## **Positive Discipline**

Would you like to feel more confident as a parent, caregiver, or teacher? Do you want to raise a child that is responsible, respectful, and resourceful? Do you want to learn practical methods for resolving challenging behaviors?

Answers to:

- "How to handle disruptions during meal times?"
- "How to end bed time struggles?"
- "How to solve problems without yelling or tears?"
- "How to tame temper tantrums?"
- "How to discipline my child without shame or blame?"
- "How to end morning and evening power struggles?"
- And many other day-to-day challenges...

THE SIX-WEEK POSITIVE DISCIPLINE SERIES IS BASED ON BEST SELLER BOOK "POSITIVE DISCIPLINE" BY AUTHOR DR. JAN NELSEN.

THE CLASSIC GUIDE TO HELP CHILDREN DEVELOP SELF-DISCIPLINE, RESPONSIBILITY, COOPERATION AND PROBLEM-SOLVING SKILLS.

The series will be lead by Maddy Quaglino and Rebecca Slocum; Certified Positive Discipline Educators

Call for more information at 481-2223 or email: agumcc @sbcglobal.net To read what parents have said about previous classes visit www.agumcc.com then

see "Positive Discipline".

**Dates:** 6 SESSIONS - *EVERY TUESDAY,* STARTING MARCH 1 THRU APRIL 5, 2016 **Time:** 6:00 - 8:00 pm.

Location: Arroyo Grande United Methodist Children's Center 275 N. Halcyon Rd., Arroyo Grande **Pre-Registration:** \$40.00 per person or \$70.00 a couple- Limited scholarships are available **Pre-Registration Deadline:** Friday, February 26, 2016 **Questions Call:** 481-2223 **On Site Registration:** \$60 per person or \$100 per couple - Includes Positive Discipline book and materials

**Cost of Childcare:** \$10.00 per night per child - prior reservation required

Please register me	for your upcoming <i>Positive Discipline</i> class!
Name:	Payment: \$ CH/Ck #
Address:	
City:	State/Zip:
Phone: ()	E-mail:
Childcare requested: yes or no Numl	ber of Child(ren) Age of child(ren)
Please return payment and form to:	AGUMCC
	275 N. Halcyon Rd. Arroyo Grande, CA 93420