

**First United Methodist Church of Arroyo Grande**

275 North Halcyon Road  
Arroyo Grande, CA 93420  
Address Service Requested

Non-Profit  
Organization  
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Permit #27  
Arroyo Grande  
CA, 93420



**Senior Pastor:**  
Rev. David M. Burgeson

**Minister of Visitation:**  
Rev. J. Harold Headrick

**Ministers:**  
Members & Friends

**Office Administrator/ Newsletter:**  
Sarah Burgeson

**Bookkeeper:**  
Victoria Gandy

**Website Manager:**  
Jamie Foster

**Chancel Choir Director:**  
Julie Burns

**Lord's Crew - Praise Team Dir.:**  
Susan Coho

**Organist:**  
Don McGuire

**Choral Pianist:**  
Dennis Eiler

**Multi-Media Director:**  
Mike Coho

**Puppet People:**  
Mike Herber

**Handbell Dir.—Grande Ringers:**  
Leonard Lutz

**Adult Christian Education:**  
Susan Coho

**UM Youth Directors:**  
Mike & Linda Herber

**Children's Ministry Director:**  
Carolyn Russell

**Bishop:**  
Mary Ann Swenson

**District Superintendent:**  
Rev. Cathleen Coots

Visit our website at [worshipweekly.com](http://worshipweekly.com)

**AG UM Children's Center**

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(805) 481-2223

**Director:** Madrigal Quaglino



The people of The United Methodist Church

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**Cast~A~Net**  
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*"The kingdom of God is like a net that was cast into the sea" ~ Matthew 13:47*  
Phone: 805-481-2692 Website: [WorshipWeekly.com](http://WorshipWeekly.com) Email: [FUMCAG@sbcglobal.net](mailto:FUMCAG@sbcglobal.net)

**Insert**

- AG UM CC Chronicle

**COMMUNICATIONS COMMITTEE**

**Chairman**

David Beaman

**Members: (Listed Alphabetically)**

Kathleen Ballagh, Pastor David Burgeson, Sarah Burgeson, Heidi Carpentier, Susan Coho, Betty Johnson, and Jerry Smith.

**Layout Editor**

Sarah Burgeson

**Thank you Heidi Carpentier for your work on our August issue.**

**Proof Readers**

David Beaman & Betty Johnson

**Wedding Photos**

Jamie Foster Photography

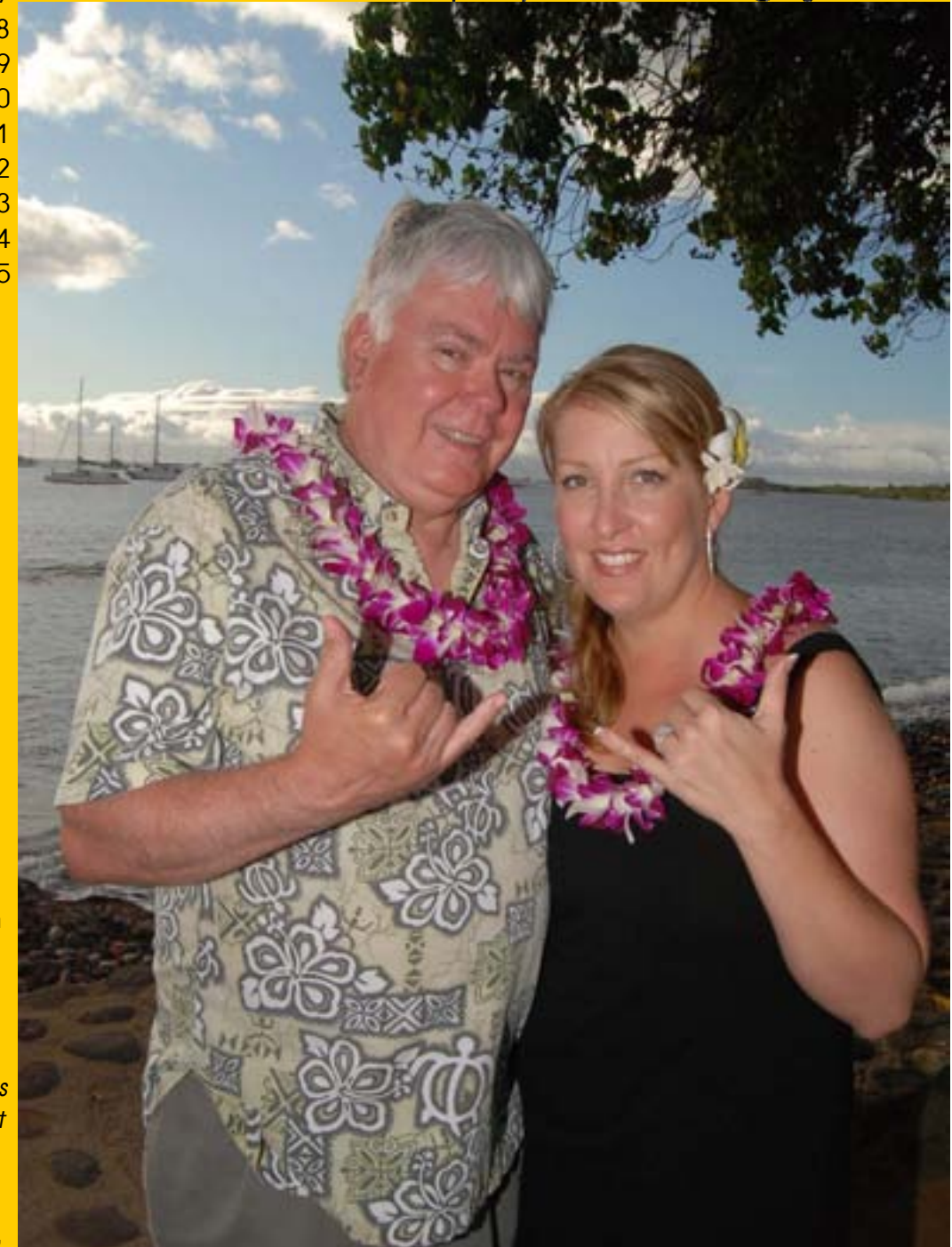
**Article Deadline: 10th of the month**

**PLEASE NOTE:** Layout Editor reserves the right to cut/edit articles to meet space limitations.

To add a friend, edit an address or to be removed from our mailing list, please notify our church office.

**E-mail:** [fumcag@sbcglobal.net](mailto:fumcag@sbcglobal.net)  
**Phone:** (805) 481-2692

**Newsletter is available online at [worshipweekly.com](http://worshipweekly.com)**



**David & Sarah Burgeson**  
**July 9, 2011**





**“And they are no longer TWO, but ONE.”**  
 MARK 10:8

# Celebrating a BIRTHDAY

Tina Moore	8/1	Kathie Buckton	8/15
Jacqueline Ridge	8/2	Bob Underwood	8/15
Priscilla Alquist	8/2	Nancy Gerrish	8/17
Kay Orrell	8/5	Hershel Whitefield	8/17
Fern Farmer	8/6	Al Scheibelhut	8/19
Bill Smith	8/6	Nancy Burns	8/20
John Romanelli	8/7	Alyson Montgomery	8/22
Nancy St. Laurent	8/8	Joe Brown	8/23
Virginia Mothes	8/9	Gene Freehauf	8/24
Bob Lowry	8/9	Cristy Eichelberger	8/24
Peggy Gainer	8/10	Niki Raetz	8/26
Frank Ridge	8/10	Sharon Roemer	8/27
Jeff Buhler	8/10	Peter Paredes	8/28
David Avila	8/11	Chuck Burns	8/28
Trudy Romanelli	8/11	Cecile Huggins	8/30
John MacKeen	8/12		
Bill Gerrish	8/13		
Jerrelyn Trujillo	8/14		

*If we missed your birthday,  
 please contact the church  
 office to be added to our list.*

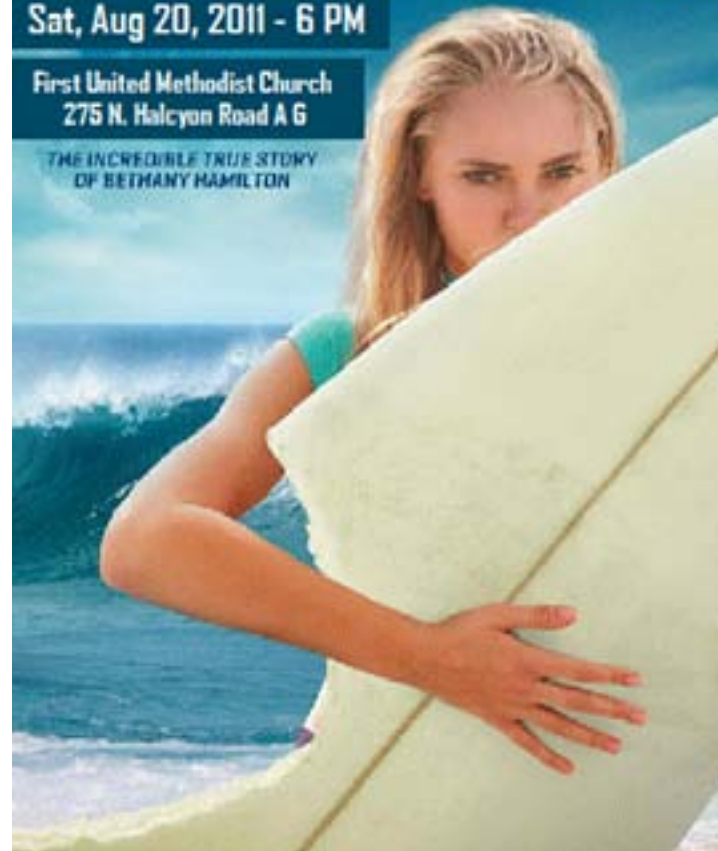
## BRING YOUR FAMILY TO A FREE MOVIE NIGHT

# soul surfer

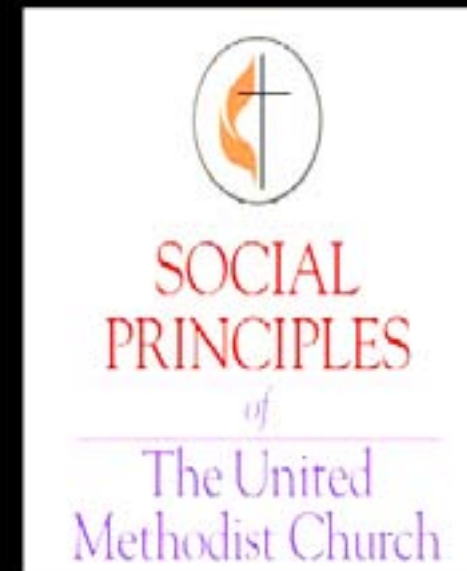
Sat, Aug 20, 2011 - 6 PM

First United Methodist Church  
 275 N. Halcyon Road A 6

THE INCREDIBLE TRUE STORY  
 OF BETHANY HAMILTON



EVERY WEDS EVENING IN AUGUST AT 6 PM  
 IN MCMILLEN ROOM, A DISCUSSION OF



Will Be Co-Facilitated By  
 Pastor David Burgeson & Patti Melshiemer

Adult Sunday School Begins August 7<sup>th</sup>

A  
*Shepherd*  
 LOOKS AT  
*Psalm*  
 23



Sunday  
 Mornings  
 9:45 – 10:25 AM  
 In McMillen Room

Led by  
 Susan Coho

Book is available  
 for purchase thru  
 the church office.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>ABBREVIATION LEGEND</b></p> <p>MMR McMillen Room CH Criswell Hall K Kitchen S Sanctuary N Narthex L Library</p>	<p><b>1</b> 5 PM Champion Youth Outreach Self-defense (CH) 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR) 7:30 PM AlaTeen (211)</p>	<p><b>2</b> 8:30 AM Senior Exercise Group 9 AM Sew 'n' Sews (MMR) 12:30 PM Adventures of Dr. Chess 7 PM Trustees (MMR)</p>	<p><b>3</b> 8:30 AM Senior Exercise Group 9 AM EOC Senior Health Screening (N/L) 12:30 PM AG UM CC End of Summer Picnic 5 PM Family Supper (CH) 5:45 PM Kids Night Out (S) 6 PM Social Principles Study (MMR) 7 PM UM Youth Group (215)</p>	<p><b>4</b> 8:30 AM Senior Exercise Group 10 AM Intercessory Prayer Group (L) 10:30 AM Drop off items for Rummage Sale (CH) 11:30 AM People's Kitchen <i>leave to serve</i> 12:30 PM Adventures of Dr. Chess (211) 5 PM Bible Reading (S) 6:30 PM AG UM CC Parent Orientation (CH)</p>	<p><b>5</b> 8:30 AM Bible Study (L) 8:30 AM—2:30 PM Rummage Sale (CH) 3:30 PM AG UM CC Closed 4 PM AG UM CC Staff Development (MMR)</p>	<p><b>6</b> 8:30AM-2:30pm Rummage Sale (CH) 12:30 —4:30 PM Adventures of Dr. Chess (211)</p>	
	<p><b>7</b> Coffee Hour Yellow Umbrella 8:30 AM Contemporary Service 9:45-10:25 AM A Shepherd looks at Psalm 23(MMR) 10:30 AM Traditional Service and UM Youth Group *Children's Sunday School at both services 11:45 AM Green Umbrella (MMR)</p>	<p><b>8</b> 5 PM Champion Youth Outreach Self-defense (CH) 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR) 7:30 PM AlaTeen (211)</p>	<p><b>9</b> 8:30 AM Senior Exercise Group 9 AM Sew 'n' Sews (MMR) 10:30 AM Communications Committee (L) 12:30 PM Adventures of Dr. Chess 6 PM Arroyo Grande MS Support Group (MMR)</p>	<p><b>10</b> 8:30 AM Senior Exercise Group 1 PM Alzheimer's Care-Givers Support Group (MMR) 5 PM Family Supper (CH) 5:45 PM Kids Night Out (S) 6 PM Social Principles Study (MMR) 7 PM UM Youth Group (215)</p>	<p><b>11</b> 8:30 AM Senior Exercise Group 10 AM Intercessory Prayer Group (L) 12:30 PM Adventures of Dr. Chess 5 PM Bible Reading</p>	<p><b>12</b> 8:30 AM Bible Study (L)</p>	<p><b>13</b> 6:30 PM Praise Team Rehearsal (5:30 PM set-up) (S) 12:30 —4:30 PM Adventures of Dr. Chess (211)</p>
<p><b>14</b> Coffee Hour JOY Circle 8:30 AM Contemporary Service 9:45-10:25 AM A Shepherd looks at Psalm 23(MMR) 10:30 AM Traditional Service and UM Youth Group *Children's Sunday School at both services</p>	<p><b>15</b> AG UM CC - First Day of School 5 PM Champion Youth Outreach Self-defense (CH) 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR) 7:30 PM AlaTeen (211)</p>	<p><b>16</b> 8:30 AM Senior Exercise Group 9 AM Sew 'n' Sews (MMR)</p>	<p><b>17</b> 8:30 AM Senior Exercise Group 1 PM Alzheimer's Support Group for Care-Givers (MMR) 5 PM Family Supper (CH) 5:45 PM Kids Night Out (S) 6 PM Social Principles Study (MMR) 7 PM UM Youth Group (215)</p>	<p><b>18</b> 8:30 AM Senior Exercise Group 10 AM Intercessory Prayer Group (L) 11:30 AM People's Kitchen <i>leave to serve</i> 5 PM Bible Reading 6 PM UMW World Thank Offering (CH)</p>	<p><b>19</b> 8:30 AM Bible Study (L) 1 PM Alzheimer's Support Group-for Adult Children of Parents (MMR)</p>	<p><b>20</b> 12:30 —4:30 PM Adventures of Dr. Chess (211)  <b>6 PM</b> Free Family Movie Night 'SOUL SURFER'</p>	
<p><b>21</b> Coffee Hour Red Umbrella 8:30 AM Contemporary Service 9:45-10:25 AM A Shepherd looks at Psalm 23(MMR) 10:30 AM Traditional Service and UM Youth Group *Children's Sunday School at both services</p>	<p><b>22</b> 5 PM Champion Youth Outreach Self-defense (CH) 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR) 7:30 PM AlaTeen (211)</p>	<p><b>23</b> 8:30 AM Senior Exercise Group 9 AM Sew 'n' Sews (MMR) 2:30 PM Preschool Board closed session (MMR) 3:30 PM Preschool Board -open session (MMR) 6 PM Grande Ringers 6:30 PM AG UM CC Planning Mtg (MMR)</p>	<p><b>24</b> 8:30 AM Senior Exercise Group 4 PM Book Club (MMR) 5 PM Family Supper (CH) 5:45 PM Kids Night Out (S) 6 PM Social Principles Study (MMR) 7 PM UM Youth Group (215)</p>	<p><b>25</b> 8:30 AM Senior Exercise Group 10 AM Intercessory Prayer Group (L) 1 PM Yellow Umbrella (MMR) 4 PM Book Club (MMR) 5 PM Bible Reading 5 PM Grande Ringers</p>	<p><b>26</b> 8:30 AM Bible Study (L)</p>	<p><b>27</b> 12:30 —4:30 PM Adventures of Dr. Chess (211) 6:30 PM Praise Team Rehearsal (5:30 PM set-up) (S)</p>	
<p><b>28</b> Coffee Hour AG UM CC—Wendell Curry Memorial Scholarship Fund 8:30 AM Contemporary Service 9:45-10:25 AM A Shepherd looks at Psalm 23(MMR) 10:30 AM Traditional Service and UM Youth Group *Children's Sunday School at both services</p>	<p><b>29</b> 5 PM Champion Youth Outreach Self-defense (CH) 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AIAnon (MMR) 7:30 PM AlaTeen (211)</p>	<p><b>30</b> 8:30 AM Senior Exercise Group 9 AM Sew 'n' Sews (MMR) 5 PM Grande Ringers</p>	<p><b>31</b> 8:30 AM Senior Exercise Group 5 PM Family Supper (CH) 5:45 PM Kids Night Out (S) 6 PM Social Principles Study (MMR) 7 PM UM Youth Group (215) 7 PM Chancel Choir Rehearsal (S)</p>				

**Deepening Your Effectiveness: Restructuring The Local Church For Life Transformation**

PART V: "SERVANT DISCIPLESHIP"

Recap of Weds Evening Bible Study by Susan Coho

This is the fifth and final installment of our *Deepening Your Effectiveness* series. The ocean (in the diagram below) represents the Body of Christ. The individuals (left to right) represent the six stages of growth from a non believer-curious person to a fully committed follower of Jesus Christ. Listed below the diagram, are the four discipleship ministries (invitational, instructional, relational, and servant) that correlate with these six stages that the local church needs to provide to assist people in moving forward through each stage to becoming a committed follower of Christ.

In a church beginning to embrace the concept of servanthood, communication patterns are changed. For example, the word "volunteer" is replaced with "servant". The words "work" or "help" are replaced with the word "serve". An example would be, "We are looking for volunteers to help in the nursery". This is changed to "We are seeking servants to serve in the nursery". One says "help for awhile"; the other says "ministry, in the service of Jesus Christ".

We look at Servant Discipleship this month. This is the person who has died to their own their own agenda and instead, makes himself available for whatever purpose God has planned. This believer does not get to this place by accident, but by choice. He has chosen to surrender everything to the journey God unfolds before him. This person has spent adequate time in the "shallows" as a new or rededicated believer and entered into those deep trusting relationships and circumstances that God uses to mold us into the image of Himself. This person has dealt with the fears of his life through God's Word and the leading of the Holy Spirit, allowing God to transform him until the world is seen from a new Christ like perspective.

The ministry of the committed follower is *one on one discipling*. Those who make up authentic spiritual community embrace a holy anticipation about the future when in the presence of a true fully committed servant follower. They have a desire to give themselves fully to the mission of Jesus Christ at whatever stage they find themselves at, because of being disciplined by a fully committed follower. These relationships are powerful, demanding deep trust, genuine acceptance, as well as time and patience. A willingness and ability to hold each other accountable to God's truth is present. This is something the church cannot package, but is brought about by the Holy Spirit - mature believers ministering to one another, as well as, one on one discipling to believers in earlier stages of growth. "But when the Holy Spirit comes, He will guide you in all truth." John 16:13. A fully committed follower understands their calling and embraces one on one discipling ministry, as led by the Holy Spirit.

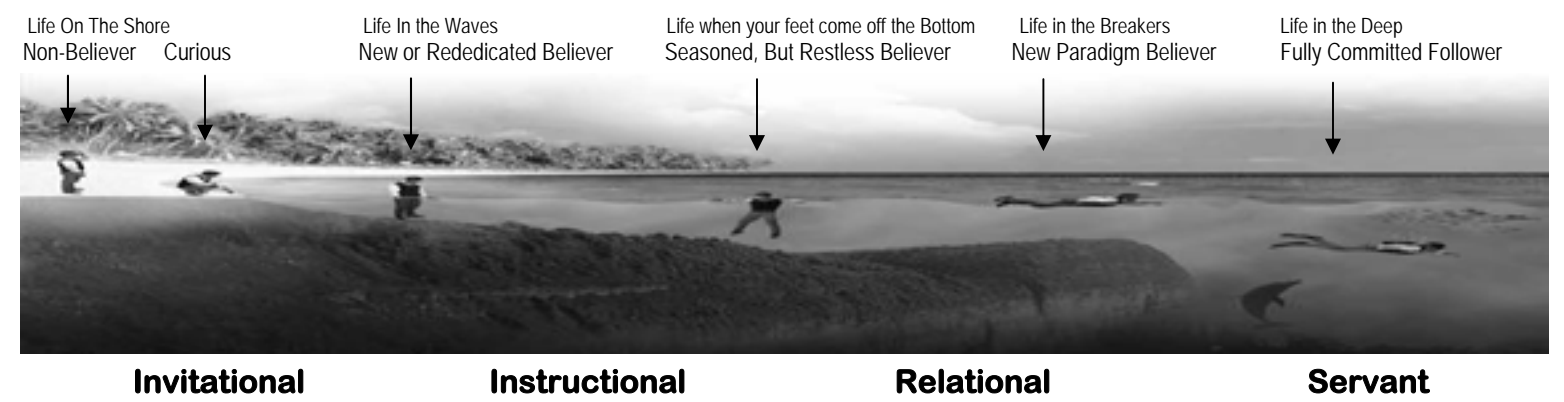
At this stage, believers must follow God's call, because they cannot not follow! Women and men who dwell in the deep and abiding presence of their creator make a significant difference in the lives of those they touch because they choose to make Jesus and the mission of God the central focus of their lives. Everything is affected by the centrality they place on Christ. No longer is Jesus an afterthought or even an extra thought. Jesus is the thought!

As Mother Teresa said, "I belong to Jesus. He must have the right to use me without consulting me."

The September *Cast-A-Net* will feature an overview of *A Shepherd Looks At Psalm 23*, will be our Adult Sunday School Class focus for August.

A fully committed follower has surrendered both his personal life and his call to Christ. He has made a choice to allow God's transforming power to mold him more and more into the likeness of Christ no matter what. Whatever suffering he may endure in the process is worth the discomfort and sacrifice. Fully committed followers carry with them the message that is irresistible. People are drawn to them for reasons they cannot explain. The message and the messenger are inseparable; it is difficult to tell the difference. The fully committed follower, however, knows it is not about them, but about the truth of God that has taken up permanent residence within. God receives all the glory!

\* Sunday School will resume on Sunday, August 7th in McMillen Room between services (9:45 AM - 10:25 AM) and is led by Susan Coho, Adult Christian Ed. Director. Books can be purchased in the church office for \$3.50. We pray that you will consider attending.





Submitted: Val McClure, UMM Publicity

## First Meeting of Fall Season Is Planned

The UMM under the leadership of President Tom Egan has announced the first meeting of the fall schedule. The men will meet at the Hilton Garden Inn on Fourth Street in Pismo Beach on Saturday, September 17<sup>th</sup> at 8:30 AM. Breakfast cost will be about the same as last year.

**Guest Speaker** – Will be **Steve Tallant**, Camp Manager for the Arroyo Grande Methodist Camp. Steve will bring a power point presentation of the most recent developments in camp and bring the men's group up to date on the past year's operation.

## Helping men to grow in Christ, so others can know Christ.

Some big changes are in the wind for the UMM. There will be a short business meeting to allow everyone have input into the coming year's programs. If you are attending these meetings on a regular basis, why not ask one of the other men in the congregation to attend with you?

Some of the activities of the UMM are the semi-monthly Pancake Breakfast, Sweetheart Breakfast, Carl Kliesch Memorial Golf Tournament, Camp Work Day and many other special events. Funds raised by the group go toward scholarships, camp improvements, camperships and other youth activities.

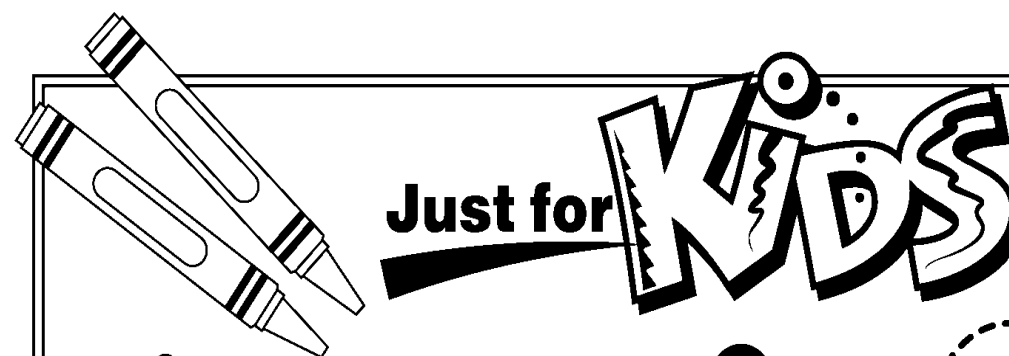
UMM Officers for 2011-12 are Tom Egan, *President*, Wayne Huggins, *Treasurer*, and Val McClure, *Publicity*.



WOW - It's August! It is hard to believe the summer is coming to an end...and what a summer it has been. Thank you to all the fabulous musicians that supplied us with summer music. How blessed we are to have such a diverse and talented group of people in our church.

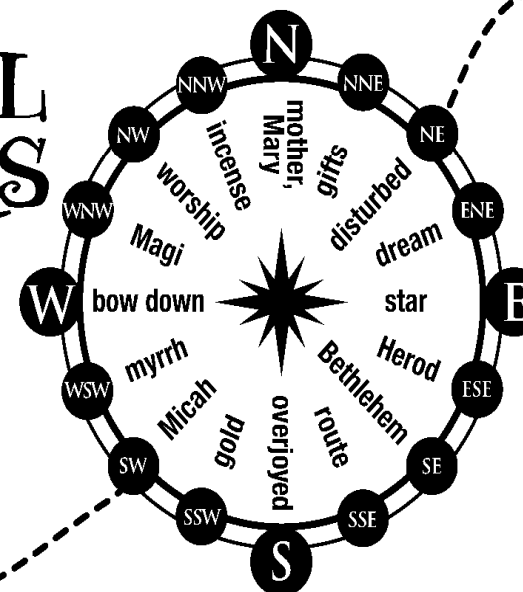
Now as we move on to fall we look forward to resuming on Wednesday evenings for rehearsals. Our first rehearsal will be Wednesday, August 31<sup>st</sup> at 7 PM. Our first Sunday back in the choir loft will be September 12<sup>th</sup>. We will get together and have a choir party after we return. I would really love to have some new members, and sometimes all it takes is extending an invitation to come join us. For many of us, that's why we joined the choir in the first place. So get out there and recruit! Bring a friend to choir—you won't regret it!

Enjoy the remainder of your summer! We will see you the last evening in August.  
 Julie Burns, *Chancel Choir Director*



## SPECIAL VISITORS

Matthew 2 tells of visitors who traveled to worship Jesus. Read that story, or see if you can answer the questions below from memory. Use the compass guide to fill in the correct answers.



1. Who was king during the time of Jesus' birth? \_\_\_\_\_ (ESE)
2. Who came from the East to worship the one born king of the Jews? \_\_\_\_\_ (WNW)
3. How was King Herod feeling about Jesus' birth? \_\_\_\_\_ (NE)
4. Which prophet did the chief priests and teachers of the law quote when King Herod asked where the Christ would be born? \_\_\_\_\_ (SW)
5. In what city would Christ be born? \_\_\_\_\_ (SE)
6. King Herod lied to the wise men and told them to search and report back so he, too, could do what to Christ? \_\_\_\_\_ (NW)
7. What did the Magi see in the east and follow to find Jesus? \_\_\_\_\_ (E)
8. When the star stopped, how did the Magi feel? \_\_\_\_\_ (S)
9. Who else did the Magi see with Jesus? His \_\_\_\_\_ (N)
10. What did the Magi do first before they worshiped the child? \_\_\_\_\_ (W)
11. Name the three treasures the Magi brought for Jesus. \_\_\_\_\_ (SSW)  
 \_\_\_\_\_ (NNW) \_\_\_\_\_ (WSW)
12. These three treasures were all brought for Jesus as ... \_\_\_\_\_ (NNE)
13. What warned the Magi not to return to Herod? A \_\_\_\_\_ (ENE)
14. The Magi had to return to their country by another \_\_\_\_\_ (SSE)

Answers: 1. Herod, 2. Magi, 3. disturbed, 4. Micah, 5. Bethlehem, 6. worship, 7. star, 8. overjoyed, 9. mother, Mary, 10. bow down, 11. gold, incense, myrrh, 12. gifts, 13. dream, 14. route



### Need Prayer? Got Praise?

Bring it to our Prayer Chain. Contact **Pauline Castillo** to set the chain in motion.

### REQUESTS CAN REMAIN

#### ANONYMOUS

Every **Thursday at 10AM**, a dedicated group of prayer warriors, we call our **Intercessory Prayer Group**, meet in the Library to pray for members of our church family and the community as they lift up requests given to our prayer chain, those mentioned in worship, or on request cards.



## Women of Prayer

This non-denominational women's group meets on **Mondays at 7 PM** in the UMC of AG Sanctuary to pray for this church and others in the community; asking God to pour out His Spirit of redemption, deliverance, healing and salvation.

Contact **Susan Coho** through the church office if you have any questions.



## NEW KITCHEN RULES APPLY TO ALL

by Val McClure

Our Church Kitchen has qualified for expanded uses. Consequently, using it for food preparation comes with Health and Food Safety rules to protect those being served. Food related illnesses are never intentional, but they DO HAPPEN. Results can be very devastating, especially to the victims and to the reputations of the

source of the contamination.

Preparation and handling of food for church dinners, preschool food, Peoples Kitchen, UMW food events, UMM food events, VBS events youth group events etc. must comply with state and county regulations.

Betty Ashton recently passed written exams to qualify as a Certified Food Server so our church kitchen has representation to monitor and train users in safe food handling. She has prepared and posted a list of rules to follow. The following is a condensed list.

1. Clean all work and contact surfaces before use with Sanitizer.
2. WASH HANDS using Sanitizer at the sink next to West door into Criswell Hall.
3. Wear clean Vinyl gloves if you handle food, food trays or utensils.
4. Limit persons only to those assigned to work in the kitchen.
5. Always close refrigerator doors.
6. Potentially hazardous foods must be stored below 41 degrees or above 135 degrees.
7. Use Sanitizer Detergent when washing dishes, utensils, trays etc..
8. NO leftovers are to be kept in freezers or refrigerators.
9. Utensils that falls on the floor must be washed before using. Throw away paper products.
10. Clean up all work and contact surfaces with Sanitizer after every event.
11. All used Tea Towels and Dish Cloths to be taken home and laundered, not left to dry.
12. Empty trash cans after each event.

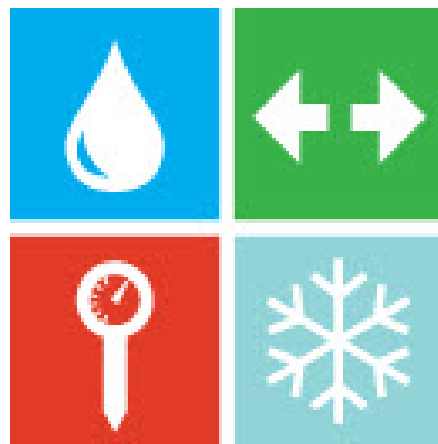
Also, we ask everyone to try to remember to use the access door to the Courtyard near the Criswell Hall Stage rather than through the kitchen area pathway. This will help keep the kitchen maintained better for the new regulations.

We understand that July and August will be the "adjustment period" to adapt to the new kitchen rules. Betty Ashton is available for assistance and to answer any questions you may have at [805] 489-3932.

**Keep Food Safe!**

**CLEAN—SEPARATE—COOK—CHILL**

For more information on Food Safety, visit [foodsafety.gov](http://foodsafety.gov)



**United Methodist Women**  
*Faith, Hope and Love In Action*

Submitted by Eva McClure



*The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ;*

*to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.*

### World Thank Offering Emphasis Continued

As July has been the month to count our blessings using our Blessing Calendar, August will be the month that those blessing and offerings will be celebrated and dedicated.

There will be a special evening meeting on Thursday, August 18<sup>th</sup> in Criswell Hall for a program based on "The World Thank Offering" (Please note the change of date from the July Cast-a-Net article). We have invited an exciting special guest to join us for this program and hope very much that she will be able to attend. In any event it will be a very informative, interesting, exciting—what other words can I possibly use to whet your appetite----evening!!!!

A light supper will be served at 6 PM with the program to follow at 7 PM. If anyone is concerned about driving at night, transportation will be provided because we are hoping that everyone will be able to attend. This is the usual meeting time of the WOW group—we will all enjoy this time and meet together as one UMW group in fellowship.

All women are encouraged to attend the August 18<sup>th</sup> gathering at the church for an evening of food, fellowship, worship and to count our blessings. Hope to see you all there.

Virginia Mothes and Patti Melsheimer will have attended the School of Christian Mission at Biola University in July so they will also give us an overview of that school. It is at that event that UMW members will have been introduced to the study materials that are being recommended by Women's Division for the coming year.

For more information on UMW events, please contact Patti Melsheimer@ 489-4811 or Eva McClure @ 474-1458.

### **United Methodist Women's Book Club**

For the month of August the book club is reading *Claiming Earth As Common Ground: The Ecological Crisis Through the Lens of Faith*, by Andrea Cohen-Kiener. Spiritual leader and environmental activist Andrea Cohen-Kiener tells us that "our planet is in trouble, and it will take an amazingly large and powerful force to shift into a more sustainable way of living." She believes that "people of faith have the numbers, the passion, and the mandate to do it-and that nothing else is strong enough to counter-balance "business as usual." Join us on Thursday, August 25 at 4 p.m. in the McMillan room for a lively discussion.



### **Sew 'n' Sews**



*Join other quilters every Tuesday morning at 9 AM in McMillen Room to work on a quilt project.*



This UMW supported group is open to all the women of our church and our community. We meet in the **McMillen Room** at UMC of AG every **3rd Thursday** of the month at **6:30 PM**. We invite you to join us and share in what God has done, and is still doing, in your life. We support one another in loving accountability and with God's grace according to the Scriptures.

**NOTE: In August WOW will meet with the other UMW Circles in Criswell Hall for the World Thank Offering.**



## YELLOW UMBRELLA NEWS: MISSION/SOCIAL CONCERNS

by Judy Atwood, *Yellow Umbrella Chair*

**MISSION HIGHLIGHTS** This month I am sharing an article about a ministry that happens in Nome, Alaska. where Julie and David Elmore are missionaries. Another example of the UMC in mission, where we have missionaries that we support. ~ Judy

### Layette Ministry in Nome, Alaska

By Pastor Julie Yoder Elmore

*Community United Methodist Church in Nome, Alaska, through the local United Methodist Women (UMW), has organized a layette ministry for several decades, dating back to when the Methodists administrated the local hospital. Several times a year, the women of the church gather in the church social hall to open boxes of supplies for newborns from UMW groups from around the United States who have collected and donated these items. The items include diapers, receiving blankets, outfits, sweaters, mittens, hats, booties, socks, baby books, t-shirts, quilts and fleece blankets, and any other item a baby would need in the first several months of life. Some items are hand knitted, while others are purchased. We bundle up several of these items and wrap them in a quilt or fleece blanket and tie it up with ribbon, forming an adorable layette. We also attach a card to the layette, indicating that this is a gift to the new baby from the United Methodist Women. As the Pastor, I have the privilege of taking several layettes at a time to the Norton Sound Regional Hospital where the nurses distribute the layettes. If I hear of a baby born at home or in a place outside of Nome, I will personally deliver a layette to the baby's home in Nome. Since women from the outlying villages (accessible to Nome primarily by plane) come to Nome to have their babies, the layette ministry is an opportunity for us to do outreach throughout the whole Bering Straits Region. Our hope is to demonstrate to the children and families God's love and grace and that the church is there for them from the very beginning of life.*

*If you would like to partner with us in the layette ministry, please send baby items to the following address:*

Community United Methodist Church  
P O Box 907  
Nome, AK 99762

### SPECIAL GIVING RESPONSE—Thanks!

I continue to say thank you on behalf of the recipients of all the special givings which you have shared with others.

We also plan to celebrate on August 7<sup>th</sup> how we give to ministries as persons in ministry during our worship services that Sunday. So plan to be present to see how very blessed we are.

**Many hands can do many things!**



### SPECIAL GIVING UPDATES FOR 2011:

Domestic Disaster Response	25.00
So County Food Bank	775.82
Goat for Haitian Goat Farm	50.00
Haiti Relief	25.00
Japan Relief	830.00
Native American Ministries	409.00
Mule for Haitian Goat Farm	350.00
One Great Hour of Sharing	785.00
Peace with Justice	307.00
People's Kitchen	308.28
Spring Storms	480.00
VBS Mission Project	193.00
<b>TOTAL:</b>	<b>5,538.10</b>

**Praise the Lord!**

submitted by Patti Melsheimer



## What's All The Flap About?

Aching backs and shoulders? Tingling arms? Weakened muscles? Stooped posture? Does your child have these symptoms after wearing a heavy school backpack? In San Luis Obispo County most of our children return to school in the middle of August and most will be using a backpack. Carrying too much weight in a pack or wearing it the wrong way can lead to pain and strain. Parents can take steps to help children load and wear backpacks the correct way to avoid health problems. As you ready your child for school this year, consider this information from the American Occupational Therapy Association (AOTA).



More than 79 million students in the United States carry school backpacks. More than 23,000 backpack-related injuries were treated at hospital emergency rooms, doctor's offices, and clinics in 2007. In one study with American students, ages 11 to 15 years, 64% reported back pain related to heavy backpacks. Twenty one percent reported the pain lasting more than 6 months.

The AOTA recommends that a loaded backpack should never weight more than 15% of the student's total body weight (for a student weighing 100 pounds, this means that the backpack should weight no more than 15 pounds). The way backpacks are worn affects the student's health. The height of the backpack should extend from approximately 2 inches below the shoulder blades to waist level or slightly above the waist. It is recommended that individuals always wear the backpack on both shoulders so the weight is evenly distributed. Wearing a pack slung over one shoulder can cause a child to lean to one side, curving the spine and causing pain or discomfort.

Load heaviest items closest to the child's back (the back of the pack). Arrange books and materials so they won't slide around in the backpack. Check what your child carries to school and brings home. Make sure the items are necessary for the day's activities. If the backpack is too heavy or tightly packed, your child can hand carry a book or other item outside the pack. If the backpack is too heavy on a regular basis, consider using a book bag on wheels if your child's school allows it.

Select a pack with well-padded shoulder straps. Adjust the shoulder straps so that the pack fits snugly on the child's back. A pack that hangs loosely from the back can pull the child backwards and strain muscles. Wear the waist belt if the backpack has one. This helps distribute the pack's weight more evenly. The bottom of the pack should rest in the curve of the lower back. It should never rest more than four inches below the child's waistline. School backpacks come in different sizes for different ages. Choose the right size pack for your child as well as one with enough room for necessary school items.

***"Pack it Light – Wear it Right!"***





# THE OFFERING PLATE

Compiled by Jerry Smith

Methodism's founder John Wesley said, "I look upon the entire world as my parish." Wesley reminded us that we are called to step out of our little corner of the world to spread the good news, transform hopelessness into hope and help God's children wherever they may be."

*"I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me." -- Matthew 25:35-36, NRSV*

While it would be wonderful if we could reach out personally to everyone who needs our help, we know that is impossible. So we gather regularly with our congregation and put money into the offering plate, and through a carefully crafted system of United Methodist mission and ministry our gifts stretch around the world.

Your contributions to your local church not only benefit your local congregation, but also have regional, national and international impact through our connectional giving system. Most of the money you give is used to support the ministries of your local church. A small portion funds regional ministries.

Finally, a portion of your giving goes to the general church to support programs on a national and interna-

tional level, which have been agreed upon by lay and clergy delegates of General Conference. We share the cost of these ministries, with each local church being responsible for contributing a fair portion or "apportionment."

The power of our collective giving enables us to spread the love of Jesus Christ, educate clergy, encourage cooperation with other faith communions, fund General Conference, nurture historically Black colleges and Africa University, and support bishops.

We can go beyond these primary gifts to the church and contribute to additional ministries through the Advance and church wide Special Sundays with offerings. The Advance for Christ and His Church offers individuals and groups an opportunity to contribute to specific programs, missionaries and ministries of their choice. Six times a year, Special Sundays focus church wide attention on specific ministries of the church such as promoting peace and justice and providing scholarships and student loans.

We live in a global village, and the world is our parish. When we give generously, our gifts do wonderful, life-changing things in the name of Jesus Christ....

SOURCE: UMC.Org



**Monthly Goal:**  
\$ 22,000  
**Received JULY 2011:**  
\$ 18,321  
**Difference (as of 7/24):**  
\$ - 3,679



Sunday	8:30 AM	10:30 AM	Nursery	Kids/Youth	Teachers	TOTAL
First Service	one service	126	1	8/13	5	<b>153</b>
Second Sunday	46	99	1	?/6	3	<b>158</b>
Third Sunday	47	112	0	12/8	5	<b>184</b>
Fourth Sunday	41	137	3	12/4	3	<b>200</b>
Fifth Sunday	<b>NO information available at time of publication</b>					

ATTENDANCE

EVERY WEDS EVENING IN AUGUST AT 6 PM  
IN MCMILLEN ROOM, A DISCUSSION OF

Will Be Co-Facilitated By  
Pastor David Burgeson & Patti Melshiemer

## Wednesday Night Pastor's Study Starts August 3

You are invited to join a discussion of the **Social Principles of the United Methodist Church of The United Methodist Church.** The Social Principles is "the product of ninety-eight years of legislative decisions made by lay and clergy members of The United Methodist Church and its predecessor denominations. The Social Principles are prayerful and thoughtful efforts on the part of many General Conferences to speak to complex and controversial issues in the global community." Co-led by Pastor David and Patti Melshiemer, this is your opportunity to examine your own theology and ethics, as well as those of our church.

Join us 6 PM in the McMillen Room every Wednesday in August for a stimulating discussion!

Adult Sunday School Begins August 7<sup>th</sup>

This study, led by Susan Coho, is one written by shepherd, Phillip Keller, who shares his insight into the life and character of sheep—and of the Good Shepherd who loves and cares for them. This beloved classic will give new meaning to the ageless Shepherd Psalm, enriching your trust in and love for the Lord who watches closely over you. See you Sundays at 9:45 AM in the McMillen Room.

Through the Bible in a year

Bible Reading Schedules are available here at UMC of AG for us to join in reading God's Word in one year. **Accept the challenge!**



**Mondays at 7 PM** in the Youth Lounge (room 215) The men are currently studying the books of Hosea and Amos from the Holy Bible. Open to all men of God!

**BIBLE READING**

Every Thursday—rain or shine—we will meet in the Sanctuary and continue reading the Bible aloud from 5—6 PM. We pray that you will join us in this time to bless the Lord and speak His Word. Your **word is a lamp** to my feet, and a light to my path. —Psalm 119:105

Study to show thyself approved unto God... rightly dividing the Word of Truth. **2 Timothy 2:15-17**



**Fridays at 8:30 AM** in the Church Library. No time like the present—we are starting a new study on **John 13-15.** This is a perfect time to join us. See you there!



# Youth News



Is it August already? It's hard to believe that the summer is just flying by.

Three of our youth just returned from a week of camp and are excited to tell you about it. Many thanks to Tina Moore who drove Jed Moore, Alonzo Ferrari Chapman, and Ryan Odom on 07/10/11 to Camp Cedar Glen in Julian, California (six hours from here down San Diego way).

Since Colby is still not up and running and the Santa Barbara District camp was ending the day of the big event (Pastor and Sarah's wedding), Tina discovered that our youth could attend any of the camps in the Cal-Pac Conference, so the San Diego District was the chosen one.

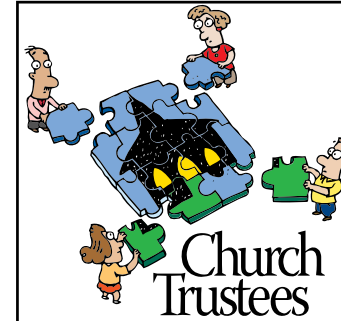
The only drawback was that only youth entering 10<sup>th</sup> grade through high school graduating seniors could attend, which made it unavailable for some of our youth. The theme for camp was *Got Spirit*. As the overall theme with each day touching on an aspect of: generosity, gratitude, hospitality, worship, and living in Christ's love. This was the first year that Ryan got to experience camp. Both Jed and Alonzo mentioned that Ryan sure enjoyed the punch, drinking *at least five* glasses at dinner each night. The youth feasted on lasagna, ribs, and chicken for dinner and pancakes and French toast for breakfast and the consensus was "the food was good".

The boys all got to be camp mates, but enjoyed getting to meet other youth in their "family groups." These groups are how they are put into for bible study and to worship as smaller units during the day. They enjoyed swimming, and rock climbing, but the ropes course was not available this year. They had a dance one night and the jury is out on whether dancing by our group took place or not? All of our camp attendees participated in the talent show with their family groups. The counselors were great and even oversaw a few expected, harmless pranks in the night. Ask the boys about leaves and saran wrap. All and all the boys had a great time and want to thank the United Methodist Men and the congregation for the support and prayers in getting them to camp this year.

Our UM Youth continue to meet on Sundays and Wednesday and continue in our study in the book of Revelation. We had a visitor at two of our meetings, Marc Savoureux, from France, who was staying with the Odoms. Thanks to Judy Atwood for bringing us information from annual conference on how we can help out the church by updating safety information at the church for the insurance carrier and have a chance to earn some money. We will be keenly checking all the nooks and crannies for fire hazards and safety and reporting our findings to the church and conference.

We will be having a mini lock-in in August before school starts. Look for more information to come regarding this.

In Christ's Service, *Mike and Lou*



- As of the end of May the Parsonage Account stands at \$168,706. As to our annual budget, we are a little over budget. But as someone said, "God will provide."
- We are still looking at a storage shed and the materials will cost right around \$1,350 → (See photos at right).
- The bus was fired up and all is well.
- I found that I had a bad solenoid on one of our sprinkler lines; it has been replaced and water is again flowing.
- A "visitor parking" sign was purchased for \$18. This was apparently the ONLY known sign in SLO County. One will be fabricated for us at the cost of \$38. *Did they see me coming?*
- There was some discussion about new kitchen procedures. Betty Ashton (a certified food handler) has been asked to print up some of the new steps and procedures and post them in the kitchen. These changes will ensure better health and food safety. **Please can we have a little less, "we've never done it that way" and a little more, "we'll give it a try". —Thanks!**
- The Trustees are beginning to walk into a bit of a quagmire. This summer we will have to replace the roofing just above the choir area. Cost: \$7- 8,000. Cost for shed: \$1300 - 1700. Termites: \$700 -1100. This all adds up. That does not include all the day to day work. The last 3 or 4 things I worked on were less than \$70 each. But the fourth one totaled just under \$300. None of these were scheduled; I didn't have a lot to start with. Now there is a lot less. Sometimes I think I can hear God saying, "Hey, I helped you with the last one. This one's yours." If you have some money sitting around, and wondering who to give it to, our name is 'The Board of Trustees.'

Thank you and God bless!—Tom Egan, *Chair*.



Men At Work: Norm Henderson & Tom Egan building the new shed.



A Shed well done!!



## Get Your Socks Ready - It's Sock Time Again

You don't have to take 'em off your feet, but new socks will be welcome on *Sock Sunday, August 14<sup>th</sup>*.

This is the day in 1945, Japan signed an unconditional surrender during WWII aboard the USS Missouri. We are now asking for your unconditional surrender of as many socks as you can. The poor and homeless of our area are in dire need. We have now given over 2,300 socks since the program was started in 2010. You can imagine how great a new pair of clean dry socks would feel on a normal day let alone a cold night.

Men's, Women's and Children's socks welcomed. A basket will be available in the Narthex. Chuck will also be ready to receive them at the Peoples Kitchen Table in Criswell Hall every Sunday.

These donations are tax deductible – so don't forget to save your sales slips. God Bless! ~ *Chuck and Betty Ashton*



### Meals Served

July 2011: 279  
YTD: 1210

### Socks Distributed

July 2011: 235