



**FIRST UNITED METHODIST CHURCH OF
ARROYO GRANDE**

275 NORTH HALCYON ROAD
ARROYO GRANDE, CA 93420
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Arroyo Grande
CA, 93420



June 18-22, 2012 from 6 PM - 8 PM (dinner at 5 PM)
Come, discover God's delivering power in the incredible true story of Daniel who kept his courage and his faith while held captive in *Babylon!*

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"It's the 'Mane' event!"



FIRST UNITED METHODIST CHURCH OF ARROYO GRANDE
Cast~A~Net
The Kingdom of God is like a net that was cast into the sea. -Matthew 13:47
MAY 2012

"WHEN THE DAY OF PENTECOST HAD FULLY COME, THEY WERE ALL WITH ONE ACCORD IN ONE PLACE. AND SUDDENLY THERE CAME A SOUND FROM THE HEAVENS, AS A RUSHING OF MIGHTY WIND, AND IT FILLED THE WHOLE HOUSE WHERE THEY WERE SITTING. THEN THERE APPEARED TO THEM DIVIDED TONGUES, AS A FIRE, AND ONE SAT UPON EACH OF THEM. AND THEY WERE ALL FILLED WITH THE HOLY SPIRIT AND BEGAN TO SPEAK WITH OTHER TONGUES, AS THE SPIRIT GAVE THEM UTTERANCE."
Acts 2:1-4

It is called by some 'the most read chapter' in the Bible. The 2nd chapter of Acts is a vivid account of the start of the foundation for the "Body of Christ." And what a marvelous start it was. This fascinating encounter is known as "the baptism of the Holy Spirit" and marks the beginning of the Church.

It was 50 days after the crucifixion in Jerusalem on the annual Jewish festival of Pentecost (which means 50th day in Greek). Before this celebratory feast, Jesus' disciples had been praying for 10 days. Still being in Jerusalem must have been extremely difficult and tumultuous during this time. Their *Teacher* and *Friend* had been crucified in this very city not a month and a half earlier. The followers of Jesus remembered that He had promised to send them a Comforter, so they followed Jesus' instructions and did NOT leave Jerusalem.

"And being assembled together with them, He commanded them not to leave Jerusalem, but to wait for the Promise of the Father, which He'd said you have heard from me; for John truly was baptized with water but you shall be baptized in the Holy Spirit many days from now." (Acts 1:4-5)

As a small group these Galileans prayed "continually in the temple praising and blessing God" (Luke 24:53). The festival brought many pilgrims of the Hebrew religion from surrounding cities excited to meet friends and worship in the temple, the hub of their faith. This structure accommodates 210,00 people where they all gathered early on Pentecost morning. 120 disciples of Christ were already praying in Solomon's Porch (possibly too, the Court of the Women).

Suddenly the Holy Spirit *arrived!* Acts 2: 1-5 tells us that the miracle they were awaiting happened—in three parts which commanded their attention: a howling wind, a blazing fire and the miraculous utterance tongues.

- A **wind** of hurricane proportions which was heard, but not felt, showed that God was moving. The *ruah*, or 'breath' of God just showed up.
- The **fiery** mass soon followed and divided in small flames that danced in the air and rested on the heads of each one of the 120 followers. Was it a literal fire? Was it fire-like? Well, it *was* God—so it *was* uniquely divine!
- The explosion of **sound** came as the uneducated Galileans began speaking in more than a dozen known languages. None of them had learned but spoke as expert linguists. This is the first manifestation of "speaking in tongues."

When the ruckus subsided, Peter began to preach the "Good News" of Christ. He outlined the 1-2-3's of Christian salvation through Jesus Christ.

"Repent, and let everyone of you be baptized in the name of Jesus Christ for the remission of sins; and you will receive the gift of the Holy Spirit." (Acts 2:38)

Here Peter clearly laid out a solid foundation for incorporation into the Body of Christ:

- Be born again through faith in Jesus Christ.
- Be baptized with water.
- Receive baptism by the Holy Spirit (spiritual gifts).

Each step is a vital objective and the Holy Spirit is very much involved in each step. As a whole they make up the essentials for serving the Lord: salvation, sanctification and equipped for service.

Prayer to the Holy Spirit

Come, Holy Spirit,
Fill the hearts of your faithful.
And kindle in us, the fire of your love.
Send forth your Spirit,
That we might be created.
And you shall renew the face of the earth.

Lord, by the light of the Holy Spirit you
Have taught the hearts of your faithful.
Grant that by the same Holy Spirit,
We may be truly wise, and
Ever enjoy your consolation.
We ask this through Christ our Lord, Amen.



SUBMITTED BY S. BURGESSON



Church Family and Friends,
Every year for the last six years, I have looked forward to a mission trip to Mississippi to work with other volunteers from the Santa Barbara District during the spring. This year is no exception. I will be in Mississippi from May 6th through May 13, working to help people rebuild their homes and ultimately their lives after the natural disasters of the past years.

I am not sure what type of work we will be doing, but I do know we will be making a difference. That means a lot to me. Sadly, this will be the last year going to the worksite—*Camp Love*—in Waveland, Mississippi, as the camp is closing.

I ask that you keep us in your prayers, as you all will be in mine. While I am away be to sure give a warm welcome to our special guest speakers and their families. May 6th, former pastor Rev. Ehrhardt Lang and his wife Cheryl will be with us. Then on May 13th, my good friend, colleague (and best man at our wedding), Rev. Dr. Lew Fry will visit with his wife Mary. I know you will make them feel at home.

God bless you & keep you, Pastor David M. Burgeson

UMC of AG FORMER PASTOR HAS WRITTEN A BOOK

You may have heard that Rev. Ehrhardt Lang, a former pastor at our First UMC of AG, has completed writing a book regarding his childhood years in Japan. The title of the book is: *"A Child In Japan During World War 2 --- Memories of a German Missionary's Son."*

It is a memoir of faith and family during difficult years, concluding with Rev. Lang's reflections on becoming a US citizen in 1959. You may request a copy through the church office or by calling Rev. Lang direct at (805) 733-2300. The non-profit cost is \$15.



New Keys

The colors are back but this time keys are attached. In April, the church building was re-keyed for better security purposes. There are now 4 different keys available for the 4 different parts of the church. If you have a responsibility to fulfill in one of these church areas, you may check out your key through the church office. The **RED** Key is for the church sanctuary and related rooms. The **GREEN** Key is for the Criswell Hall and related rooms. The **BLUE** Key is for the McMillen Room and associated classrooms. The Children's Center has their own set of keys.



Monthly Budget

\$23,295.

Received

\$ 21, 159. (as of 4/22)

Difference

\$ 2,136.—we can do it!



Church Office: (805) 481-2692

E-mail: fumcag@scbglobal.net

Senior Pastor:

Rev. David M. Burgeson

Missionary (retired): Judy Atwood

Office Administrator: Sarah Burgeson

Bookkeeper: Victoria Gandy

Website Manager: Jamie Foster

Chancel Choir Director: Julie Burns

Praise Team Director: Susan Coho

Organist: Don McGuire

Choral Pianist: Dennis Eiler

Multi-Media Director: Mike Coho

Puppet People, Chair: Mike Herber

Handbell Choir Dir.: Leonard Lutz

Christian Education:

Susan Coho, *Adult*

Mike & Linda Herber, *Youth*

Victoria Gandy, *Children*

Bishop: Mary Ann Swenson

District Superintendent:

Rev.. Cathleen Coots

AG UM Children's Center

Director: Madrigal Quagliano

E-mail: agumcc@sbcglobal.net

Office: (805) 481-2223



Chair: Heidi Carpentier

Members At Large:

David Beaman , Pastor David Burgeson, Sarah Burgeson, Susan Coho, Betty Johnson & Jerry Smith.

Layout Editor:

Sarah Burgeson

Proof Readers:

David Beaman & Betty Johnson

Other contributors:

Gary Hughes, *photos*

Val McClure, *varied items*

Team & Committee chairs

Deadline: 10th of each month

PLEASE NOTE: *Layout Editor reserves the right to cut and edit articles to meet space limitations.*



AG UM CHILDREN'S CENTER WORK DAY

Thank you to everyone who came to help at our work day on March 31. It was a lot of fun! Together we were able to repair the lawn, tend to the garden, find a few butterfly chrysalises, some lost toys, as well as, paint the toddler room/nursery's bathroom.



ATTENDANCE



Sunday	8:30 AM	10:30 AM	Nursery	Kids/Youth	Teachers	TOTAL
April 1	41	124	2	8/7	6	188
Easter Sunday	47	196	6	14/6	6	275
April 15	23	136	2	6/6	5	178
AG UM Children's Center Sunday	42	179	10	14/5	6	256
April 29	NO INFORMATION AT TIME OF PUBLICATION					

Children's Church

8:30 & 10:30 AM

ALL elementary kids meet in the Sanctuary at the beginning of worship and sit on the front pews and are dismissed (with teachers) to room 211 after our **Children's Moment**.



SUNDAYS - 9:45 AM

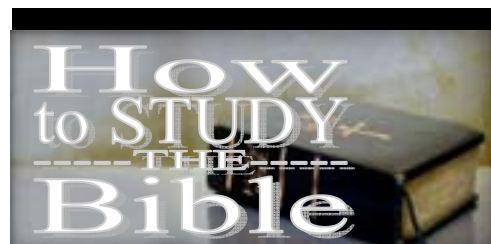
Pastor David gives us a message—this group will take it a little further. Come join us in the McMillen Room.

youth group SCHEDULE

SUNDAYS - 10:30 AM

WEDNESDAYS - 7 PM

Join these 6th-12th grade young people and dive into the life of a teen living for Christ (room 215).



SUNDAYS - 6 PM

Join us in the McMillen room and learn different ways to see (and hear) God's Word.



MONDAYS - 7 PM

All men seeking God's will for their lives are welcome to join us in room 215.

We are working through a study on the book of Amos.



MONDAYS - 7 PM

The Women of Prayer meet in the Sanctuary, seeking the will of God for this church, our families, our community, and the world. Join us...

RAIN or SHINE.



• ADULTS - 6 PM

• KIDS NIGHT OUT - 6 PM

• YOUTH - 7 PM

Our church meets every week to study the Word of God. This is another way that we as a whole church can study together. Join us for the month of May as we learn to "Share Jesus Without Fear."

Be sure to join us at 5 PM for a FREE fellowship dinner before we start our night's activities.



WEDNESDAYS—9 AM

Join us every week as we clean-up the house of the Lord. Come and contribute as you are able.



THURSDAYS - 10 AM

The prayers are lifted up each week by our **Intercessory Prayer Group**. These prayer warriors meet and pray for our church, community and ANY spoken or unspoken requests given to our church. **Come pray with us!**



THURSDAYS - 5 PM

—RAIN OR SHINE—

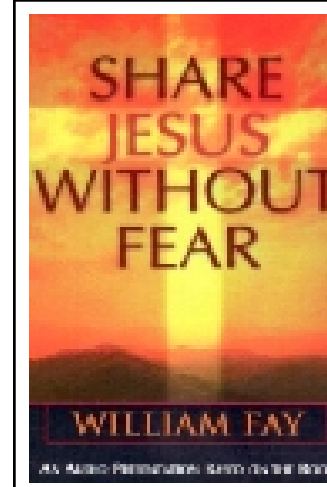
Come to the Sanctuary and read the Bible **out loud**. Be a part of this time to bless the Lord and speak His Word which never returns void.



FRIDAYS — 8:30 AM

Meet weekly in the Library and join us for the Bible and fresh Brew...goodies too!

STUDY IS OPEN TO EVERYONE!



SHARE JESUS WITHOUT FEAR - A Four Week Study

- Do you ever feel prompted to share your faith, but don't?
- Do you shy away from discussing the bible with non believers?

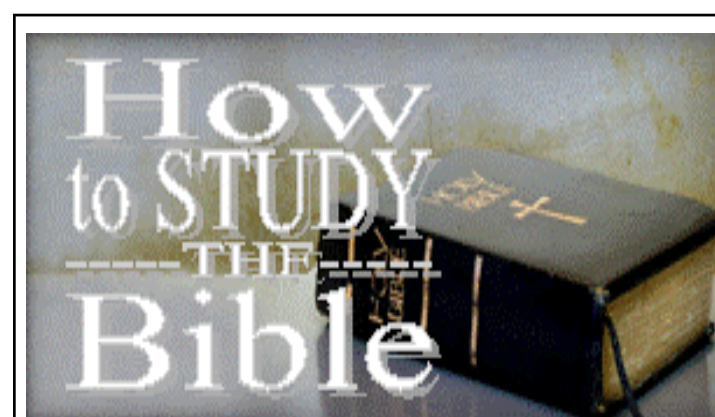
Come learn how to share your faith by using some simple, practical tools and participating in the class practice sessions. You will become better equipped to comfortably and effectively share your faith in Jesus Christ with others.

This study begins **Wednesday, May 2nd, at 6 PM** in McMillen Room. **Susan Coho (Adult Christian Education Director)** will be teaching this class.



GROW IN CHRIST

Wednesday, May 2	6:00 PM	Wednesday Study— <i>Sharing Jesus Without Fear</i>
Sunday, May 6	8:30 AM & 10:30 AM	Worship Services
	9:45 AM	Sermon Disciples Discussion Group
	6 PM	How To Study the Bible
Wednesday, May 9	6:00 PM	Wednesday Study— <i>Sharing Jesus Without Fear</i>
Sunday, May 13	8:30 AM & 10:30 AM	Worship Services
	9:45 AM	Sermon Disciples Discussion Group
	6 PM	How To Study the Bible - final study - will resume again in June.
Wednesday, May 16	6:00 PM	Wednesday Study— <i>Sharing Jesus Without Fear</i>
Sunday, May 20	8:30 AM & 10:30 AM	Worship Services
	9:45 AM	Sermon Disciples Discussion Group
Wednesday, May 23	6:00 PM	Wednesday Study— <i>Sharing Jesus Without Fear</i>
Sunday, May 27	8:30 AM & 10:30 AM	Worship Services
	9:45 AM	Sermon Disciples Discussion Group
Wednesday, May 30	6:00 PM	Overview of 2012 General Conference—Judy Atwood



SUNDAYS—6 PM

McMILLEN ROOM—LED BY MIKE HERBER
This class is a great way to look at the Bible with fresh eyes. Beginning in Genesis, we will read the Bible from start to finish and discuss the history and truth that is God's Word. Final class of part 3 will be on May 13. We will meet again in June. Please stay tuned for new additions from our Christian Education and more ways to grow in Christ.

UNITED METHODIST **★ EXTRA! EXTRA! ★**
MEN Men's News

*Helping men to grow in Christ,
 so others can know Christ.*

UMM TO HAVE BUSY MAY-JUNE SCHEDULE

The Annual UMM Work Party has been scheduled for Saturday, May 12th at Camp Arroyo Grande, from 8:30am until 1:30 pm. The group will meet in the Dining Hall at 8:30 for coffee and doughnuts and then disperse to work projects. The past has seen the team painting, weed whacking, cutting wood, spreading bark and general maintenance. The participants are encouraged to wear work clothes and stout shoes, and for those wishing to paint, bring brushes and rags. A hamburger lunch will be served at 12:30 PM. For further information see Val McClure.

TACO SALAD BUFFET—Sunday, May 20th

Create your own salad bowl at this buffet style meal from 11:45 AM— 1 PM. Those men that have worked on the Pancake Breakfast are asked to volunteer to help cook for the event. The crispy Taco shells can be filled with Hamburger, Onions, Lettuce, Cheese, Olives, Salsa, and Sour Cream. The meal will include Spanish Rice and Re-Fried Beans. A Coca Cola or a glass of lemonade is included with the meal. A piece of cake will be offered for dessert.

Many volunteers are needed to help with the preparation. Please see or call Tom Egan to sign-up. Tickets will go on sale May 1st or can be purchased at the door—\$7 Adults and \$4 kids under 10.

ANNUAL CARL KLIESCH GOLF TOURNAMENT is scheduled for June 9th at 8 AM at the *Monarch Golf Club*. Play will be on the par 3, twelve-hole Challenge Course at 1606 Trilogy Parkway, Nipomo. The 4 person scramble will take Check-Ins from 8—8:30 AM with a 9 AM Shotgun Start. This Tournament is open to all men and women golfers. Lunch will be immediately after the final round in the *Butterfly Grill* at the beautiful Monarch Golf Course. The cost this year will be \$47 (the same as last year) which includes Range Balls, Green Fees (with Cart), Lunch and Prizes.

Lunch only will be available at \$15 for those who do not play golf. To sign-up or for further information see or call Bud Johnson and watch the June CAST-A-NET for final information.

Val McClure, UMM Publicity

IRON SHARPENS IRON

"...so one man sharpens another."
 Proverbs 27:17



mark your calendar

UMM SCHEDULE 2012

- **Saturday, May 12th**
AG Methodist Camp Work Day (lunch included)
- **Sunday, May 20th**
UMM Taco Salad Buffet 11:45 AM – 1 PM
- **Saturday, June 9th**
Annual Carl Kliesch Golf Tournament- 8 AM
- **Saturday, June 16th**
Annual UMM BBQ noon—3 PM
(location to be determined)

GOD
 LOVETH A

CHEERFUL
GIVER.
 2 CORINTHIANS 9:7

Residents Stir Up Recipe For a Rich, Happy Life

From a cookbook created by residents of a senior living community in DeKalb, Illinois.

Life's Recipe

- 1 part Good thoughts
- 1 part Kind deeds
- 1 part Consideration
- 2 part Self-sacrifice
- 3 part Forgiveness
- 3 parts Well-beater faults

Mix ingredients thoroughly. Add tears of joy, sorrow and sympathy for others. Flavor with little's of love. Fold in 4 cups of prayer and faith. Pour into daily life and bake well with the heat of human kindness. Serve with a smile.

Thank you to Peg Gallop for this item.

JOIN US FOR A
FELLOWSHIP DINNER
FREE!
 5 PM - Wednesdays - Criswell Hall

WEDNESDAY NIGHT FELLOWSHIP DINNER

This program has been a wonderful and successful outreach for our church family and friends—it began with a few people with hearts for the kids and their families adding a *Kids Night Out* ministry at the same time as our Wednesday Bible Study for Adults. The thought was, if we can provide dinner it may make it easier for families and friends to come eat then go to study knowing that all are fed and the kids taken care of. We are blessed with the few volunteers who faithfully help bring food and serve our guests. **HOWEVER, we need help!**

It is a lot of work to put together these weekly meals; it is NOT FREE to provide a "free meal". This weekly outreach is part of the mission of our church to serve God by serving His people. A well rounded meal gives us the opportunity to remove obstacles that keep Jesus' sheep from being fed in Bible Study.

How can you help you ask? You can provide ingredients for meals; help with cooking meal; the set-up and clean up is always needed, as are monies to purchase plates, forks, napkins, etc. If a few people get a team together, your group could sponsor one Wednesday a year. Four groups equals ONE month of meals. God is good and he always provides!

Please prayerfully consider helping with this ministry. See Sarah Burgeson, Victoria Gandy or Judy Atwood to find out what you can do to help this outreach continue.

*Please indicate **Wednesday Night Dinner** on FOOD & MONIES donated—we thank you!*



Library News - This Just In...

We now have Beverly Lewis' new book, *The Fiddler* and the latest from Nicholas Sparks, *The Lucky One*.

Don't forget our selection of DVDs
 Come in, have a look.

Charles & Betty Ashton - Two Premier Volunteers In Our Congregation

This couple lives a devoted life of service to fill the food needs of *The People's Kitchen* meals program for all the many needy persons in our local Five Cities Area who are struggling in this time of high unemployment and a slow economy. It is enlightening to know 18 area churches and groups are committed to provide meals 365 days per year.



at one time in the multiple ovens in the church kitchen on the morning of the Serving Day. Then at 11:30 all the food is transported to serve from noon to 1:00 PM at the serving site.

Betty plays an important role creating and preparing an ap-

pealing variety of salads, favors, desserts, fruit dishes and complementary side dishes to make the meal experience more like home and more enjoyable for the diners. At Christmastime they presented over 300 gifts wrapped by the volunteers to the adult and children clients.

Chuck and Betty show their genuine enthusiasm as they describe the structured operational plans they have developed that assure the success of every meal service date our church is responsible to provide twice per month at the serving site at *Shouts of Grace Church* in Grover Beach. Many other members of our congregation volunteer to serve meals, make "home made casseroles", pack "take with" sack lunches, assemble desserts, distribute new socks, hand out toiletries and join in conversation with the guest diners. They cover all the 20 to 30 positions using an extensive list of volunteers to fill in for regulars who travel or have other obligations from time to time.

Chuck and Betty lived a career working in the family owned super market in South Gate, Ca. so planning, procurement, preparation, scheduling, menu variety and organizing are not unfamiliar for them. Their ability to run an extremely efficient operation has also attracted eager volunteers from other sources and congregations to work alongside our AGUMC church members. When they assumed leadership of the *AGUMC People's Kitchen program* 2 years ago they were serving 40 persons per meal, and now average nearly 120 per meal. It requires 18 very large casseroles to be prepared to feed "everyone who shows up" on any given serving day. Wednesdays are Prep Day for Thursday Serving Day and Chuck and Betty have on hand all the necessary variety of ingredients, much of it obtained from the SLO County Food Bank, to assemble Chicken, Beef, Pork and Tuna casseroles. They use our available refrigeration facilities, plus a large freezer donated by a very generous church member, to store the assembled food until time to bake all 18 large pans

Contributions from the public are essential to sustain *The People's Kitchen* program plus all the innovative supplemental features that Chuck and Betty have created. Giving out new socks (4633 pairs over last 2 years) and used, clean clothing to the clients is an example of a very appropriate and simple gesture that addresses needs all the clients have. Every Sunday is an opportunity for our congregation members to sign up as volunteers, donate bundles of new socks, toiletries or clean used clothing, deliver cash or check contributions, sign up for delivery of a home made casserole or to have Chuck and Betty talk with you about the rewards they have enjoyed serving those less fortunate who regularly express their appreciation for having access to life essentials when they are struggling with all the issues of having no job or the loss of their home. Chuck and Betty face all the issues "head on" with a confidence that is so impressive, you cannot help but want to join in and be part of helping those in need in our community.

by David Beaman
photo provided by Ashtons

Thank you!

We want to thank everyone who sent cards, flowers, the cake and gave us so many well wishes for our 50th Anniversary.

Thank you so much!
Chuck and Betty



United
Methodist
Women
FAITH · HOPE · LOVE IN ACTION

"I now remind you to stir into flame the gift of God which is within you." 2 Timothy 1:6

"The organized unit of United Methodist Women shall be a community of women whose Purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church."



You are invited to join the Arroyo Grande United Methodist Women for a
Spiritual Retreat with Veda Ward

**3.5.7.9 ~ A Contemporary Framework
for Lifelong Spiritual Development**

Saturday, May 26, 2012 from 9:30 a.m. – 2:00 p.m.

Veda Ward is the Social Action Coordinator for the Santa Barbara District UMW

This one-day retreat will be at the home of Sally Weitkamp

(car pooling is encouraged—maps & other details available through the church office)

Your \$5 registration fee includes lunch—Please sign-up in Criswell Hall.



UMW Book Club

**The UMW book Club continues to explore
new and enlightening topics in our reading!**

In April we have learned about life in Malawi, a small country in northern Africa as well as how to produce electricity! *The Boy Who Harnessed the Wind* tells the story of a young boy determined to bring electricity and hope to his small village.

For May we will be reading "*The Latecomer, A Hmong Family Memoir*", the personal history of a family who escaped the war-torn

jungles of Laos for an overcrowded refugee camp in Thailand and finally reaches St. Paul, Minnesota. Kao Kalia Yang, the author, "turns her family's odyssey into a full adventure of survival in the face of adversity. It is a triumph of the human spirit."

The group will choose the books for the new year in May. If you would like to participate in choosing the new titles be sure to attend the meeting on May 24! They will take a break from meeting for June and July.

If you would like to become a member of this group please contact Patti Melsheimer for further information. We meet the fourth Thursday of each month at 4 p.m. in the McMillan room.

**Esther
Circle**

2nd Thursday of
each month at
12 PM in the
McMillen Room.

**JOY
Circle**

3rd Tuesday of
each month at
7 PM in home of
a member.

**Mary-
Martha
Circle**

4th Wednesday
of each month
at 9:30 AM in the
McMillen Room.

**WOW
Circle**

3rd Thursday of
each month at
7 PM in the
McMillen Room.
(Nov. -Feb. 6:30 PM)

Healthy Corner

submitted by Patti Melsheimer

Are You At Risk For COPD?

If you ...have shortness of breath while doing activities you used to be able to do; a chronic cough sometimes referred to as a smoker's cough; or you are over age 40 and currently smoke or used to smoke; or if you have worked or lived around chemicals or fumes; or have certain genetic conditions "...you could be at risk for COPD."

Chronic obstructive pulmonary disease (COPD) is a progressive lung disease that affects between 15 million and 30 million Americans and is the fourth leading cause of death in the United States. The annual direct and indirect medical costs related to COPD now exceed \$30 billion. "Chronic" means long term, "obstructive" means there is a blockage to airflow, and "pulmonary" refers to the lungs.

The prevalence of COPD is declining in men, many of whom have quit smoking over the past several decades. Its prevalence is increasing in women, reflecting the fact that more women began to smoke at about the same time many men began to quit. The lag time between when a person began to smoke and the development of COPD is 10 or more years.

To understand COPD, it helps to understand how the lungs work. The air that you breathe goes down your windpipe into tubes in your lungs called bronchial tubes or airways. The "airways" are the tubes that carry air in and out of the lungs through the nose and mouth. Healthy airways and air sacs in the lungs are elastic—they try to bounce back to their original shape after being stretched or filled with air, just the way a new rubber band or balloon does. This elastic qual-

ity helps retain the normal structure of the lung and helps to move the air quickly in and out. In people with COPD, the air sacs no longer bounce back to their original shape. The airways can also become swollen or thicker than normal, and mucus production might increase. The floppy airways are blocked, or obstructed, making it even harder to get air out of the lungs.

COPD develops slowly, and can worsen over time. If you feel you may be at risk for COPD there are things that you can do. Get a simple breathing test, also known as *spirometry*. If you smoke, quit! Try to avoid exposure to pollutants. Visit your doctor or health care provider on a regular basis even when you feel fine. Take precautions against seasonal flu by avoiding crowds, remembering to wash and sanitize your hands, and be sure to get a flu shot each year. Also take precautions to avoid the H1N1 flu by getting that flu vaccine.

If you have COPD, be sure to take your medications as directed by your doctor and consider enrolling in a pulmonary rehabilitation program. There is no cure for COPD, but what was once deemed to be a disease with a hopeless prognosis is now known to be very treatable. Early diagnosis and treatment can enable people with COPD to take charge of their breathing and regain control of their lives. Common treatment goals include becoming more active, decreasing shortness of breath, a lowering of anxiety and depression, and an improved quality of life.

For more information,
visit: COPD.nhlbi.nih.gov



☆ **Children's Center Sunday** was a blast! Our Sunday School kids sang with the children from the Children's Center—the kids did a little ditty to the song: "Dig Down Deep." It is always fun to see what the AG UM Children's Center is up to! (learn about them in the Children's Center Chronicle insert)

☆ **Babylon: Daniels Courage in Captivity. 2012 VBS—** June 18-22 from 6 —8 PM with a FREE dinner at 5 PM. Mike Herber will be teaching the Adult Tribe. Praise God, we will also have a pre-school tribe this year for the kids under 5. So mark your calendars! **This is a multi-generational event!!** Contact Victoria Gandy or Sarah Burgeson with any questions.

☆ Our kids are taking the Pastor's challenge to collect **Cleaning Buckets** for UMCOR—we will report our progress in the next issues.

▪ **Then we ready ourselves for Camp in the summer!**
Visit: Calpaccamps.org.

Victoria Gandy, *Children's Ministries*



Report from April 2012

- Daniel Stewart, from Boy Scout Troup 413, showed the Trustees the drawing for the cover over the sand box located in the court yard and laid out his time schedule for the project. The Trustees gave him their full support.
- The Parsonage Fund is minus \$50,000 that is being used to do our major rework. That said, it still stands at \$126,000.
- The roof is proceeding nicely; The re-keying will start on the 14th of April; the tenting for termites will take place in August.
- Mr. Peter Paredes, a tree specialist, has looked at our tree in the back by the two sheds and said it is dying due to bugs and a disease. It therefore must go. Thank you Peter for your help.
- As you know by now, the new tables are in the House. A caddy to move them about should be delivered shortly. When folding them up to put away, please do not roll them. Get some help and carry them to their destination. When the caddy arrives, you can roll them into the caddy.
- The Board was unanimous in their decision to keep the rectangular tables. We have so many groups that use our facility and need rectangular tables. So to all of you that wanted one, I'm sorry.
- Some years ago the Board was very adamant about taping posters to walls, doors, windows, etc. They are to be placed on cork boards only. Thank you for your help in this matter.
- Saturday April 7, Maddy called for a work day in the Children's Center. The attendance and accomplishments pleased Maddy very much.
- During that work day I met a young lady painting in the children's bathroom. She painted a mural on the wall that is sure to please the children. During our conversation I discovered that she is indeed an artist. I then asked if she would be interested in doing a project for the Church. We then went outside and stood in front of the McMillen/classroom building. In the large white area between the window and the end of the building, near the iron gate, I asked if she could paint the flame and cross in that area? She said yes. She will work this into her schedule and let us know. The House of the Lord just gets more beautiful each day. Did I hear someone say Amen?

Bless YOU all! — Tom Egan, *Trustee Chair*

FIVE CITIES CHRISTIAN WOMEN MEET—MAY 14TH

May 14th—we will have special guest entertainment—the children from the **Arroyo Grande United Methodist Children's Center** will entertain us in Criswell Hall. Come at noon for a pot-luck and stay for the program. There will be a business meeting following the performance which you are welcome to attend.

In March, we served 690 families consisting of 1,602 adults, 955 children—for a total of 2,557 people. We can use donations of cereal, tuna, Top Ramen, and soup. Items can be put in the basket in the church Narthex.



The **UMC of AG People's Kitchen Team** serves hot meals to the needy in our

community at the *Shouts of Grace Church* in Grover Beach on the 1st & 3rd Thursday of each month. The team leaves 11:30 AM from UMC of AG with hearts for service.

MEALS SERVED

- APRIL 2012: 316
- 2012 YTD: 1,199

Socks Distributed

- APRIL 2012: 304
- TOTAL to date: 4,937**

Got Donations? Wanna Serve?

Contact the Ashtons or the church office.

News from the Mission Team formerly Yellow Umbrella

MISSION HIGHLIGHT: JUDY ATWOOD

This month I want to celebrate God's Steadfast Love with a visit from John Elmore, UM Missionary in Chile. He will be here to visit with us on Wednesday evening June 6th. Also check the tracking special giving in 2012 to see where we are being in mission with those in need. Check out the new totals.

GOD'S STEADFAST LOVE

John H. Elmore is a missionary with the General Board of Global Ministries of The United Methodist Church assigned to the United Methodist Church of Chile as Mission Volunteer Coordinator.

Living in Iquique, Chile, with his wife Maria Cristina Hurtado, John's responsibilities for the last nine years have been coordination of work teams and construction projects in the northern part of the country. Cristina teaches English at the Iquique English College in Iquique.

Previously a self-employed carpenter in Alabama, Mr. Elmore responded to God's call to mission service in 1995 and served as a Volunteer in Mission in the Dominican Republic where he was instrumental in constructing a hospital/clinic. Following completion of the hospital, he served for 2 ½ years in Chile as a construction and work team coordinator.

"During my 11 years in mission, God has taught me much. He has lead me down paths of humiliation, helped me to feel the bitter cold of despair and yet the exhilaration of hope, and has shown me that only through him we can find TRUTH. When I tell people about what I do in Chile I say that I don't think God called me because I am a carpenter. There are many more skilled craftsmen than I in Chile. His reason for calling me is still unknown and probably will remain so. I always thought it had something to do with my skills. Lately I believe he just wants me to be obedient. I think all he wants is for me to love him and let myself be available for whatever comes up in His name."

More Exploration

General Conference is here – April 24-May4. Ask, pray, seek and listen. Friends, our prayers are needed for this General Conference. There is more potential for significant change to occur this year than at any other time since 1968. We need God's wisdom promised in James 1:2-5. We pray because Jesus promised that if we ask, seek and knock, we will receive an answer and the doors will open. As we ask, pray, seek and listen, I believe God will act and The United Methodist Church will be transformed. You can follow the conference at umc.org and then click on the General Conference link.

If you are interested in working with the Mission Team, please let me know. We will have you join us at our meetings.

THANKS FOR SPECIAL GIVING AND MINISTRY RESPONSES.

*LET US COUNT THE WAYS WHERE YOU ARE PLUGGED INTO MISSION AND MINISTRY OF THE UNITED METHODIST CHURCH.
I CELEBRATE YOU!!!*

Many hands can do many things!



Here are the first three month's totals for 2012. Thank you for being faithful.

Five Cities Christian Women	50.00
Human Relations Day	211.00
Mission Team	100.00
One Great Hour of Sharing	616.00
People's Kitchen	718.00
So. County Food Bank	336.24
UMCOR	50.00

2012 Giving Total To Date 2018.84



MEET DENNIS EILER by Val McClure



Some say that "the Lord works in mysterious ways." This may be the case with the magic fingers of Dennis Eiler on the piano. Just before Easter in 2010, Dennis seemed to come out of the blue filling the much needed spot of piano master and accompanist for the Chancel Choir. It all wasn't happenstance.

Julie Burns, our esteemed Choir Director, was quite concerned that we had no one to play for the Easter Services. While on a visit to purchase sheet music at the Owens Music Company in San Luis Obispo, she was waited on by a personable sales clerk by the name of Dennis Eiler. He not only seemed knowledgeable about music, he was also offering piano lessons through the music company. By Julie's second visit she mentioned the opening for an accompanist and Dennis seemed interested. He was invited to a Wednesday night choir rehearsal, but never showed. Something moved Julie to pursue the invitation for a third time. He came and the rest is history.

Dennis was born in Detroit, Michigan. He became interested in piano when his mother bought a piano for his brother who started lessons. Dennis started playing when he was in the 1st grade. At age 9 the family headed for California on old route 66 and ended up in Santa Maria. By this time Dennis was quite proficient in piano and played for Righetti High School music productions such as "Oklahoma." He also played for PCPA Theater music productions during the time they used live bands instead of the current recorded music.

He enjoyed playing in the "Mountain Rush Country Band" and "Sunny Country Radio Band." In spite of his busy music interest he managed to get married and produce two daughters, Jenny and Connie. They both live in Washington State and play brass instruments. During that time he had many other jobs including Manager of *Thrifty Drug Store*, Sales Manager of *Roemer Hardware*, and his current job with *Orchard Supply Hardware* in Pismo Beach.

He is now practicing the single life, living in Old Orcutt and taking home choir music to practice on his own piano. He likes biking, but feels he has little time at this point in his life to indulge in the sport. He really enjoys the people of AGFUMC and filling his current position on the church staff.

A Director' Note

Wow, here we are in May! I hope everyone had a very blessed Easter. The choir enjoyed the Lenten & Easter seasons as we were able to sing some older familiar songs and some challenging new songs as well.

What a blessing it was to sing with the Presbyterian church in February. They were very welcoming to us at their church, and I thank each member of our staff and congregation who welcomed them to our church. So exhilarating singing praises to God with a large choir. It allows us to do larger, more difficult pieces. We look forward to doing more activities in the future.

On Sunday, May 6th at 4 PM the choir will be participating in the annual Methodist Cluster Choir Festival. This year we will travel to Trinity Methodist Church in Los Osos under the organization of Barbara Hoff. Each of the participating churches will sing a solo song, and then collectively we will perform 2 combined numbers. Very exciting!!

June 3rd will be our last week in the loft before summer break begins. The choir will sing some of their favorite songs from the past year.

I am starting to fill the calendar for special summer music. If you would like to sing a solo, if you play an instrument or have a small group who would like to sing or play, please contact me and we will find a Sunday for you to share your talents with us.

Stay tuned for more activities!

Have a fantastic May,
Julie Burns
chancel choir director





UNITED METHODIST WOMEN
of Arroyo Grande
*** * * INTERVIEWS * * ***

Seven of our Arroyo Grande United Methodist Women have given of their time, writing thoughts about "What UMW Means to Me." As a result of their writing, the following information will give you an opportunity to better know the 'ins and outs' of how a UMW Unit "works."

We open with information from a member who at present is "serving as the Secretary to the Santa Barbara District UMW." This activity helps Patti Melsheimer get a better picture of the UMW at a wide level, by training officers of the local units and supporting individual units to help them with understanding the purpose of UMW and functioning successfully. Patti's written message: "Hopefully we learn about the efforts of the UMW to provide support and hope to women and children at home and throughout our world. I think this is the unique part, of being part of UMW. Most of us have other opportunities within our church's structure, to develop our faith and friendships, but this is the place where we learn about how we reach out to women and children."

The newly published annual Arroyo Grande UMW Yearbook lists 68 members for 2012. There are 3 "Circle Groups" that meet monthly, two of them are for daytime members and one meets in the evening. Another group is the "Sew 'n' Sews" meeting weekly, in the daytime. Also, the W*O*W Group meets monthly, in the evening.

ESTHER CIRCLE

Meets on the 2nd Thursday of the month, at noon. "Bring a lunch," into the church McMillen Room. Chairperson Vel Lowry leads this Circle. Over the years she has happily been the Esther Circle Leader 4 times! Their meeting includes a Blessing before lunch, a "take turns" Devotion, a Program, then a time for business items. This group has been recognized as a Local Helper: A few years ago they learned that some of the Children at Oceano School, in Arroyo Grande, were in great need of financial help. After a visit to talk with this school's Principal, Esther Circle started raising money to provide funds for the needy children, by way of the Principal. Then, a few years later, our other two Circles joined in this local project, now continuing each year. Vel's comment: "We enjoy being together."

JOY CIRCLE

Meets in a member's home, on the 3rd Tuesday of each month, at 7 p.m. Chairperson Lucy Jacob writes that they start with everyone reciting the UMW Purpose, then prayers for those in need are given. Devotions are presented by another member. At each meeting, a leader will open discussion on a chapter from their yearly-selected book. During time of the business report, the Sunshine Helping Others project and the Treasury information are announced, as well as a Steering Committee Report. "We also participate in UMW functions of the church as a whole," Lucy writes, closing her interview with thoughts of the experience UMW has given her: "Rapport with other wonderful women... and spiritual growth."

MARY-MARTHA

Meets on the 4th Wednesday of each month at 9:30 a.m. in the church McMillen Room. CIRCLE Chairperson Eva McClure became a more active member after retiring, and her writing tells us that she "likes the purpose and goals of the organization and the chance to meet and to know women of the Church." This Circle "actively pledges and supports any fund-raising project to help meet the financial goals of UMW." They "pray for and help support members going through difficult times and choose a study book and build programs around that topic, based on Bible studies, spiritual growth, social concerns and educational topics." Invitation: "We have a period of coffee and socialization," writes Eva, "Our group is open to welcome new members."

UMW STEERING COMMITTEE

Each Circle Group has a representative on the Steering Committee, led by Chairperson Sally Weitkamp. This committee meets monthly and helps the organization remain focused on the PURPOSE and MISSION of United Methodist Women, knowing that this focus has always been the sharing of God's love with one another and the faithful support of the global ministries of the Methodist Church as they relate to women and children in need. Patti Melsheimer, past Steering Committee Chairperson, gives us a look into our own UMW : It is "to draw the various groups together, enhancing communication between them, coordinating activities and sharing ideas and National UMW program/study possibilities."





SEW 'n' SEWS

Meets every Tuesday, from 9 a.m. to 12 Noon.....in the church McMillen Room. Helen Gugeler learned about United Methodist Women because her Mother was a longtime member, and now that Helen's found out that she's also a member of UMW, she enjoys being of service with quilting projects. She has written: "We are able to help people that have had quilt tops in the family that were never completed for a generation or two. We also can help when people have questions about how to repair, or who need a little guidance with quilt related efforts. This weekly work-time is unstructured because we are service oriented and not a study group. I think it is great we're accepted as members of UMW and are included in UMW activities." This Group is welcoming newbies into their Sew 'n' Sews Group!

W*O*W

Meets on the 3rd Thursday of each month, at 7 p.m. in the church McMillen Room. Women of Worth (WOW) Co-leaders, Sarah Burgeson and Linda Herber, announced that they will be having some new and exciting changes for the group. Each meeting has a time of praise, a devotion, a focus for the Bible Study, and then ends in a time of prayer and healing. A themed scripture will guide the study each month. It is our prayer that in this time of reading God's Word, in addition to the time of praise and prayer, we will be better Christian women who are fully equipped to serve Christ where He calls.

Past District Officer, Eva McClure, closes our Interviews, with this message:
"There is a 'World of Like-Minded Women' who care about the less fortunate women and children of the world and yet also care for the physical and spiritual well-being of those in their own church community."

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
UMC GENERAL CONFERENCE 2012 CONTINUES THROUGH MAY 4 IN FLORIDA						
<p>2</p> <p>6 COMMUNION SUNDAY Coffee Hour - ELT Scholarship Committee ** Children's' Sunday School at both services. 8:30 AM Contemporary Service 9:45 AM "Dig Deeper" Disciples 10:30 AM Traditional Service 10:30 AM Children's Church (MMR) 10:30 AM Youth Group (215) 11:45 AM Christian Ed. Team (MMR) 4 PM Choir Cluster at Trinity UMC in Los Osos 6 PM How To Study the Bible #3 (MMR)</p>	<p>7</p> <p>6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AlAnon (MMR) 7:30 PM AlaTeen (211)</p>	<p>1</p> <p>8:30 AM Senior Exercise (CH) 9 AM Sew 'n' Sews (MMR) 10:30 AM Communications Committee (L) 5 PM Grande Ringers 5:20—8:20 PM Christian Counseling for Ladies—call office for specific groups & times (211) 7 PM Trustees (MMR)</p>	<p>2</p> <p>8:30 AM Senior Exercise (CH) 9 AM Church Work Day 9 AM EOC Sr. Health Screening (N/L) 5 PM Free Fellowship Dinner (CH) 6 PM Kid's Night Out (CH) 6 PM Share Jesus Without Fear #1 with S. Coho (MMR) 7 PM Chancel Choir (S) 7 PM UM Youth Group (215)</p>	<p>3</p> <p>8:30 AM Senior Exercise (CH) 10 AM Intercessory Prayer (L) 11:30 AM People's Kitchen - leave to serve 2—3:30 PM Central Coast Homeschool Theater (CH) 5 PM Bible Read—Aloud (S) 5 PM Grande Ringers 7 PM Worship Team (MMR)</p>	<p>4</p> <p>AG UM CC Spirit Day - wear your shirts! 8:30 AM Bible Study (L) 3:30 PM AG UM CC Closed 4 PM AG UM CC Staff Development (MMR)</p>	<p>5</p> <p>12:30 PM The Adventures of Dr. Chess (211) 6:30 PM Praise Team Rehearsal</p>
<p>13</p> <p> Coffee Hour - Joy Circle ** Children's' Sunday School at both services. 8:30 AM Contemporary Service 9:45 AM "Dig Deeper" Disciples Group (MMR) 10:30 AM Traditional Service 10:30 AM Children's Church (MMR) 10:30 AM Youth Group (215) 6 PM How To Study the Bible #3 - final study until June (MMR)</p>	<p>14</p> <p>11:30 AM Children's Center Sunday Practice 12 PM Five Cities Christian Women Meeting (CH) 1 PM AG UM Children's Center Staff Appreciation Luncheon 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AlAnon (MMR) 7:30 PM AlaTeen (211)</p>	<p>15</p> <p>8:30 AM Senior Exercise (CH) 9 AM Sew 'n' Sews (MMR) 11:30 AM Children's Center Sunday Practice 2 PM Preschool Board - closed session (MMR) 3:30 PM Preschool Board - open session (MMR) 5 PM Grande Ringers 5:20—8:20 PM Christian Counseling for Ladies—call office for specific groups & times (211) 7 PM JOY Circle (at the home of a member)</p>	<p>16</p> <p>8:30 AM Senior Exercise (CH) 9 AM Church Work Day 11:30 AM Children's Center Sunday Practice 5 PM Free Fellowship Dinner (CH) 6 PM Kid's Night Out (CH) 6 PM Share Jesus Without Fear #3 with S. Coho (MMR) 7 PM Chancel Choir (S) 7 PM UM Youth Group (215)</p>	<p>17</p> <p>8:30 AM Senior Exercise (CH) 10 AM Intercessory Prayer (L) 11:30 AM Children's Center Sunday Practice 11:30 AM People's Kitchen - leave to serve 2—3:30 PM Central Coast Homeschool Theater (CH) 5 PM Bible Read—Aloud (S) 5 PM Grande Ringers 7 PM Finance Committee 7 PM Women of Worth - WOW (MMR)</p>	<p>18</p> <p>8:30 AM Bible Study (L) 11:30 AM Children's Center Sunday Practice 12 PM Alzheimer's Support Group for Adult Children of Parents (MMR)</p>	<p>19</p> <p>12:30 PM The Adventures of Dr. Chess (211) 6:30 PM Praise Team Rehearsal</p>
<p>20</p> <p>UMM Taco Salad Buffet ** Children's' Sunday School at both services. 8:30 AM Contemporary Service 9:45 AM "Dig Deeper" Disciples Group (MMR) 10:30 AM Traditional Service 10:30 AM Children's Church (MMR) 10:30 AM Youth Group (215)</p>	<p>21</p> <p>6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AlAnon (MMR) 7:30 PM AlaTeen (211)</p>	<p>22</p> <p>8:30 AM Senior Exercise (CH) 9 AM Sew 'n' Sews (MMR) 5 PM Grande Ringers 5:20—8:20 PM Christian Counseling for Ladies—call office for specific groups & times (211)</p>	<p>23</p> <p>8:30 AM Senior Exercise (CH) 9 AM Church Work Day 9:30 AM Mary-Martha (CH) 5 PM Free Fellowship Dinner (CH) 6 PM Kid's Night Out (CH) 6 PM Share Jesus Without Fear #4 S. Coho (MMR) 7 PM Chancel Choir (S) 7 PM UM Youth Group (215)</p>	<p>24</p> <p>8:30 AM Senior Exercise (CH) 10 AM Intercessory Prayer (L) 2—3:30 PM Central Coast Homeschool Theater (CH) 2 PM Mission Team (MMR) 4 PM Book Club (MMR) 5 PM Bible Read—Aloud (S) 5 PM Grande Ringers</p>	<p>25</p> <p>8:30 AM Bible Study (L)</p>	<p>26</p> <p>9 AM UMW Spiritual Retreat for Women 12:30 PM The Adventures of Dr. Chess (211)</p>
<p>27</p> <p>** Children's' Sunday School at both services. 8:30 AM Contemporary Service 9:45 AM "Dig Deeper" Disciples Group (MMR) 10:30 AM Traditional Service 10:30 AM Children's Church (MMR) 10:30 AM Youth Group (215)</p>	<p>28 Office Closed</p> <p> 6 PM Debtors Anon (MMR) 7 PM Men's Bible Study (215) 7 PM Women of Prayer (S) 7:30 PM AlAnon (MMR) 7:30 PM AlaTeen (211)</p>	<p>29</p> <p>8:30 AM Senior Exercise (CH) 9 AM Sew 'n' Sews (MMR) 5 PM Grande Ringers 5:20—8:20 PM Christian Counseling for Ladies—call office for specific groups & times (211)</p>	<p>30</p> <p>8:30 AM Senior Exercise (CH) 9 AM Church Work Day 9:30 AM Children's Center Story time with Pastor (N) 5 PM Free Fellowship Dinner (CH) 6 PM Kid's Night Out (CH) 6 PM General Conference 2012—with Judy Atwood (MMR) 7 PM Chancel Choir (S) 7 PM UM Youth Group (215)</p>	<p>31</p> <p>8:30 AM Senior Exercise (CH) 9:30 AM Children's Center Story time with Pastor (N) 2—3:30 PM Central Coast Homeschool Theater (CH) 10 AM Intercessory Prayer (L) 5 PM Bible Read—Aloud (S) 5 PM Grande Ringers</p>		



Proverbs 31: A Portrait of a Godly Woman

For thousands of years, God-fearing women have looked to the noble, or virtuous (KJV), woman of Proverbs 31 as their ideal. Mary, the mother of Jesus Christ, probably had this role model of the virtuous woman in the forefront of her mind from earliest childhood. Most Jewish women did, for this poem was traditionally recited in the Jewish home every week on the eve of the Sabbath.

But what about today's woman? Of what value can this ancient poem be to the diverse, complex life-styles of women today? To the married, to the single, to the young, to the old, to those working outside the home or inside the home, to those women with children or without children? It is more relevant than you might at first expect — although it is also too good to be true.

When we examine this ancient biblical ideal of womanhood, we do not find the stereotyped housewife occupied with dirty dishes and laundry, her daily life dictated by the demands of her husband and her children. Nor do we find a hardened, overly ambitious career woman who leaves her family to fend for itself.

What we find is a strong, dignified, multitalented, caring woman who is an individual in her own right. This woman has money to invest, servants to look after and real estate to manage. She is her husband's partner, and she is completely trusted with the responsibility for their lands, property and goods.

She has the business skills to buy and sell in the market, along with the heartfelt sensitivity and compassion to care for and fulfill the needs of people who are less fortunate. Cheerfully and energetically she tackles the challenges each day brings. Her husband and children love and re-

spect her for her kind, generous and caring nature.

But with all her responsibilities, first and foremost, she [looks](#) to God. Her primary concern is God's will in her life. She is a woman after God's own heart. [Read Proverbs 31:10-31] What are the characteristics of this remarkable woman - a role model for Christian women still today.

Characteristics of this Godly Woman

Valuable, Trustworthy, Continually good, Industrious, Prudent, Diligent, Entrepreneurial, Strong, Attentive, Hard worker, Compassionate, Confident, Elegant, Admirable, Capitalist, Dignified, Wise, Watchful, Honored, Respected, Godly, Acclaimed.

Does this woman sound too good to be true? Perhaps she is. The woman described here is an *idealized woman*, a composite of many capable women. After all, not all people have the same skills. Some women's strengths are in music or art. Others may be in mathematics, teaching or business. Some are better managers and organizers than others. While some women may excel at coming up with ideas, others may be more skilled at creating or producing what has been invented by someone else. No one excels at everything.

Some women work for several years after high school or college before marrying. Others, for one reason or another, do not marry at all. Does this mean that unmarried women cannot be Proverbs 31 women? No. Although this chapter describes a married woman, marriage and motherhood are not prerequisites for the successful Christian female's life. The essential characteristics of the Proverbs 31 woman can be applied to the single woman, too.

Adapted for newsletter from article by S. Graham
(gci.org/bible/poetry/prov31)



- 9 ELT Committee
- 13 JOY Circle
- 20 UMM Taco Salad Buffet
- 27 Staff-Parish Relations

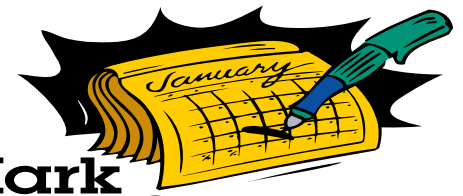
Changes need to be done within groups & reported to the office for publication. Thanks!



- Hilary Henderson 5/2
- Susan Coho 5/3
- Wil Cawelti 5/8
- Glen Hughes 5/9
- Marian Balster 5/11
- Jim David 5/11
- Bryan Trujillo 5/12
- Matt Regusci 5/12
- Heidi Carpentier 5/13
- Doris Douglas 5/16
- Mara Spalding 5/17
- Vinnie Paredes 5/18
- Charlie Sloan 5/18
- Mike Herber 5/20
- Raul V. Castillo 5/22
- Ann Williamson 5/22
- Paul Jacob 5/22
- Lesley Riley 5/23
- Mary Patterson 5/27
- Vel Lowry 5/29



Did we miss your birthday?
Contact our church office—Let us know!



Mark Your Calendar!

Date	Meeting/Event	Time
5/1	Communications	10:30 AM
5/1	Trustees	7 PM
5/3	People's Kitchen	11:30 AM
5/7	Worship Team (Red)	7 PM
5/4	AG UM CC Staff Development	4PM
5/5	Praise Team	6:30 PM
5/6	Christian Ed. Team	11:45 AM
5/6	Choir Cluster at Trinity UMC in Los Osos	4 PM
5/8	UMW Steering Com.	10 AM
5/10	Esther Circle	12 PM
5/14	Five Cities Christian Women Meeting	12 PM
5/14	AG UM Children's Center Staff Appreciation Luncheon	1 PM
5/15	Preschool Board	-----
	• Closed session	2 PM
	• Open session	3:30 PM
5/15	JOY Circle	7 PM
5/17	People's Kitchen	11:30 AM
5/17	Women of Worth	7 PM
5/23	Mary-Martha Circle	9:30 AM
5/24	Mission Team (Yellow)	2 PM
5/24	Book Club	4 PM
5/26	UMW Spiritual Retreat	9 AM
5/28	Memorial Day	closed
5/29	General Conference Overview	6 PM