWeekly.com Email: FUMCAG@sbcglobal.net

31 OCTOBER 2010 Harvest Potluck

ONE traditional worship service on this day at 10:30 AM—join us!
Stay for a YUMMY potluck!
Bring a dish to share!
Sign-ups begin on October 10th.

and then...

Come back at 5:30 PM for more fun & games!
...and a "Three Stooges" movie marathon!

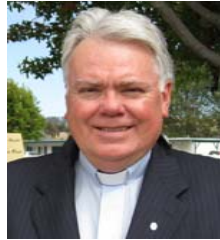


Trunk or Treat

So fill up your "trunk" with goodies and decorate your car in your best Harvest/Fall themed décor. Get ready to pass out candy and enjoy the early evening air—bring your comfiest lawn chairs to sit in fellowship with our church family in the early evening air. This is a great opportunity to shine the light of Christ into the world and let others know what a fun family we have here at UMC of AG.
Food, Family, Film and Fellowship—that's a lot of fun all in one day... You won't want to miss any of it?



Pastor David Burgess



Lately I have been thinking about what it means to be a disciple of Jesus Christ. The mission statement of The United Methodist Church is "To Make Disciples of Jesus Christ For The Transformation of The World." Our local church mission statement is "Every Member A Missionary." I

found on umc.org (United Methodist Website) some information to share with you about discipleship. This month part one; in November part two,

Theology is not just about God. It is also about us. We live out of our understanding of who we are in relationship to God, to one another, and to the world. The Christian faith is grounded in the love and grace of God, experienced through Jesus Christ, and empowered by the Holy Spirit. The Christian life is our response to God's love and grace.

The church calls our response to God Christian discipleship. Discipleship focuses on actively following in the footsteps of Jesus. As Christian disciples, we are not passive spectators but energetic participants in God's activity in the world. Because of what God has done for us, we offer our lives back to God. We order our lives in ways that embody Christ's ministry in our families, workplaces, communities, and the world.

Loving God

When Jesus was asked what the most important commandment was, his response was: "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind." This is the greatest and first commandment" (Matt. 22:37-38. See Matt. 22:34-40; Mark 12:28-34; Luke 10:25-28.)

Discipleship is about loving God....It is more than an acknowledgement of God's existence or a statement of belief regarding God. It is total devotion, head-over-heals-in-love-with adoration. It is the deep desire to know God, to be one with God, and to worship God.

There are a variety of ways that we can develop our knowledge of and love of God. These include prayer, Bible study, Worship, Fasting, Conversation with other Christians.

John Wesley, founder of the Methodist movement, called these practices means of grace. They are means for developing our relationship with God and for experiencing God's presence in our lives. These practices help us spend time with God, a significant factor in loving God.

David



| ATTENDANCE | Sunday | 8:30 AM | 10:30 AM | Nursery | Kids/Youth | Teachers | TOTAL |
|------------|--------|---------|----------|---------|------------|----------|-------|
| | 5th | 29 | 131 | 3 | 20/- | 5 | 188 |
| | 12th | 45 | 135 | 3 | 21/10 | 5 | 219 |
| | 19th | 52 | 148 | 3 | 18/- | 6 | 227 |
| | 26th | 56 | 136 | 2 | 21/12 | 6 | 233 |



- Bob Pierson 10/1
- Sally Ann Lynch 10/3
- Val McClure 10/4
- Betty David 10/6
- Melissa Ferrari 10/9
- Bob Roemer 10/9
- Lorie Ford 10/13
- Chuck Buckton 10/14
- Bill Taylor 10/14
- Karl Whitehead 10/14
- Diane Laughlin 10/17
- Al Harvey 10/17
- Rose Ann Steiner 10/22
- Virgil Houlding 10/23
- Jeanne Jenkins 10/28
- Lila Anderson 10/29
- T. J. Dobbs 10/29
- Diana Earley 10/30
- Mary Ann Hawkins 10/31



Did we miss your birthday? Would you like to have you or a family member recognized?



Meet the Girls!

We have been praying for the sweet great grand daughters of Jerry & Carol Smith. We would like you to meet them. Mikayla (3 lbs. 8 oz.) and Alexy (3 lbs.) were born to Ben and Katelynn (pictured with the girls at right) on August 25th. These little cuties and their families are a blessing and still in need of our prayers. **Welcome little ones!**



From a church bulletin in Seattle, Washington:

Closing Prayer

Hymn 328: "All Hail the Tower of Jesus' Name"

Announcements

The power of Jesus' name is that it towers over all others.

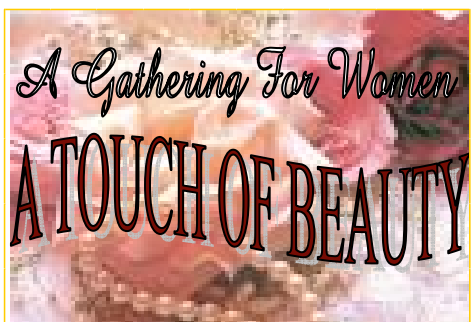


Received to Date
\$ 20,483
Monthly Goal
\$ 21,179

From the Communications Committee

Thank you for your participation in our newsletter survey. Now we are looking for those person(s) that are in charge of one or all of the bulletin boards in Criswell Hall. If you are this person or know who it is, please contact the office no later than 10/31. We would like to further develop and coordinate the information on these boards beginning November. Thank you!

"Learn the Bible in 24 Hours" by Dr. Chuck Missler is the title of our current **Men's Bible Study** book. **Every Monday at 7 PM** in room 215 we welcome other men who would like to join in deepening their walk with Christ.



Come for a special & joyful evening of study & fellowship with your sisters in Christ.

Join us from 7-8:30 PM on the 3rd Friday evening of each month in the beautiful candlelight of the McMillen Room of our church.

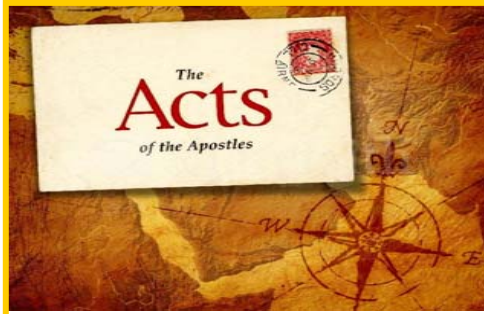
You don't want to miss this -- *it's like a spa for your spirit!*

See you soon, alumni and newcomers alike.

For further information or questions call *Sandra Sawyer*.

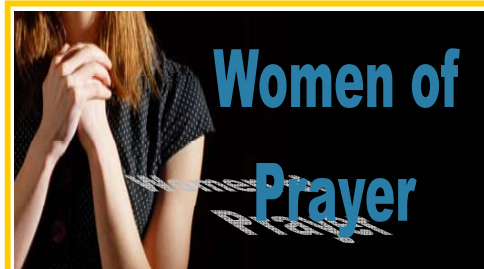


Start your day off RIGHT and get to know your church family in this small group setting. **Fridays at 8:30 AM** in the church Library. No time like the present to get involved. Our current study book is titled, **Be Alive: A Study of John's Gospel Chapters 1-10**. See you there!



Our Sunday School class will discuss the book of Acts. These letters to the church at Corinth remind us of the birth of the church. They give us the tools as Christians on how we are to spread the Word of God as disciples of Christ.

Grab a snack for your body in Criswell Hall and feed your soul **after the 8:30 service** in the **McMillen Room**.



This non-denominational women's group meets on **Mondays at 7 PM** in the UMC of AG Sanctuary to pray for this church and others in the community; asking God to pour out His Spirit of redemption, deliverance, healing and salvation. *Contact Susan Coho through the church office if you have any questions.*



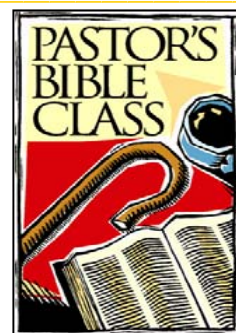
**Need Prayer?
Got Praise?**

Bring it to our Prayer Chain. Contact **Pauline Castillo** and she will set the chain in motion.

REQUESTS CAN REMAIN ANONYMOUS

Every **Thursday at 10AM**, a dedicated group of prayer warriors, we call our **Intercessory Prayer Group**, meet in the Library to pray for members of our church family and the community as they lift up requests given to our prayer chain, those mentioned in worship, or on request cards.

We invite ANY who would like to join in intercession and lift up these prayers and praises to God our Father.



Pastor's Weekly Study

Pastor David will lead a

NEW study will begin soon. **Watch for more information!**

Meet us in the McMillen Room Wednesdays at **2 PM** or **6 PM - actual start date TBA**. Please sign-up with the church office or at church in Criswell Hall.



by Patti Melsheimer

It's time for your flu shot – yes, already!

The Center for Disease Control and prevention (CDC) recommends a yearly [flu vaccine](#) for everyone as the first and most important step in protecting against this serious disease. While there are many different flu viruses, the flu vaccine is designed to protect against the three main flu strains that research indicates will cause the most illness during the flu season. Getting the flu vaccine soon after it becomes available each year is always a good idea, and the protection you get from the vaccination will last throughout the flu season. In addition, you can take everyday preventive steps like staying away from sick people and washing your hands to reduce the spread of germs. If you are sick with flu, stay home from work or school to prevent spreading influenza to others.

Do you need a Pertussis (Whooping Cough) Vaccine?

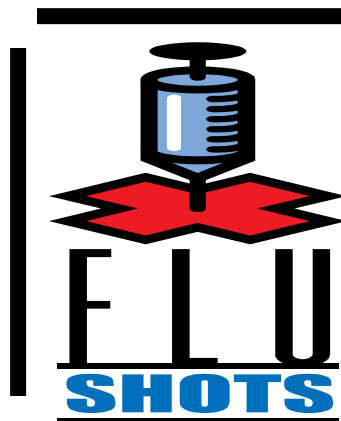
SLO County now has the highest number of whooping cough cases in the state (as of Aug. 9). Whooping cough — known medically as pertussis — is a highly contagious respiratory tract infection. Although it initially resembles an ordinary cold, whooping cough may eventually turn more serious, particularly in infants. Whooping cough is most contagious before the coughing starts. The best way to prevent it is through vaccinations. The childhood vaccine is called DTaP. The whooping cough booster vaccine for adolescents and adults is called Tdap. Both protect against whooping cough, tetanus, and diphtheria. The SLO Public Health Dept. currently recommends that everyone over the age of 10 should check with their doctor regarding

when they had a Tdap booster. Most adults will need a booster. The San Luis Obispo County Public Health Department offers pertussis vaccinations. Please call the location you wish to receive a vaccination at for appointment times. Please call M-F, 8 AM to 5 PM, to schedule an appointment: Grover Beach Public Health Dept: 286 S. 16th St., Grover Beach, 473-7050 or San Luis Obispo Public Health Dept: 2191 Johnson Ave, San Luis Obispo, 781-5500

Fall is a great time to think about your overall health.

Consider getting your weight down a few pounds in preparation for the holidays that are just around the corner. These nice fall days are the ideal time to start an exercise program that could include such simple things as walking, working in the garden or jumping up and down as you cheer for your child's or your grandchild's team!

Let's all make a resolution to be healthier this winter by getting your vaccinations and getting in shape now!



**October 6th
9 AM– noon**

in the Narthex
at UMC of AG

\$25 or free with
Medicare B

sponsored by the EOC

UNITED METHODIST **★ EXTRA! EXTRA! ★**
MEN Men's News

Submitted by Bill Weitkamp

*Helping men to grow in Christ,
so others can know Christ.*

Helping Soldiers in the Desert with Care Packages

Come to the UMM breakfast meeting on October 16th to hear how he does it!

His name is Si Tenenberg. He is a former Marine who is soliciting items to send to our soldiers overseas. Thanks to the contributions of many people and organizations, he has packed and shipped thousands of boxes to men and women in harms way. Most interesting and descriptive are the emails he receives from the troops expressing their gratitude for the packages. If you think all military personnel in the field are supplied with everything they need, you will be surprised.

Nor has Tenenberg forgotten the children of Iraq and Afghanistan. School supplies, clothing, shoes, toys and soccer balls are among the items he sends to soldiers to be given to these children.

So don't miss this program at the United Methodist Men's monthly meeting on Saturday, October 16th in the Mission Inn, 601 James Way in Pismo Beach. The breakfast buffet (\$13) begins at 8:30 AM and will be followed by the program and a short business meeting. Everyone is invited to all UMM meetings. Call Bill Weitkamp or Tom Egan if you have questions.



Arroyo Grande United Methodist Children's Center

presents

Family Fun Day



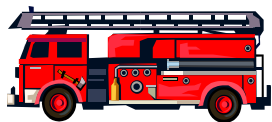
When: October 16 from 11:00 AM — 1:30 PM

Where: UMC of AG parking lot

Trike-a-Thon starts at 11 AM—you won't want to miss this!

Hamburger & Hot Dog BBQ served from 11:30 AM - 1:30 PM

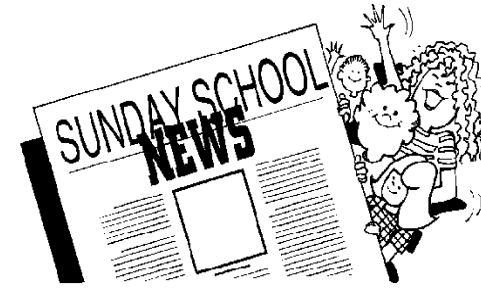
Join us for Old Fashion Carnival Games, a Bounce House, Face Painting, & a Pumpkin Patch.



Special Guest by Cal Fire with Smokey the Bear

& Five City Fire Authority with Starkey. SEE YOU THERE!!

If you would like to volunteer or for more information call Maddy in the Preschool Office.



Hello Everyone,

I would like to let you know about some things we are doing for Children's Ministry. Victoria and I have gone through all the cupboards, drawers and store-

room in the Sunday school classroom, and have organized all the art and craft materials, classroom display materials, and old curriculum. We also have gotten a file cabinet to store educational materials in as well. Sarah, Victoria and I have decorated the classroom for the Fall season, putting up the kids' pictures as well as their artwork. Needless to say, the kids were very excited, and feel as though they "own" their classroom. Mission is accomplished!

We held a Bake sale during our Open House, and raised over \$70.00 for our kids. We are gearing up to purchase new curriculum for our kids, and appreciate any donations for that area as well. Thank you for your support!

We would like to split the Sunday school as follows in October:

- Babies to preschool class to be held in the Nursery
- Kindergarten to 3rd grade class to be held in one of the preschool classrooms.
- 4th, 5th, 6th grades class to be held in the upper Sunday school room.

Some programs we are implementing are Children's Church, held every first Sunday of the month. We will have the room set up similar to church, with rows, and we will sing songs, take offering and do some of the things that are done in a real service. The children will then join the congregation for communion in the sanctuary. A letter has gone out to parents regarding this. Our first Children's Church will be held October 3rd.

We also will be having a contest event held quarterly, where we will have contests and prizes for the kids' knowledge of our Bible studies. "What We Know" Sundays will be lots of fun and games for kids. (Shhhhhh, don't tell them they will be learning along with the fun!)

For all our volunteer teachers and any future teachers, we will be having a Sunday school meeting after church in the upstairs classroom on October 3. See you there!

Stay tuned for some more fun events that are in the baking stage right now, too! Sincerely, Carolyn Russell-Williams

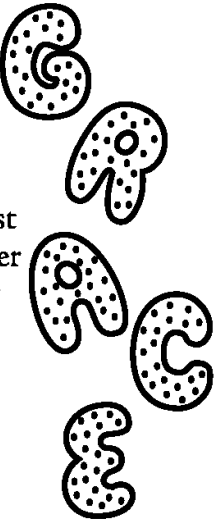
A TASTE OF GRACE

Because Jesus died and rose for us, we have the free gifts of forgiveness and eternal life. That's the meaning of grace: "God's Riches At Christ's Expense."

Celebrate God's grace by "spelling it out" with this fun, nutritious recipe.

What you need:

- An adult to help
- 2 bowls
- Mixing spoon
- 1 Tablespoon yeast
- 1/2 cup warm water
- 1 teaspoon honey
- 1 1/3 cup flour
- 1 teaspoon salt
- Cutting board
- Cookie sheet



What you do:

1. Preheat the oven to 325 degrees.
2. In a small bowl, stir the yeast with the water and honey. Let the mixture sit for five minutes.
3. In another bowl, stir the flour and salt together.
4. After five minutes, add the bubbly yeast mixture to the flour and salt mixture.
5. Stir everything together, first with a spoon and then with your hands. The dough is ready when it's still a little crumbly.
6. Put the dough on a cutting board with a little flour. Knead it into one big ball.
7. Divide the dough into 12 pieces, and roll each piece into a snake shape.
8. Form the letters G R A C E (twice). Then form the two extra pieces into any shape you choose.
9. Bake your letters and shapes on the cookie sheet for about 10 minutes. Let cool, and enjoy!

SOCIAL SETTINGS & BODY LANGUAGE

Compiled by Jerry Smith

Do you struggle with social settings? Do you feel uneasy if asked to speak publicly? Do you have trouble meeting people? Fear not - social experts say there's nothing wrong with you.

I must say, walking into a room of strangers is awkward if everyone appears to be huddled together and making no effort to recognize anyone else. In a situation like this, we should make a special effort to reach in? What's wrong with smiling at anyone who may be looking your way? If a group appears to be in closed conversation it may be best to look for recognition elsewhere in the room. There's no doubting in a social situation that most of us like to be recognized in a positive way and welcomed as one of them.

Many senior/older men and women who come from professional backgrounds bring with them an air of self-confidence. This comes from many years dedicated to developing communication skills which enables them to blend in well during social situations. When one's reputation is paramount and winning the trust and acceptance of others is key, it is important to establish friendly relationships in the community, and that includes the church.

How can you improve your social skills without having to say a word in a social gathering? Make yourself approachable. This idea really comes down to two important elements: *body language* and *facial expressions*. People are going to decide whether they want to approach you before they've heard you speak. Here's how you can say a lot, without saying a thing.

Wikipedia defines body language as a form of non-verbal communication, which consists of body posture, gestures, facial expressions, and eye movements. Humans send and interpret such signals subconsciously.

"We're told our body language speaks volumes about who we are." Next time you're at a social gathering, you may want to take a second to think what your body language is saying to others. Are you standing against a wall? If so, your body is saying: "Please don't notice me" or "I wish I weren't here." Are your arms folded against your chest? If so, your body is saying: "Stay away from me," or "I'm not going to tell you a thing about myself." Some might hear it as, "I don't want anyone new entering my life."

Experts caution us about the way we stand at a social gathering sending a message to others. If you want to send a warm and welcoming message, your body language should reflect that desire. This means standing with others and including yourself, not standing off on your own. You don't have to be the center of attention. If you make your self open to being a part of the action, people are more likely to involve you in their conversation. Stand with your body open. Even if you aren't comfortable, at least you don't have to appear that way. A relaxed, open stance invites other people to enter your space. It engages and invites conversation.

It may surprise you to know that researchers concluded that, in face-to-face communications words typically account for 7% of the meaning, tone of voice accounts for 38% and body language is responsible for 55%. In short, the receiver is most likely to respond to either tone of voice or body language -- *not to the actual words used*. In closing, be aware of your body language in social situations.



United Methodist Women

The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

This month of October is going to be a busy one for the women of our church. The Circles will be meeting at their usual times (see box at right for more information).

We, ladies of the church will be busy preparing and working to make a success of our Holiday Arts & Crafts Boutique. This will not only be a sale of home-made crafts and goodies but we will also hostess a yummy Holiday Brunch. We are all working hard on this so please mark your calendars for Saturday, November 13th from 9 AM—2 PM.

Our Boutique will be selling opportunity tickets for a drawing. Four different great items to win—some of these include a framed painting valued at between \$200-\$300; an oriental rug valued at over \$300; a lovely hat rack; and a beautiful tiffany style lamp.

To prepare items to sell we have planned 4 different creative get-togethers on Thursdays and we invite all ladies to attend — the first was on 9/23 and was a very productive time. The remaining dates are 10/7, 10/21, and 11/4. These get-togethers will be in the McMillen Room between 10 AM—2 PM. Bring your own lunch. Drinks will be provided. We will all be working together making holiday items for sale. Help will be provided—so bring your ideas and be prepared for some good times and fun fellowship.

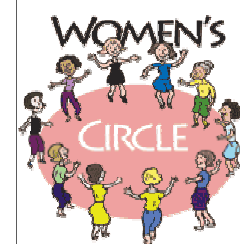
As true to our purpose, all profits from our boutique and brunch will go to local and global ministries. The monies will be divided 60% to global and national ministries. The remaining funds (40%) will go to local schools and to the Five Cities Christian Women's Emergency Food Pantry.

Thank you all so much! Sincerely,
Ann Williamson, UMW publicity

UMW present Holiday Arts & Crafts Boutique

13 November
9 AM—2 PM
Criswell Hall

Contact Virginia Mothes
with questions or ideas.



- Esther Circle
10/14
- Mary Martha
10/20
- JOY Circle
10/19

Esther Circle meets the second Thursday of each month at **noon** in the **McMillen Room**. They are continuing their study on the book, *Faith and Food* by Wendy Whiteside. This book discusses how faith is nurtured, strengthened and enhanced by food.

Mary-Martha Circle meets on the third Wednesday of each month at **9:30 AM** in the **McMillen Room** of our church. They are also studying, *Faith and Food* by Wendy Whiteside

JOY Circle meets on the third Tuesday of each month at **7 PM** at a members home. This month's meeting will be at the home of **Ann Williamson**. They will continue their study on Sudan.

- It was pointed out that our change in the Parsonage Fund was referred to as a "loss" or a "gain" and that changed the wording to report "down" or "up" Have not received an August report and do now know if it went up or down yet—*Old dogs can learn new tricks.*
- The newly painted bus has already been put to use. The water bottles were loaded up in the bus and taken the AG Harvest Festival (9/24-25). Now we need to have our name and logo painted on the side. We were also thinking about painting a catchy phrase on the back of the bus but we need some help from you. *If you think of one, let us know.*
- We still have only one port-a-crib and we would like to have two. The question came up as to what happened to all of the toys that were in the nursery? *I am looking in to it.*
- Home Depot turned down the request for a grant made by our Children's Center.
- Maddy made the board aware of a "Shared Space Agreement" list for both the Children's Center and the Sunday School to use as a check list to ensure that the nursery is clean and safe at all times.
- Maddy expressed concern that some of the small plants outside the main entrance are in need of attention. The drip line was quickly attended to *by yours truly,*
- Permission was requested by the Preschool to install a window air conditioner in the large classroom. It was installed at no cost to the church by our RVers along with 2 ceiling fans.
- Finally, the last weekend of September, parts for the chimes came in and were installed, *They work and sound great.*
- A couple of plants on the grounds have died and been replaced. This is made possible through four different memorial funds: Loren Ballagh, Trudy Beck, Ida Collette, and Ray Collins. *Thanks for the generous donations.*
- The space used by Burke and Pace now sits empty. It is zoned for church use –to use it for another purpose it will need to be re-zoned. To do this we will need to state size, how it will be enclosed, points of entry and what it is used for—It is being decided. *Any ideas?*
- We have used 109% of our budget and are *carefully keeping an eye on it.*
- When asked the condition of the bus, it was noted that we need new tires. Currently seeking quotes.
- It was noted that there were lights out in the Sanctuary, in the parking lot, and the ballasts in Criswell Hall. We are still trying to get a lift here to address the issue.
- The purchase of a laptop was more than expected without the software. Software was \$500. We hope to beat that price. The laptop is used for our overhead sanctuary screen.
- We found out that a new law said that local microphones cannot be on a certain frequency, but only have one that falls on that range.
- We are still trying to clean up office space for our Christian Education Directors.
- It was brought to our attention that people are entering rooms they need not be in. Items are being removed and not returned. Our keying system is not the greatest. People receive a maser key and can get into more than one room. *This does not mean that you have open access to any room you please. Please respect the privacy and property of others. If you enter a room for the sole purpose of taking something, rethink and STAY OUT. Please go through the proper channels to get what you need. Not all items in the rooms are/were purchased by the church. Enough said!*
- I notice that a large tree in the small planter near the front of the office is dropping a fruit (*I notice these things*). At our next Board meeting we will discuss this and how to prevent this from happening again.
- A gentle reminder to keep locking doors, turning off lights and various other power or energy suckers!*

Tom Egan, Trustee Chair



a Director's Note...

Happy Fall! I cannot believe it's October already. We are anticipating an exciting and busy fall. The choir is practicing some great new works as well as some old familiar anthems and we think we have something for everyone. After much reflection this year, I have been lead to choose some uplifting spirituals. I hope you will enjoy them.

The choir and bell choir joined in an Inner Reflection Celebration of Peace in Santa Maria on September 21, 2010. Choirs from New Hope Baptist Church, and The Light of the World Church Children's & Adult choir, and a *Sweet Adelines* group all performed. What a wonderful gathering of faiths for the purpose of Peace. Special thanks to our choir members and pianist and to the ladies of JOY Circle who moved their meeting so we could participate.

As you may have noticed, our men's section could use some boosting up. We would love to have anyone who likes to sing.

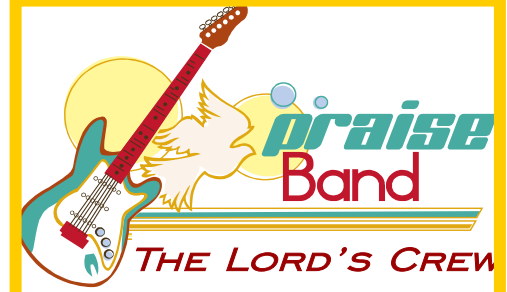
Julie

The Body of Christ

In Christ, we who are many form one body, and each member belongs to all the others. Romans 12:5

It is said that a Christian without a church home is like an organ without a body, a sheep without a flock, or a child without a family; it is an unnatural state. Many believe one can be a 'good Christian' without joining or attending a local church, but over and over the Bible tells us why we need to belong to a church family, which is also called The Body of Christ.

We need a church family because when we come together from different backgrounds, race, and social status, it is a power witness to the world. In I Corinthians 12:27 we are told we are not the Body of Christ on our own. A church family moves us out of self-centered isolation. The local church is the classroom for learning how to get along in God's family. It is a lab for practicing unselfish, sympathetic love. Only in regular contact with ordinary, imperfect believers can we learn real fellowship and experiences



The praise band is a team of worship leaders we call **The Lord's Crew**. This Group leads our Contemporary Worship every Sunday during the 8:30 AM service and is under the direction of Susan Coho. The team meets for practice every other Saturday of each month, unless otherwise stated.

6:30 PM Rehearsal Schedule
9th & 23rd

the New Testament truth of being connected and dependent on each other.

A church family helps us develop spiritual muscle. We will never grow to maturity just by attending worship services and being a passive spectator. Only participation in the full life of church builds spiritual muscle. Over 50 times in the New Testament the phrase 'one another' or 'each other' is used. We are commanded to love each other, encourage, admonish, greet, teach, accept, honor, forgive, pray for each other, and bear each other's burdens. These are our "family responsibilities" that God expects us to fulfill through local fellowship with other believers.

And God has a unique role for each of us to play in His family. In I Corinthians 12:7 we are told that a spiritual gift is given to each of us as a means of helping the entire church. God's purpose for His church are the same as His purpose for each of us. Worship helps us focus on God. Fellowship helps us face life's problems. Discipleship helps fortify our faith. Ministry helps find our talents. Evangelism helps fulfill our mission. There is nothing else on earth like the church.



Bob Atwood-An Interesting Life Experience

by David Beaman

Bob celebrated his 91st birthday on 9/14/10 and he and I recently had an enjoyable visit that included his recollections of unique events many of us have not experienced.

He and his brother Ted were born in Upland, CA and were given the chance to help in their father's dry goods and clothing store during the time they attended elementary school and on to graduation from Chaffey High School. One of his favorite teachers had also taught his father at the same school. While working at Sunkist Corporation, Orange Products Division, he attended Chaffey Junior College. He met his future wife, Helen, at *Epworth League*, a college - young adult group at Upland Methodist Church and they were married in 1941. He moved on to employment at Lockheed Aircraft in Burbank, CA. Meanwhile, W.W.II had started and he was drafted into Army Air Corps in 1942. After basic training he, and thousands of others were shipped overseas to Southampton, England on *H.M.S. Queen Mary*. He served in an administrative unit in Scotland whose mission was to receive, verify and account for the inventory of B-24 and B-17 bombers that were ferried across the Atlantic for use in combat missions over Europe.

Upon the end of war in 1945, he briefly returned to work at Sunkist and the family, including daughters Judy and Cristy moved to Trona, CA located in Searles Valley where Bob found new employment with American Potash and Chemical Co., a business that extracted and processed Lime, Soda Ash (used in making glass), Sodium Sulfate (used in soap and detergents) and Borax (a cleansing agent and leather tanning component). Helen worked in the school cafeteria and both daughters graduated from Trona High School. Locating the Trona area on a Road Atlas finds it rather close to the border of Death Valley National Park. Bob recalls lots of "well-over 100" degree days during the years the family lived there. Bob said "his barefoot girls could walk on the sand but always had to *RUN* across the hot pavement areas."

Judy's higher education also included Chaffey Junior College, Scarriff College at Nashville where she trained for Church and Community Worker service, plus she obtained an *M.R.Ed.* from St. Paul School of Theology, all of which led to career appointments in Arkansas, Missouri and Kansas.

Cristy studied Speech Therapy at Fresno State University and became a Licensed Speech Therapist and Speech Rehabilitation Specialist after graduation. Her son, Cody, Bob and Helen's grandson, is now employed by *Lamar Odom* of the LA Lakers.

Bob retired in 1975 and he and Helen took up traveling the country towing their 33 foot *Streamline* trailer and spending time in all the 48 continuous states, except Delaware. They made connections with businesses who were Concessionaires in the National Parks and were hired to be guides and facilitators in gift shops, dining areas and gasoline service stations to serve the crowds of visiting tourists. They spent considerable stays with this arrangement in Olympia, WA, Big Bend, TX and Mabry Mill on the Blue Ridge Parkway in VA. Helen passed away in 2002 and is greatly missed.

The family has a long history with the Methodist Church from Upland, Trona and Arroyo Grande, where they joined our church during the time Al Gorsline was pastor. Helen sang in the choir and Bob served in Yellow Umbrella and Board of Trustees. Judy has had a long association with our church as a Covenant Missionary (recently retired) supported by the highly committed pledge goals of our church's Mission Outreach programs. Cristy has come from her home in Hanford, CA to Arroyo Grande numerous times to visit her father and while here she shares her exceptional talent of singing soprano solos, during Sunday worship, that are always well received and much appreciated by the congregation. She hopes to become a member of our church someday.

Presenting our ELT Scholarship Recipients 2010

Youth Sunday, June 13th, was a very meaningful day in the life of our church. That day we celebrated the many accomplishments of our youth. One special recognition was the announcement of the 2009-11 Everett Lee Taylor Scholarship recipients. This year marks the nineteenth anniversary of our college scholarship fund. During these years, thirty-eight outstanding church youth and adults have received annual scholarships totaling over \$32,750 to help defray the cost of their education.

Thanks to the generosity of our church, we were able to award five scholarships this year. Our "*Talented Terrific Trio*" are: Caitlin Herber, a freshman at Azusa Pacific; Sheila Riley, a sophomore at

Cuesta College; and Mara Spalding a sophomore at Cal Poly State University.

Congratulations and best wishes to Nick, Caitlin, Sheila, Mara, and Cassandra, and thanks to all our church family who continually support this program.

May God bless you all!

Nancy Gerrish and the ELT Scholarship Committee



Caitlin Herber and Sheila Riley



by Virginia Mothes

Mary Eileen Odom (she prefers being called Eileen) was born and raised in Lakewood, CA. She attended Catholic school and later resided in Orange County where her two boys (ages 13 and 15) were born. They moved to SLO County seven years ago. Eileen works in escrow at a title company in downtown San Luis Obispo. She and the boys were actively searching for a church home; they happened to drop by on Youth Sunday and immediately felt they had "come home." The boys have now been baptized at our church, the same day Eileen joined. Please join in extending a warm welcome to this wonderful new family.

CRACKED POTS

A woman had two large pots, each hung on the ends of a pole which she carried across her neck. One of the pots had a crack in it while the other pot was perfect and always delivered a full portion of water. At the end of the long walks from the stream to the house, the cracked pot arrived only half full.

For a full two years this went on daily, with the woman bringing home only one and a half pots of water. Of course, the perfect pot was proud of its accomplishments. While the poor cracked pot was understandably ashamed of its own imperfection, and miserable that it could only do half of what it had been made to do.

After two years of what it perceived to be bitter failure, it spoke to the woman one day by the stream.

'I am ashamed of myself, because this crack in my side causes water to leak out all the way back to your house.' The old woman smiled, 'Did you notice that there are flowers on your side of the path, but not on the other pot's side?' 'That's because I have always known about your flaw, so I planted flower seeds on your side of the path, and every day while we walk back, you water them.'

For two years I have been able to pick these beautiful flowers to decorate the table. Without you being just the way you are, there would not be this beauty to grace the house.'

Each of us has our own unique flaw. But it's the cracks and flaws we each have that make our lives together so very interesting and rewarding.

The Tea Cup Story

There was a couple who used to go to England to shop in the beautiful stores. They both liked antiques and pottery and especially teacups. This was their twenty-fifth wedding anniversary.

One day in this beautiful shop they saw a beautiful teacup. They said, "May we see that? We've never seen one quite so beautiful."

As the lady handed it to them, suddenly the teacup spoke. "You don't understand," it said. "I haven't always been a teacup."

There was a time when I was red and I was clay. My master took me and rolled me and patted me over and over and I yelled out, "let me alone", but he only smiled, "Not yet."

"Then I was placed on a spinning wheel," the teacup said, "and suddenly I was spun around and around and around. Stop it! I'm getting dizzy! I screamed. But the master only nodded and said, "Not yet."

Then he put me in the oven. I never felt such heat. I wondered why he wanted to burn me, and I yelled and knocked at the door. I could see him through the opening and I could read his lips as he shook his head, "Not yet."

Finally the door opened, he put me on the shelf, and I began to cool. "There, that's better," I said. And he brushed and painted me all over. The fumes were horrible. I thought I would gag. "Stop it, stop it!" I cried. He only nodded, "Not yet."

Then suddenly he put me back into the oven, not like the first one. This was twice as hot and I knew I would suffocate. I begged. I pleaded. I screamed. I cried. All the time I could see him through the opening nodding his head saying, "Not yet."

Then I knew there wasn't any hope. I would never make it. I was ready to give up. But the door opened and he took me out and placed me on the shelf. One hour later he handed me a mirror and said, "Look at yourself." And I did. I said, "That's not me; that couldn't be me. It's beautiful. I'm beautiful."

"I want you to remember, then," he said, "I know it hurts to be rolled and patted, but if I had left you alone, you'd have dried up."

I know it made you dizzy to spin around on the wheel, but if I had stopped, you would have crumbled. I knew it hurt and was hot and disagreeable in the oven, but if I hadn't put you there, you would have cracked.






I know the fumes were bad when I brushed and painted you all over, but if I hadn't done that, you never would have hardened; you would not have had any color in your life. And if I hadn't put you back in that second oven, you wouldn't survive for very long because the hardness would not have held. Now you are a finished product. You are what I had in mind when I first began with you.

REMEMBER This...

God knows what He's doing.

He is *the Potter*; we are His *clay*.

He will mold us and make us, so that we may fulfill His good, pleasing, and perfect will. No temptation has seized you except what is common to man. And God is faithful; he will not tempt you beyond what you can bear; but with the temptation also make a way to escape, that you may be able to bear it. (Author Unknown)

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|--|--|---|---|---|---|---|
| OCT  BER | | | | | | 1 8:30 AM Bible Study (L) 3:30 PM AG UM CC Closed 4 PM AG UM CC Staff Development (MMR) | 2 12:30 —4:30 PM Adventures of Dr. Chess (211) |
| 3 8:30 AM Contemporary Service 9:30 AM Sunday School/Bible Study (MMR) 10:30 AM Traditional Service  | 4 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR) 7 PM SPRC (P/S) | 5 8:30 AM Senior Exercise Group (CH) 9 AM Sew 'n' Sews (MMR) 5 PM Grande Ringers 7 PM Trustees (MMR) | 6 8:30 AM Senior Exercise Group (CH) 9 AM EOC Senior Health Screen (N/L) 7 PM Chancel Choir Rehearsal (S) 7 PM UM Youth Group (215) | 7 8:30 AM Senior Exercise Group (CH) 10 AM Intercessory Prayer Group (L) 11:45 AM People's Kitchen <i>leave to serve</i> 5 PM Grande Ringers | 8 8:30 AM Bible Study (L) | 9 12:30 —4:30 PM Adventures of Dr. Chess (211) 6:30 PM Praise Team Rehearse (S) | |
| 10 Coffee Hour Host- Esther Circle 8:30 AM Contemporary Service 9:30 AM Sunday School/Bible Study (MMR) 10:30 AM Traditional Service | 11 10 AM UMW Steering (MMR) 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR)  | 12 8:30 AM Senior Exercise Group (CH) 9 AM Sew 'n' Sews (MMR) 10:30 AM Communications Committee (L) 5 PM Grande Ringers 6 PM AG MS Support Group (MMR) | 13 8:30 AM Senior Exercise Group (CH) 1 PM Alzheimer's Care-Givers Support Group (CH) 7 PM Chancel Choir Rehearsal (S) 7 PM UM Youth Group (215) | 14 8:30 AM Senior Exercise Group (CH) 10 AM Intercessory Prayer Group (L) 12 PM Esther Circle (MMR) 5 PM Grande Ringers | 15 8:30 AM Bible Study (L) 1 PM Alzheimer's Care-Givers Support Group (MMR) 7 PM Touch of Beauty (MMR) | 16 8:30 AM UMM Breakfast Meeting at the Mission Inn of Pismo Beach 12:30 —4:30 PM Adventures of Dr. Chess (211) AG UM Children's Center Family Fun Day & Trike-a-Thon | |
| 17 Coffee Hour Host- Red Umbrella 8:30 AM Contemporary Service 9:30 AM Sunday School/Bible Study (MMR) 10:30 AM Traditional Service | 18 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR) | 19 8:30 AM Senior Exercise Group (CH) 9 AM Sew 'n' Sews (MMR) 3 PM Preschool Board closed session (MMR) 4 PM Preschool Board open session (MMR) 5 PM Grande Ringers 7 PM JOY Circle (MMR) | 20 8:30 AM Senior Exercise Group (CH) 9:30 AM Mary-Martha Circle (MMR) 7 PM Chancel Choir Rehearsal (S) 7 PM UM Youth Group (215) | 21 8:30 AM Senior Exercise Group (CH) 10 AM Intercessory Prayer Group (L) 5 PM Grande Ringers 7 PM Church Council (MMR) | 22 8:30 AM Bible Study (L) | 23 12:30 —4:30 PM Adventures of Dr. Chess (211) 6:30 PM Praise Team Rehearse (S) | |
| 24 Coffee Hour Host- Communications Committee 8:30 AM Contemporary Service 9:30 AM Sunday School/Bible Study (MMR) 10:30 AM Traditional Service 3 PM Music for a Sunday Afternoon—A Sax Quartet (S)  | 25 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR) | 26 8:30 AM Senior Exercise Group (CH) 9 AM Sew 'n' Sews (MMR) 5 PM Grande Ringers | 27 8:30 AM Senior Exercise Group (CH) 7 PM Chancel Choir Rehearsal (S) 7 PM UM Youth Group (215) | 28 8:30 AM Senior Exercise Group (CH) 10 AM Intercessory Prayer Group (L) 5 PM Grande Ringers | 29 8:30 AM Bible Study (L) | 30 12:30 —4:30 PM Adventures of Dr. Chess (211) | |
| 31 Coffee Hour Host- ELT Scholarship Committee 10:30 AM ONE SERVICE 11:30 AM Harvest Potluck 5:30 PM Trunk or Treat  | <p style="text-align: center;">ABBREVIATION LEGEND</p> MMR McMillen Room CH Criswell Hall K Kitchen S Sanctuary N Narthex P/S Pastor's Study L Library | | | | | | |