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In This Issue

Shepherd's Notes.....2
 Healthy Corner.....3
 UM Men's News.....4
 News of the UMW.....5
 Trustees Report.....6
 "Is Anyone Listening?".....7
 Miscellaneous.....8 & 9
 Calendar.....10
 Pam Spicer.....11
 Thank & Misc.....12
 Sunday School News.....13
 Small Group News.....14
 Birthdays & Misc.....15

Insert

▪ AG UM CC Chronicle

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PLEASE NOTE:

Layout Editor reserves the right
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To be removed from our
 mailing list or to edit an
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 or fumcag@sbcglobal.net.

The First United Methodist Church of Arroyo Grande Cast~A~Net November 2010

"The kingdom of God is like a net that was cast into the sea" ~ Matthew 13:47
 Phone: 805-481-2692 Website: WorshipWeekly.com Email: FUMCAG@sbcglobal.net



THANKSGIVING SERVICE
 On **Thanksgiving Eve, November 24th**
 several churches in our community
 would like to invite you to join together
 for a **Thanksgiving Ecumenical Service**.
 We would like to invite you to come sing
 praises and give thanks to the creator as
 a community in life and in Christ.

**The service will be at 7 PM here at the
 UMC of AG.**

Join us **November 27th at 4 PM**, in our
 church sanctuary to get in the Christmas Spirit.
 The **Hanging of the Greens** transforms our
 church and readies it for this festive season.

We have trees to decorate, garlands & wreaths
 to hang, lights to string, candles to place and
 bows to secure, not to mention Poinsettias to
 arrange. Join us for this Spirit-filled time of fun
 and fellowship –once the work is done, we light
 the display, listen to an Advent meditation and
 sing a carol or two. We will then wrap it up with
 a delicious home-made potluck. Let us all enter
 this special season together and honor the
 greatest gift of all—our Lord Jesus Christ! We
 pray we will see you there!



Senior Pastor:
 Rev. David M. Burgeson
Minister of Visitation:
 Rev. J. Harold Headrick
Ministers:
 Members & Friends
Office Admin./ Newsletter:
 Sarah Gandy-Barber
Bookkeeper:
 Victoria Gandy
Website Manager:
 Jamie Foster
Chancel Choir Director:
 Julie Walters
The Lord's Crew Director:
 Susan Coho
Organist:
 Don McGuire
Choral Pianist:
 Dennis Eiler
Puppet People:
 Mike Herber

Grande Ringers Handbell Dir.:
 Leonard Lutz
Adult Ministry Director:
 Sandra Sawyer
UM Youth Directors:
 Mike & Linda Herber
Children's Ministry Director:
 Carolyn Russell-Williams
Christian Counseling Intern:
 Carol Gandy
Bishop:
 Mary Ann Swenson
District Superintendent:
 Rev. Cathleen Coots

AG UM Children's Center
agumcc@sbcglobal.net
 (805) 481-2223

Director: Madrigal Quaglino



ALTERNATIVE CHRISTMAS 2010

November 7th, from 9:30 AM until 10:30 AM and again from **11:30 AM until noon** the Yellow Umbrella will sponsor this event of giving. Are you trying to find that perfect gift for a family member or a friend? Consider making a donation - our event will sponsor **The Smile Train, The People's Kitchen and Haitian Disaster Relief.**

More information available through Yellow Umbrella.



Pastor David Burgeson



Dear Church Family,
As promised this is part two!

Jesus responded to questions about the most important commandment by quoting the Hebrew Scripture's admonition to love God with our whole

being. (See Deut. 6:4-9 as well as gospel passages listed last month.) Then immediately he broadened the meaning of this admonition: "The second is this, 'You shall love your neighbor as yourself'" (Mark 12:31).

These verses about loving God and loving our neighbor as ourselves are known as the Great Commandment. Again and again, the Bible teaches us that loving God and loving our neighbor are two sides of the same coin. We cannot do one without the other. Check out some of these passages for a glimpse at how prevalent this understanding of Christian discipleship is: Matthew 5:43-48 Matthew 25:31-46 Luke 10:25-37 John 15:12-17 Romans 12:9-18 1 Corinthians 13 and 1 John 4:19-21

From these passages and others we can draw several conclusions about what it means to love our neighbors. First of all, loving our neighbors means responding to specific needs—hunger, illness, imprisonment, loneliness, and so forth. Love is more than a feeling; it is behavior. It is practical and concrete.

Secondly, our neighbors include many people. Within the context of the Christian community, our neighbors are our brothers and sisters in Christ. Neighbors may also refer to the contemporary understanding of those who live near us. However, from a biblical perspective, neighbors often include people whom we might not normally consider: strangers; prisoners; people who mistreat us (who are our enemies); people from other cultural and ethnic backgrounds; people from different religious traditions; people who irritate us and push the boundaries of our patience.

Therefore, loving our neighbors requires attention and sacrifice. We have to pay attention to what is happening around us in order to see our neighbors and to recognize their needs. We must also consider their needs to be as important as our own in order to live faithfully. Loving neighbor is more than random acts of kindness. It takes time, energy, and commitment. It is a lifestyle carefully cultivated in response to God.

Finally, these passages emphasize that loving our neighbors is not optional; it is mandatory. It is what Christians do and what Christians are. Our lives are a testimony to our love—our love for God and our love for neighbor.

In ministry together.

David

Sunday	8:30 AM	10:30 AM	Nursery	Kids/Youth	Teachers	TOTAL
3rd	43	105	?	16/8	6	178
10th	35	113	2	15/in church	7	172
17th	45	133	2	9/4	6	199
24th	49	96	4	20/9	5	183
31st	—n/a—		No information at time of publication			



- Joy Collins 2nd
- Kailani Johnson 3rd
- Marj Wolters 4th
- Patrick Harvey 7th
- Ian Waterman 8th
- Harold Headrick 8th
- Dionne Gregory 9th
- Caitlin Riley 9th
- Bonnie Swafford 13th
- Bee Frantz 13th
- Ross Roemer 14th
- Jim Harvey 15th
- Rosemary MacKeen 16th
- Carol Ferrari 18th
- Kelly Ballagh 18th
- Ruth Thompson 18th
- Pam Motley 20th
- Lynn Foster 21st
- Helen Gugeler 21st
- Anne Awalt 22nd
- Nick Ballagh 23rd
- Adrian Paredes 23rd
- Christina Cuddy 23rd
- Denise Bailey 24th
- Jessica Williams 25th
- David Burgeson 26th
- Mike Albertson 26th
- Mitchell Shilkoff 26th
- Iris Caldon 26th
- Larry Wiemers 28th
- Bob Traut 29th
- Del Hollinger 29th



Say hello to the Coho's great neice & nephew!



Walking to Fitness

"You are in continual process of changing, growing, becoming and being created. What will you be like tomorrow, next week, or next year? Your attitude, behavior, and lifestyle choices have a significant impact on who you are and what you will become."

Margie Hesson, *Health Yourself*

The staff of the Mayo Clinic states that "starting a fitness program may be one of the best things you can do for your health. After all, physical activity can reduce your risk of chronic disease, improve your balance and coordination, help you lose weight — even boost your self-esteem. And the benefits are yours for the taking, regardless of age, sex or physical ability."

We are starting our "Walking to Fitness" program on **November 17th at 9 AM**. You may think, "Why start now, the holidays are coming and I will be too busy and too tempted." All the more reason for you to join us as together we work to develop and maintain a healthier lifestyle. We will provide support and encouragement for each other...and have a little fun along the way.

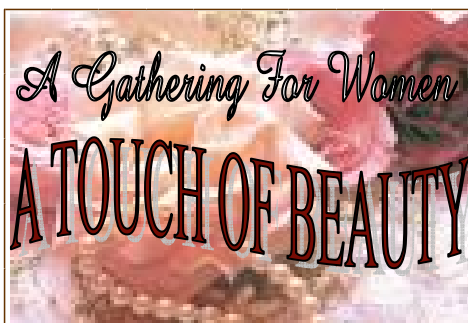
Meet us in the McMillen Room for some warm-up exercises before we go. All fitness levels are encouraged to attend—the first three persons to come will receive **a free pedometer!**

Just come! Just do it!



Did we miss your birthday? Would you like to have you or a family member recognized?

"Learn the Bible in 24 Hours" by Dr. Chuck Missler is the title of our current **Men's Bible Study** book. **Every Monday at 7 PM** in room 215 we welcome other men who would like to join in deepening their walk with Christ.



Come for a special & joyful evening of study & fellowship with your sisters in Christ.

Join us from 7-8:30 PM on the 3rd Friday evening of each month in the beautiful candlelight of the McMillen Room of our church.

You don't want to miss this -- *it's like a spa for your spirit!*

See you soon, alumni and newcomers alike.

For further information or questions call *Sandra Sawyer*.

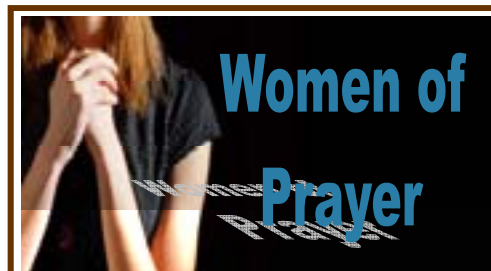


Start your day off RIGHT and get to know your church family in this small group setting. **Fridays at 8:30 AM** in the church Library. No time like the present to get involved. Our current study book is titled, **Be Alive: A Study of John's Gospel Chapters 1-10**. See you there!



Our Sunday School class will discuss the book of Acts. These letters to the church at Corinth remind us of the birth of the church. They give us the tools as Christians on how we are to spread the Word of God as disciples of Christ.

Grab a snack for your body in Criswell Hall and feed your soul **after the 8:30 service** in the **McMillen Room**.



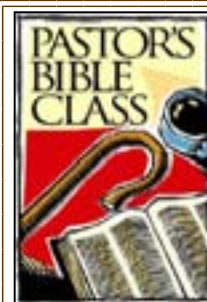
This non-denominational women's group meets on **Mondays at 7 PM** in the UMC of AG Sanctuary to pray for this church and others in the community; asking God to pour out His Spirit of redemption, deliverance, healing and salvation. *Contact Susan Coho through the church office if you have any questions.*



**Need Prayer?
Got Praise?**

Bring it to our Prayer Chain. Contact **Pauline Castillo** and she will set the chain in motion.

REQUESTS CAN REMAIN ANONYMOUS
Every **Thursday at 10AM**, a dedicated group of prayer warriors, we call our **Intercessory Prayer Group**, meet in the Library to pray for members of our church family and the community as they lift up requests given to our prayer chain, those mentioned in worship, or on request cards. **We invite ANY who would like to join in intercession and lift up these prayers and praises to God our Father.**



Pastor's Weekly Study

Advent Study beginning December 1st on the book "Christmas—The Good, the Bad, the Ugly" by Richard B. Wilke Wednesdays at 2 PM or 6 PM in the McMillen Room.



by Patti Melsheimer

"Health, happiness and success depend upon the fighting spirit of each person. The big thing is not what happens to us in life but what we do about what happens to us." - George Allan

Being healthy means different things to different people. What does it mean to you?

At the time of the creation of the [World Health Organization](#) (WHO), in 1948, health was defined as "a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity." This is commonly referred to as the "Health Triangle." Later, in 1986, the WHO amended their definition to say that health is "a resource for everyday life, not the objective of living. Health is a positive concept emphasizing social and personal resources, as well as physical capacities."

In her book, *Health Yourself*, Margie Hesson suggests we think of health "as flowing on a continuum with disease and despair at one end and optimal health at the other end. Optimal health just means being as healthy as you can be, knowing that will be different for each of us."

Ms. Hesson goes on to say "When we talk about changing lifestyles, what we're really talking about is our daily habits. It's not so much the things you do once in awhile that affect your health, as it is your daily routine. Those many small choices that you make each day make up your lifestyle: what you eat for breakfast, whether you fasten your seat belt, how you deal with a grouchy boss, whether you go for a 15 minute walk at lunch or eat a candy bar and smoke a cigarette, whether you watch a rerun of Archie Bunker or spend 30 minutes visiting your children... It's simply those small day in and day out choices that you make that to a large degree determine how you feel and how healthy you are." Maybe it is time for some of us to reexamine some of our choices.

As Paul said in I Corinthians 6:19 - 20, "Do you not know that your body is the temple of the Holy Spirit within you, which you have from God and that you are not your Own? For you were bought with a price; therefore glorify God in your Body." NRSV



The Importance of Prayer

Most people are fascinated by magic tricks, which are simply fantastic illusions. What God is able to do and anything He purposes to accomplish in His Kingdom are never illusions. And how He answers our prayers is no illusion. When God's people commit to faithful prayer, the world will see God's power.

To pray powerfully and effectively, we must first deal with sin in our lives. We must turn and flee from sin, understanding that as God responds to our cries, people will give Him greater glory.

We must pray expectantly, knowing that God will ultimately change us. Isaiah 65:24 says, "... before [you] call, I will answer ..." God gave us prayer to connect us with His plan for our lives to make an impact on all creation! - *Dr. Tony Evans*

Read: [Philippians 4:4-7](#); [Colossians 4:2-6](#)

Continue to lift your church in prayer as we move forward as disciples of Jesus Christ!





*Helping men to grow in Christ,
so others can know Christ.*

Submitted by Bill Weitkamp



Former CIA Officer To Speak At UMM Meeting On November 20

After reading the following summary of the global experiences of Odell Lee you won't want to miss his presentation at the next United Methodist Men's meeting on Saturday, November 20. Lee is a retired Central Intelligence Agency officer with an undergraduate degree at UCLA and graduate studies at the Johns Hopkins University, School of Advanced International Studies (SAIS) and the Advanced Political Studies Institution in Paris. Before joining the CIA, he served in several occupations which included a stint in the US Navy and working as a representative of an American company overseas. He lived and worked in Europe, Asia and Africa as a businessman and diplomat for almost thirty years.

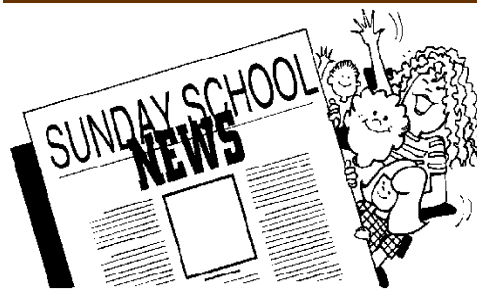
He retired as president of Lee Consultants, Inc., a company offering training seminars on business intelligence, briefing and debriefing techniques, and cross-cultural awareness for the US government and Fortune 500 companies. He resides with his wife, Nora, in Nipomo. The UMM meeting begins with a buffet breakfast (\$13) at the Mission Inn, 601 James Way in Pismo Beach, followed by Mr. Lee's presentation. Everyone is welcome at all UMM meetings. For more information call Bill Weitkamp at 489-5107 or Tom Egan at 474-9080.

Come To The UMM Pancake Breakfast On November 21

Join us for a delicious pancake breakfast to be served at UMC of AG in Criswell Hall from 8:30 - 10:30 AM—Sunday, November 21. The price is \$5 for adults and only \$1 for children 12 & under.

Program On Care Packages For Troops Sparks Charity Questions

The speaker for the October 16 UMM meeting, Si Tenenberg, gave an inspiring talk about sending packages to military troops in Afghanistan and Iraq. His program is extremely efficient since he is not paid for his time and the assistants who prepare the packages are all volunteers. During the question period, however, the subject of administrative costs for other charities came up. UMM member John MacKeen responded by telling about his experience in evaluating charities. He reviews all charities before donating to learn how much goes to the beneficiaries. He said that he finds some surprisingly bad performing charities. He recommends two web sites for this information: charitynavigator.org and give.org which is sponsored by the Better Business Bureau.



**THANKSGIVING
NAME CARDS**

When you set your table this Thanksgiving, use these homemade name cards with a special message for each guest.

- What you need:**
- Index cards, any size (one per person)
 - Markers
 - Fall stickers (optional)
 - Fall foam shapes (optional)

- What you do:**
1. List everyone who will be at your Thanksgiving dinner.
 2. Fold each index card in half so it can stand.
 3. On one side of each card, write a person's name.
 4. Decorate around each name with markers, stickers or foam shapes.
 5. On the blank side of each card, write a different Bible verse about blessings or giving thanks. Suggestions include 1 Chronicles 16:34; 1 Chronicles 29:13; Psalm 107:8; Psalm 118:21, 28; or 1 Thessalonians 5:18.
 6. Another idea is to write one or more words from one verse on each person's card (depending on the number of guests and words). You can write the verse in order and have people read around the table, or you can mix up the words so guests have to put them in the correct order. (Remember to list the Scripture reference.)

You won't want to miss out on our Kid's Night Out— Wednesdays at 6 PM starting on December 1st. The 'Under The Tree' series reviews the Advent story preparing us for the birth of Christ. We hope that you will mark your calendar for this fun time of singing, crafting and learning about the story of Christmas.



Multiply your thanks

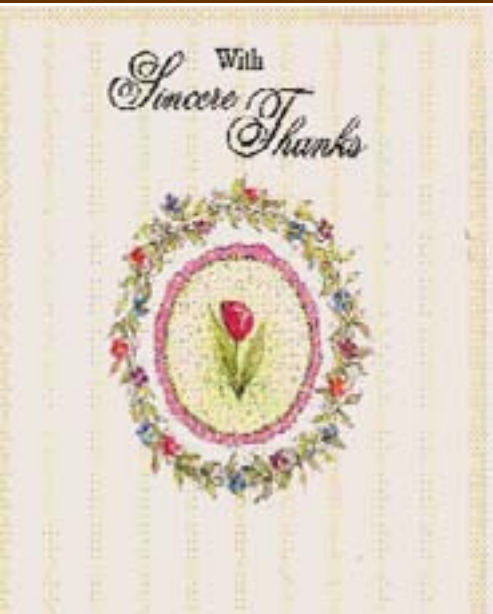
We have so many reasons to give thanks to God. When we take time to count our blessings, we realize they just keep multiplying and adding up.

Use your multiplication or addition skills to answer each equation. Then use the word key below to write out Psalm 100:4 (NIV).

WORD KEY
22= him 16= courts 4=gates 24=name 9=praise 8=and 2=to
12= his 18= give 6= with 10= Enter 20= thanks 15= thanksgiving

"	<u> </u> 5 x 2 or 5 + 5	<u> </u> 12 x 1 or 7 + 5	<u> </u> 2 x 2 or 3 + 1
<u> </u>	<u> </u>	<u> </u>	<u> </u>
6 x 1 or 5 + 1	3 x 5 or 5 + 5 + 5	4 x 2 or 6 + 2	
<u> </u>	<u> </u>	<u> </u>	
6 x 2 or 6 + 6	8 x 2 or 8 + 8	3 x 2 or 3 + 3	
<u> </u>	<u> </u>	<u> </u>	
3 x 3 or 3 + 3 + 3	9 x 2 or 9 + 9	10 x 2 or 10 + 10	
<u> </u>	<u> </u>	<u> </u>	
1 x 2 or 1 + 1	11 x 2 or 16 + 6	8 x 1 or 3 + 5	
<u> </u>	<u> </u>	<u> </u>	"
9 x 1 or 5 + 4	3 x 4 or 4 + 4 + 4	8 x 3 or 8 + 8 + 8	

Answer: "Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name." (Psalm 100:4, NIV)



To My Church Family,

Thank you dear friends for your prayers, cards, and calls. Your loving concern is appreciated. Thank you Betty Ann Quintana for taking over the Prayer Chain for 9/19-27/2010. I am O.K. now—slow but O.K.—!

Thank you - from my heart,
Pauline Castillo

Thank you so much for all the prayers, cards, calls and love that you have given me through this ordeal. The road to complete recovery is long but I shall continue to have a positive attitude. I know Pastors David and Harold will be by my side.

Love,
Jo Underwood

Handbell Choir's
Grande Ringers, meet every **Tuesday & Thursday** at **5 PM** in **room 115.**

Led by Leonard Lutz, this group of intermediate and advanced players is open to any who are interested. As we enter this special time of year, we look forward to the ethereal music of the season. Join now and come be a part of it.



Do YOU Know What's New in Our Library?

We have more than just books! There are reference books, audio tapes, adopt-a-book; we have videos & DVD's. Next month we will write about our Christmas items, but for now I want to tell you of a special children's book.

Charles Dickens is well known for his many works including David Copperfield, *Tale of Two Cities*, *Christmas Carol*, etc. Did you know he wrote a book for his children and not for publication, titled *The Life of Our Lord*? It was published only after the death of his son, Sir Henry, and because the majority of his family allowed it.

This book is written as a parent would tell Jesus' story to his/her child. It is a condensation of the four gospels, beginning with his birth and ending with his crucifixion and resurrection. The story also tells of the apostles going out to preach His word to all people.

We hope you will come and see what we have available. We have a great many resources for study and for pleasure!



United Methodist Women

The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

Ann Williamson, UMW publicity

Our ladies are really putting their talents and efforts into the preparations for our UMW Holiday Arts and Crafts Boutique. Please mark your calendars for Saturday, November 13th from 9 AM—2 PM in Criswell Hall. In addition to our boutique we are serving a delightful holiday brunch from 9 AM—noon.

The talented ladies of our church are busy creating many bright holiday items just perfect for your holiday shopping list. We also have some fantastic donations available through a drawing from our 'opportunity' ticket sale. You just might be the fortunate one to be able to take one of these items home.

We are offering "everyday items" in addition to fall and Thanksgiving items. There will be a wide selection of Christmas items also at our boutique.

True to tradition, there will be many home-made baked items provided by the women of our church. Yum-Yum!

Please come and make our Holiday Arts & Crafts Boutique and Brunch a big success.

As stated in our October Cast~A~Net the proceeds from our boutique will go to places around the world, the nation, and right here locally. These monies serve many ministries of which our UMW and are joyous to contribute to.

Thank you—Happy Holidays!

- WOMEN'S CIRCLE
- Esther Circle 11/11
- Mary Martha 11/17
- JOY Circle 11/16

Esther Circle meets the second Thursday of each month at **noon** in the **McMillen Room**. They finished with their study on *Food & Faith* and will begin a new study on mission in the age of Global Christianity.

Mary-Martha Circle meets on the third Wednesday of each month at **9:30 AM** in the **McMillen Room** of our church. They will start the book *The Beauty and Courage of Sudan: Why A Dream of Peace Is Possible* by Linda Beher.

JOY Circle meets on the third Tuesday of each month at **7 PM** at a members home. This month's meeting will be at the home of **B.G. Perriguy**. They are continuing their serious and thought provoking study on the Sudan.



United Methodist Women's

HOLIDAY BOUTIQUE

275 N. Halcyon Road
Arroyo Grande
(805) 481-2692

Saturday
November 13th
2010
9 AM — 2 PM

Handcrafted Items

- * Jewelry * Aprons * Quilts *
Afghans * Tote Bags *
* Art Work *
- * Fall & Christmas Decor *
* Jellies * Candy *
- * Baked Goods * Jams *
* Plant Booth *
- * Vintage Furniture *

A Delicious Brunch

will be served from
9 AM - 12 noon
\$7 each

Proceeds support Methodist Missions at home and around the world.



Tom Egan, Chair

- We have spent 110% of our budget due to our lease payment which is 200+% of our budget.
- The bus still needs to be lettered and the cross and flame painted.
- We still need a one or two liner which we will paint on the back of the bus. Any ideas?
- Due to low turn out, the Community choir had to cancel.

- The RVers completed the three projects and did a fine job. A great group of people!
- The chimes are again at work. They sent us a new power supply; it was installed and is again back on line.
- Thanks to the RVers, Maddy now has a window air conditioner and 2 ceiling fans in her classrooms. The Children's Center bought the material and the group installed them.
- As some of you know, the tree on Halcyon near the driveway has been dropping fruit. What a mess! Tom is checking with a tree specialist to see if a spray can stop the tree from bearing fruit. It may be better in 2011.
- White flies have found our 3 trees on the Bennett Street side. They have been sprayed but it was pointed out that there is a Beneficial Insect that also kills the flies. This will be looked into.
- The security light under the porticos on the Bennett Street side has been fixed.
- Two Sundays ago, after the first service, there was not food for the coffee hour. This was due to a mix up. The question came up "do we need food and if so is once a month enough?" It was felt that it is nice to have it as it keeps people here after fellowship. Pastor David would like to get people not on committees to have a chance to get involved. Some expressed a desire. Maybe 2011, we will keep you posted.
- In August or September the question came up "where are the toys used by the nursery?" That question has been answered and Carolyn knows where they are.
- 3-4 years ago the women's bathroom was remodeled. This was possible due to a \$5000 donation to cover the expenses. At the last Finance meeting it was made known that it took more than that amount to cover the cost. Tom asked to see those receipts. The Finance chair said he felt that the \$2400 overage should be picked up by the Trustees. So, of the \$5000 the Trustees received from the Pacific Homes account they will see only \$2600 to do repairs around the church.



DAYLIGHT SAVINGS BEGINS NOV 7TH

DON'T FORGET!
 SET YOUR CLOCKS BACK ONE HOUR BEFORE YOU GO TO BED SO THAT WE CAN SEE YOUR SMILING FACE IN CHURCH...
ON TIME!



as of 10/25/2010

Received to Date

\$18,716

Monthly Goal

\$ 21,179

Family & Volunteering Are Spice of Life for New Church Member

by Heidi Carpentier



Pam Spicer became a member of FUMCAG on Sept. 26, 2010. This was about a year after she first began attending the church. As a volunteer at GB Parks and Recreation, she met Chuck & Betty Ashton who invited her to come along to church with them. Her decision to continue coming back and ultimately become a member was "because of all the nice people." She also shares a common interest with Pastor David as they are both members of the Five Cities Homeless Coalition.

Pam was born in Nashua, New Hampshire. The family moved to California when Pam was 5 years old. At 19 she married and began a family of her own, 2 boys and 2 girls. They were ages 16, 15, 11 and 6 when their father chose not to come home after work one Tuesday. Pam was left to raise the children without him. That was over 20 years ago. As she says, "It was not an easy life, but they made it." Although she was a full time mom, she did work caring for the elderly.

She became widowed from her 2nd husband in 2003 after which time she poured herself into her volunteer work. It helped to fill the gap left by her loss. In 2006, Grover Beach named






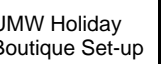





her Volunteer of the Year. Currently she is involved with Peoples Kitchen, Five Cities Homeless Coalition, Neighborhood Watch, and Grover Beach Parks and Recreation. Her favorite volunteer duty is as Santa's helper 'because she loves watching the children's faces light up' when they see Santa.

Pam is grandmother to 10 grandchildren and one great grandchild. Her grandson Lucas, who sometimes comes to church with grandma, will be playing in an exhibition game October 31st during the Oakland Raider home game. "My grandkids are my life now" says this woman who experienced some hard luck in life.

After going through a series of 5 knee surgeries over 6 years, she found herself homeless for a few months in 2008. Although 80% of the medical bills were paid by insurance, the 20% balance required her to cut back on her expenses. She began sleeping at the Pismo Beach campground while still on the mend from surgery. She also continued her volunteer work during this time. "I got up every morning, showered, changed my clothes and went to volunteer. No one knew I was homeless." Pam has a heart for the homeless and the hungry and you will often find her helping at the Peoples Kitchen information table after attending 8:30 service.



The praise band is a team of worship leaders we call **The Lord's Crew**. This Group leads our Contemporary Worship every Sunday during the 8:30 AM service and is under the direction of Susan Coho. The team meets for practice every other Saturday of each month, unless otherwise stated. November's rehearsals are scheduled for **6:30 PM on 11/6 & 11/20** - If you are unable to attend please contact director. Thank you!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>ABBREVIATION LEGEND</p> <p>MMR McMillen Room CH Criswell Hall K Kitchen S Sanctuary N Narthex P/S Pastor's Study L Library</p>	<p>1 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR)</p> 	<p>2 8:30 AM Senior Exercise Group (CH) 9 AM Sew 'n' Sews (MMR) 1:30 PM -7 PM Library in Use for Christian Counseling 5 PM Grande Ringers 7 PM Trustees (MMR)</p>	<p>3 8:30 AM Senior Exercise Group (CH) 9 AM EOC Senior Health Screen. (N/L) 1:30 PM -7 PM Library in Use for Christian Counseling 7 PM Chancel Choir Rehearsal (S) 7 PM UM Youth Group (215)</p>	<p>4 8:30 AM Senior Exercise Group (CH) 10 AM Intercessory Prayer Group (L) 10 AM-2 PM UMW Workshops (MMR) 11:45 AM People's Kitchen leave to serve 5 PM Grande Ringers 6 PM National Alliance for Mental Illness (211) 7 PM Red Umbrella (MMR)</p> 	<p>5 8:30 AM Bible Study (L) 3:30 PM AG UM CC Closed 4 PM AG UM CC Staff Development (MMR)</p>	<p>6 2:00—3:30 PM Adventures of Dr. Chess (211) 6:30 PM Praise Team Rehearse (S)</p>	
<p>7 Coffee Hour Host-Green Umbrella Alternative Christmas 8:30 AM Contemporary Service 9:30 AM Sunday School/Bible Study (MMR) 10:30 AM Traditional Service 3 PM Music for A Sunday Afternoon (S/CH) <i>Saxational Pops Convert "Sax on The Beach"</i></p>  	<p>8 10 AM UMW Steering (MMR) 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR)</p>	<p>9 8:30 AM Senior Exercise Group (CH) 9 AM Sew 'n' Sews (MMR) 10:30 AM Communications (L) 1:30 PM -7 PM Library in Use for Christian Counseling 5 PM Grande Ringers 6 PM AG MS Support Group (MMR)</p>	<p>10 8:30 AM Senior Exercise Group (CH) 11 AM Blue Umbrella (MMR) 1 PM Alzheimer's Care-Givers Support Group (CH) 1:30 PM -7 PM Library in Use for Christian Counseling 7 PM Chancel Choir Rehearsal (S) 7 PM UM Youth Group (215)</p>  <p>Office Closed</p>	<p>11 8:30 AM Senior Exercise Group (CH) 10 AM Intercessory Prayer Group (L) 12 PM Esther Circle (MMR) 5 PM Grande Ringers 6 PM National Alliance for Mental Illness (211)</p> 	<p>12 8:30 AM Bible Study (L) 6 PM National Alliance for Mental Illness (211)</p> <p>UMW Holiday Boutique Set-up</p>	<p>13 9 AM—2 PM UMW Holiday Brunch and Boutique (CH)</p> <p>2:00—3:30 PM Adventures of Dr. Chess (211)</p>	
<p>14 Coffee Hour Host-JOY Circle 8:30 AM Contemporary Service 9:30 AM Sunday School/Bible Study (MMR) 10:30 AM Traditional Service</p>	<p>15 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR)</p>	<p>16 8:30 AM Senior Exercise Group (CH) 9 AM Sew 'n' Sews (MMR) 1:30 PM -7 PM Library in Use for Christian Counseling 2:30 PM Preschool Board closed session (MMR) 3:30 PM Preschool Board -open session (MMR) 5 PM Grande Ringers 6:30 PM Green Umbrella (MMR) 7 PM JOY Circle</p>	<p>17 8:30 AM Senior Exercise Group (CH) 9:30 AM Mary-Martha Circle (MMR) 9 AM Walking to Fitness (MMR) 1:30 PM -7 PM Library in Use for Christian Counseling 7 PM Chancel Choir Rehearsal (S) 7 PM UM Youth Group (215)</p>	<p>18 8:30 AM Senior Exercise Group (CH) 10 AM Intercessory Prayer Group (L) 2 PM Yellow Umbrella (MMR) 5 PM Grande Ringers 6 PM National Alliance for Mental Illness (211) 7 PM Finance (MMR)</p>	<p>19 8:30 AM Bible Study (L) 1 PM Alzheimer's Care-Givers Support Group (MMR) 6 PM National Alliance for Mental Illness (211) 7 PM Touch of Beauty (MMR)</p>	<p>20 8:30 AM UMM Breakfast Meeting at Mission Inn of Pismo Beach 2:00—3:30 PM Adventures of Dr. Chess (211) 6:30 PM Praise Team Rehearse (S)</p>	
<p>21 Coffee Hour Host-UMM Pancake Breakfast 8:30 AM—10:30 AM in CH 8:30 AM Contemporary Service 9:30 AM Sunday School/Bible Study (MMR) 10:30 AM Traditional Service</p> 	<p>22 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR)</p>	<p>23 8:30 AM Senior Exercise Group (CH) 9 AM Sew 'n' Sews (MMR) 1:30 PM -7 PM Library in Use for Christian Counseling 5 PM Grande Ringers</p>	<p>24 12 PM AG UM Children's Center Giving Celebration (CH)</p>  <p>7 PM UMC of AG</p>	<p>25</p>  <p>Church and Preschool Offices Closed for Thanksgiving</p>	<p>26</p>	<p>27 2:00—3:30 PM Adventures of Dr. Chess (211)</p> <p>4 PM Hanging of the Green & Potluck ??</p>	
<p>28 Coffee Hour Host-Endowment Board 8:30 AM Contemporary Service 9:30 AM Sunday School/Bible Study (MMR) 10:30 AM Traditional Service</p> 	<p>29 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR)</p>	<p>30 8:30 AM Senior Exercise Group (CH) 9 AM Sew 'n' Sews (MMR) 1:30 PM -7 PM Library in Use for Christian Counseling 5 PM Grande Ringers</p>					

Communication: Is Anyone Listening?

Compiled by Jerry Smith



(Centered in Christ, committed to excellence, United Methodist Communications informs, inspires and engages the people of The United Methodist Church and the world.)

SUMMARY: Many things vie for our attention. Every waking moment is flooded with information that comes to us simultaneously and from a variety of sources.

In order for people to hear our information above the friction/conflict of noise and other competing messages, our communication must be relevant, pertinent and timely. Recent studies show adults must receive the same message at least seven times before they assimilate it effectively.

If this is the case, then we must be intentional about how and what we communicate. Below is a list of questions to aid you in becoming more effective as a communicator.

1. What do you need to communicate?
2. Why are you communicating this information? How does this communication or event enable ministry?
3. Who is your intended audience? Who really needs to know this information? Is your intended audience only inside the church or is it outside the congregation? Communicate with those who need to know. Excessive and superfluous communication will cause people eventually to disengage and discard all communication, regardless of its pertinence. United Methodist Communications offers free demographic studies of your community. Contact cniedringhaus@umcom.org for more information.
4. What information do the people with whom you communicate need to know? (NOT what do you want to tell them?) Often less is more. Keep it informal and fun.

5. What established guidelines must you retain to communicate effectively? Should you use certain stationery? Do you have a particular e-mail account from which to send "official" information? Must a particular logo or "branding" feature accompany all correspondence?
6. What is the timeline within which the communication and response should occur? Timely delivery of pertinent information to the relevant audience will produce the best response. Consider newsletter and newspaper deadlines, e-mail sending and receiving dates, and the preparation time people need in order to participate fully.
7. What are the best forms of communication for this targeted audience? You communicate in different ways with different audiences. Consider the ways you can communicate: newsletter, phone call, worship bulletin, e-mail, "Facebook", blog, text messaging, personal invitation, "Twitter", verbal announcement, billboard, church marquee, neighborhood flyer and outdoor banner.
8. What is your strategic plan for communicating this message? Are words most appropriate? Images? A combination of the two?
9. Who will take responsibility for communication?

We compete every day for the attention of others. If we want people to hear us, **we must communicate clearly, concisely and effectively.** Communication is a form of creativity, so have fun!

SOURCE: umc.org: *is anyone listening*

MORE NOVEMBER NEWS

LOOK WHAT'S AHEAD—get your calendars!



November 28th is the First Sunday of Advent. On this day when the church officially begins preparation for the season of Christmas. The word Advent means “coming.” Therefore, we make ready for the coming of the Lord. So where should we begin, you ask?

With ourselves, of course. We should prepare our hearts for Christ to live in them fully. Get rid of that clutter within; you know, the odds and ends of foolish thoughts and familiar sins we find difficult to “let go” and let God handle. Your heart is the home for the Holy Spirit. Let’s begin this Advent season with some house cleaning. Clear out that dusty heart and call in the Holy Spirit Cleaning Service to make room for the best Guest anyone ever had. Start now! Let the Spirit “cast out our sin and enter in. Be born in us today” (from “O Little Town of Bethlehem”).

“When our ‘Worker’ finishes with your heart, you’ll have the best Christmas ever!”

SAXATIONAL POPS CONCERT

BY YOUR FAVORITE SAXOPHONE QUARTET DEL DON JOHN & LEROY



MUSIC FOR A SUNDAY AFTERNOON
FIRST UNITED METHODIST CHURCH
275 N. HALCYON ROAD; ARROYO GRANDE

DOWNBEAT TIME 3:00 PM

SUNDAY NOVEMBER 7, 2010

THE CONCERT IS FREE TO THE GENERAL PUBLIC; HOWEVER, A DONATION AT THE DOOR WILL BE GREATLY APPRECIATED

Kids Night Out WOW!

Our elementary kids will be meeting weekly on **Wednesdays** at **6 PM** (beginning in December) for a time to fun and learning more of what God has planned.

Even when we are small—he has BIG plans for us!

Call Sarah, Victoria or Carolyn for more information!



Meeting Basic Needs in Appalachia

A Mission Agency Related to the General Board of Global Ministries of the United Methodist Church within the Red Bird Missionary Conference

POST OFFICE BOX 205 * FRAKES, KY 40940 * (606)337-3613 * FAX (606)337-2225
www.hendersonsettlement.com * e-mail: info@hendersonsettlement.info

Dear Ms. Cochran & Friends,

We are getting very close now to having enough points for a new minivan. Keep sending hem in and thank you for all you have done. This spring and summer, volunteers but and counted a total of 222,218 points. This has brought a new balance down to 46,804 that we need for the minivan. With the school year, a new Campbell collection year has begun with new items, BIC products—pens and pencils and Top Secret popcorn. The Top Secret is worth 10 points. Keep on the lookout for those new participation products.

Vehicles are needed for transportation in our ministries with picking up the senior citizens, speaking trips, tours, youth ministries after school programs.

All that is needed from the Campbell label is the bar code and logo beside the bar code, also the lid from the V8 products.

We also collect the General Mills Boxtops for our neighboring Frakes School. The box tops can be turned in for cash for the school to use for cash for the school to use for purchasing needed items or field trips.

Again, thanks for your help.
Yours in Christ,
Jane Grubbs
Secretary
janegrubbs@hendersonsettlement.info



Once again we will be putting up a Christmas tree loaded with tags to aid foster children. The tree will be set-up during the Hanging of the Greens. The tags requesting gifts will be there on the tree. Foster children are kids who are not living with a parent(s).

There will be a duplicate tag for each gift. Please take only the original and leave a copy on the tree. We ask you to bring your UN-wrapped gift to the church office. The gifts will be picked-up regularly. All gifts must be brought by 12/19/10—Thank you!!

If you have any questions, please contact Jan Treat or the Department of Social Services. Christmas blessings to all of you!!

Food Baskets



Five Cities Christian Women Basket Give-Away

December 21, these faithful ladies will be giving out 60 baskets to needy families in our area. Food donations are welcome.

This is a list of necessary items: frozen turkeys; canned cranberries; canned yams (large); canned fruit (large); and canned vegetables, canned olives, canned milk, and canned pumpkin (large); boxes of dressing (large); cake mix and frosting; Jell-O (large); chicken broth; and boxed mashed potatoes.

Mail monies to: P.O. Box 756, Grover Beach 93483 or call 481-2877.

Thank you for your continued generosity!