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*Blessed is the  
Nation whose God  
is the Lord.*  
Psalms 33:12



**Senior Pastor:**  
Rev. David M. Burgeson

**Minister of Visitation:**  
Rev. J. Harold Headrick

**Ministers:**  
Members & Friends

**Office Admin./ Newsletter:**  
Sarah Gandy-Barber

**Bookkeeper:**  
Victoria Gandy

**Website Manager:**  
Jamie Foster

**Chancel Choir Director:**  
Julie Walters

**The Lord's Crew Director:**  
Susan Coho

**Organist:**  
Don McGuire

**Choral Pianist:**  
Dennis Eiler

**Puppet People:**  
Mike Herber

**Grande Ringers Handbell Dir.:**  
Leonard Lutz

**Adult Ministry Director:**  
Sandra Sawyer

**UM Youth Directors:**  
Mike & Linda Herber

**Children's' Ministry Director:**  
Carolyn Russell-Williams

**Christian Counseling Intern:**  
Carol Gandy

**Bishop:**  
Mary Ann Swenson

**District Superintendent:**  
Rev. Cathleen Coots

**AG UM Children's Center**  
agumcc@sbcglobal.net  
(805) 481-2223

**Director:** Madrigal Quagliano



The people of The United Methodist Church

# The First United Methodist Church of Arroyo Grande

# Cast~A~Net

## JULY 2010

"The kingdom of God is like a net that was cast into the sea" ~ Matthew 13:47  
Phone: 805-481-2692 Website: [WorshipWeekly.com](http://WorshipWeekly.com) Email: [FUMCAG@sbcglobal.net](mailto:FUMCAG@sbcglobal.net)



COME EXPLORE  
ANCIENT EGYPT...  
BEFORE IT WAS ANCIENT!  
THE ADVENTURE BEGINS SOON...  
SO STRAP ON YOUR SANDALS AND  
HEAD TO EGYPT!

**JULY 19-23**  
**6 PM-8 PM**

DINNER STARTS AT 5:30 PM

- PLAY HIGH ENERGY GAMES.
- CRAFT A SPECTACULAR SARCOPHAGUS.
- SQUISH MUD AND MAKE BRICKS.
- MEET JOSEPH, AND JOURNEY WITH HIM FROM PRISON TO THE PALACE.

JOIN US HERE AT UMC OF AG!

- ADULTS CAN TAKE THIS TRIP ALONG WITH PASTOR DAVID IN AN ADULT STUDY OF EGYPT.
- CHILDREN 5 AND UP WILL FOLLOW WITH THEIR EGYPTIAN FAMILY ON THIS TRIP. CHILDREN UNDER 5 WILL NEED TO HAVE A PARENT OR CHAPERONE FOLLOW THEM ON THEIR JOURNEY.

\$15 PER PERSON  
INCLUDES NIGHTLY MEALS

**DONATIONS NEEDED!**  
**SEE PAGE 13 FOR MORE DETAILS**

**I N T H I S  
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**Insert**  
*Children's Center Chronicle*

**Communications Committee:**

*(in alphabetical order)* Sarah Barber, David Beaman, Reverend David Burgeson, Heidi Carpentier, Betty Johnson, Virginia Mothes, and Jerry Smith.

**Chair:** David Beaman  
**Layout Editor:** Sarah Barber  
**Proof Readers:** David Beaman, Betty Johnson, and Virginia Mothes.

**Photo by:** Gary Hughes and varied members.

**Deadline:** 10th of each month  
 Layout Editor reserves the right to cut and edit articles to meet space limitations.

**To be removed from our mailing list or edit an address, call (805) 481-2692 or [fumcag@sbcglobal.net](mailto:fumcag@sbcglobal.net).**

Dear and Beloved Friends,

Recently, I received an e-mail from our District Superintendent Rev. Catie Coots. She had just received her copy of our 125<sup>th</sup> Anniversary Celebration Book. Well, she sat right down and read it. Of course she said "yes, there were other things she needed to be doing, but *she could not resist!*" Thank you to the 125th Celebration Committee for their fine work. Don't have your copy? It's ok, we have a few left, contact Sarah in our church office.

Pastor David Burgeson



*David*

Thanks to all who put together our first successful Movie Night on Saturday, May 29 and the many who passed out free tickets to see "The Blind Side." Along with 10 church members we had 61 people who were *visitors* to our church. Awesome! I am looking forward to our next movie night.

We also want to recognize our Chancel Choir who led our 10:30am worship on June 6<sup>th</sup> Music Sunday. They shared some of their favorite anthems from this past year. Well done! Thank you Julie Walters for your wonderful work in directing this faithful team; to our long-time organist Don McGuire for his blessing us with his gift of playing the organ so superbly. And how about our new choral pianist, huh? Thanks to Dennis Eihler and contribution in the Music Ministry.

June 9th, our church was blessed with a visit from Rev. Dr. Krista Givens who is the Pastor of the International United Methodist Church in Hamburg, Germany. Over 60 of our church family attended the event and together we shared a delicious potluck followed by a presentation by Krista about the people and church she pastors in Hamburg. A big thanks to the Yellow Umbrella, our church's outreach committee, for arranging this interesting program. A special thank you to Dick and Peggy Gainer who opened their home for Rev. Givens to stay.

Youth Sunday was wonderful as usual. Mike and Linda Herber are a true gift to our church and its youth. I am thankful to God to be in ministry here. It is has been a blessing that the youth has welcomed me to be a part of their faith journey. Thank you to the 15 youth who led us in worship! Also on this special day, Duncan Leonard was baptized and the 8 Confirmands who took time from their schedules to learn more about being a Christian were acknowledged. Confirmation is a time when youth make their own profession of Jesus Christ as Lord and Savior, and the opportunity is extended to those who desire to become members of the United Methodist Church and this local congregation. *You can see more about this on our Youth News page.*

**This month's sermon series will continue on the Beatitudes.**



R. N. Gilliland	7/2
Gladys Paulsen	7/2
Carol Smith	7/2
Kristen Davis	7/3
Casey Earley	7/3
Laura Ewick	7/3
Shirley Cross	7/4
Bud Johnson	7/6
Mike Rohla	7/9
Madge Harvey	7/10
Bernie Hawkins	7/11
Larry Baughman	7/11
Dick Melsheimer	7/14
Sarah Barber	7/14
Enrique Quintana	7/15
Lillian Duffin	7/15
Gary Hughes	7/15
Carole Browne	7/18
Serafina Regusci	7/19
Joel Anderson	7/19
Betty Lorenz	7/20
Lew Hammond	7/22
Sabrina Leonard	7/27
Montana Dobbs	7/29
Morrie Gregory	7/29
Cassie Williams	7/29
Buffy Prestemon	7/30
Donna Truman	7/30
Zac Spalding	7/31

**What is  
The Walk To Emmaus?**

The Walk to Emmaus is a spiritual renewal program intended to strengthen the local church through the development of Christian disciples and leaders. The program's approach seriously considers the model of Christ's servanthood and encourages Christ's disciples to act in ways appropriate to being "a servant of all."

The Walk to Emmaus experience is a 72-hour short course in Christianity, comprised of fifteen talks by lay and clergy on the themes of God's grace, disciplines of Christian discipleship, and what it means to be the church. The course is wrapped in prayer and meditation, special times of worship and daily celebration of Holy Communion. The "Emmaus community," is made up of those who have attended an Emmaus weekend. The community supports the 72-hour experience with a prayer vigil, by preparing and serving meals, and other acts of love and self-giving. The Emmaus Walk typically begins Thursday evening and concludes Sunday evening. Men and women attend separate weekends.

During and after the three days, Emmaus leaders encourage participants to meet regularly in small groups. The members of the small groups challenge and support one another in faithful living. Participants seek to Christianize their environments of family, job, and community through the ministry of their congregations. The three-day Emmaus experience and follow-up groups strengthen and renew Christian people as disciples of Jesus Christ and as active members of the body of Christ in mission to the world.

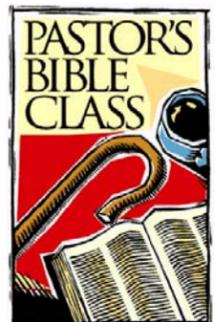
**Walk to Emmaus Information Night**

**July 11<sup>th</sup> from 4-6 PM** in our church's **McMillan Room** there will be a brief presentation about the walk to Emmaus weekend. This will be a time for you to learn more about this transforming three-day experience. If you have a desire to strengthen your spiritual life or may have some lingering questions about your faith, this is for you. Sign up and pick up a brochure in Criswell hall at church on Sunday or in our church office.



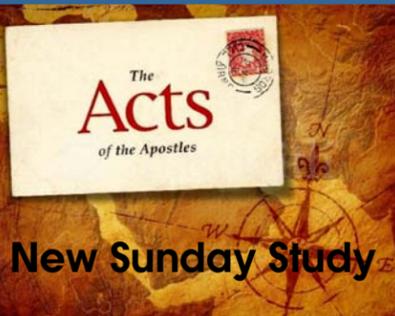


Contact the Adult Christian Education Director, Sandra Sawyer if you have any questions or input on a future study.



**It's Back!**  
Pastor's Weekly Wednesday Study

Pastor David will lead a study looking at these well known sayings of Jesus on Wednesdays at **2 PM** and **6 PM** in the McMillen Room **beginning July 7th**. Pastor David will be preaching on **The Beatitudes** each Sunday in July and our study will allow us a deeper understanding and an opportunity to dig deeper at what these subjects meant not only in the past, but also their value for the present day and for our future. Sign-up with the church office or at church in Criswell Hall.



**New Sunday Study**

A New study will begin July 11th—our Sunday School class will review and discuss the 2nd chapter of Acts. These letters from Paul to the church at Corinth remind us of the birth of the church. They give us the tools as Christians on how we are to spread the Word of God as disciples of Christ.

Grab a snack for your body in Criswell Hall and come feed your soul with us in the **Mc Millen Room after the 8:30 service**.

**All are welcome** to meet with us on **Fridays at 8:30 AM** in the library and get to know our church members in this small group setting. This is the perfect time to join us as we are starting a **new book Be Alive: A study of John's Gospel Chapter 1-10**. We look forward to having you with us!



**PRAYER CHAIN**



**Need Prayer? Got Praise?**

*Bring it to our Prayer Chain.*

**Thursdays at 10 AM**, a group of dedicated prayer warriors, **Intercessory Prayer Group**, meet in the Library to pray for our church family. They pray for requests mentioned on the prayer request cards, those mentioned in services each week, those written in the prayer book and those called into our prayer chain. **We invite any who would like to join and intercede as we lift up these requests to God our Father.**

*Requests can remain anonymous.*



This non-denominational women's group meet on **Mondays at 7 PM** in the UMC of AG sanctuary to pray for this church and others in the community; asking God to pour out His Spirit of redemption, deliverance, healing and salvation. *Contact Susan Coho if you have any questions.*

# The Stresses of Care-giving



by Patti Melsheimer

Caring for an individual with Alzheimer's disease or a dementia caused by strokes or other debilitating conditions can be challenging and, at times, overwhelming.

Frustration is a normal and valid emotional response to many of the difficulties of being a care-giver. While some irritation may be part of everyday life as a caregiver, feeling extreme frustration can have serious consequences for you or the person you care for. Frustration and stress may negatively impact your physical health or cause you to be physically or verbally aggressive towards your loved one. If your care-giving situation is causing you extreme frustration or anger, you may want to explore some new techniques for coping.

When you are frustrated, it is important to distinguish between what is and what is not within your power to change. Frustration often arises out of trying to change an uncontrollable circumstance. As a caregiver of someone with dementia, you face many uncontrollable situations. Normal daily activities—dressing, bathing and eating—may become sources of deep frustration for you. Behaviors often associated with dementia, like wandering or asking questions repeatedly, can be frustrating for caregivers but are uncontrollable behaviors for people with dementia. Unfortunately, you cannot simply change the behavior of a person suffering from dementia.

In order for you to respond to the needs of a loved one without extreme frustration, you will need to: 1) learn to recognize the warnings signs of frustration such as stomach cramps, chest pains or shortness of breath; 2) intervene to calm yourself down physically by taking a brief walk or counting from one to ten slowly and taking a few deep breaths; 3) modify your thoughts in a way that reduces your stress by taking time out to collect your thoughts and rethinking your situation in ways that reduce frustration; 4) learn to communicate assertively so that you express your own needs and desires while respecting the needs and desires of others; 5) learn to ask for help because you cannot take on all the responsibilities for care giving by yourself.

Care-giving can also be tiring and stressful. When you're caring for others, it's easy to forget to care for yourself. While it may be difficult to find time to focus on yourself and your needs, it is very important that you do so. Here are three steps to taking better care of YOU: 1) Make time for yourself; You may feel guilty about needing or wanting time out for rest, socialization and fun. However, everyone deserves regular and ongoing breaks from work, including caregivers. 2) Take care of yourself. Although care-giving may make it difficult to find time for yourself, it is important to eat well, exercise, get a good night's sleep and attend to your own medical needs. 3) Seek outside support. Sharing your feelings with a counselor, pastor, a support group, or with another caregiver in a similar situation can be a great way to release stress and get helpful advice. Studies show that counseling and support groups in combination with respite and other services help caregivers remain in their care-giving role longer, with less stress and greater satisfaction.

Organizations in our community that provide information, support and other services include: Alzheimer's Association, 3480 S. Higuera Street 120, San Luis Obispo, CA 93401, 547-3830 and Coast Caregiver Resource Center, P.O. Box 6573, Los Osos, CA 93412, 534-9234, 800-443-1236.

- The two pieces of non-safety glass in the nursery have been removed. We now need to repair the wall where the glass was.
- The two pieces of non-safety glass in the Narthex have been removed and replaced with safety glass.
- The stereo equalizer has been installed and is working fine.
- The gas meter still needs to be looked at.
- New LED lights have been installed on both sides of the choir loft.
- The last bid for painting the bus is in. Two or three questions have to be answered before we can proceed.
- Still no word from the RVers.
- Our Parsonage Fund gained a little over \$4,000.
- Major electrical work needs to be done in the Children's Center. New circuit breakers have to be added.
- Just recently we were entertained with a movie that was shown in the Sanctuary. Before this could be done a special license was needed that allows us to get some new movies. This money was provided by the Walker Fund. These memorial funds play a big part in providing small amounts of monies needed for small projects. Another example is the Blue Umbrella. They were running short of funds for postage. They send out very important correspondences to the ill and shut ins. Again, the Walker Fund came to their rescue. Memorial gifts are so important.
- Just recently the carpet in front of the altar had to be spot cleaned. The spots were grape juice used during communion. If you receive the bread in one hand, dip it in the chalice then place your other hand under the bread, this will greatly reduce the spots on the carpet. Thanks for your help.

**REPORT JUNE '10**  
TOM EGAN, CHAIR



**ATTENDANCE**

6th	186	- Music Sunday
13th	217	- Youth Sunday
20th	125	- Father's Day
27th	169	

Sunday Average = 170



**Received to date**

\$ 15,591

**Monthly Goal**

\$ 21,179

**Our New Members**

Join us in making them feel a part of the UMC of AG family!

Our church welcomed three new members to our church family during our 8:30 AM and 10:30 AM service on May 23rd, 2010.

Each member attended the new members class on May 22nd led by our Pastor Harold Headrick. Each now has taken the next step into membership. We are so blessed to introduce our newest brothers and sisters of our church family. Please join us in welcoming:

- Joseph Brown
- Carolyn Russell-Williams
- Kerren Brown

Praise the Lord and Welcome!



**Father's Day Was Another TREAT!**

We have been studying about Communion (1 Corinthians 11: 23-26) and what it means for us "To Come to the Lord's Table." You will see us in church on the first Sunday during communion as we come and receive the bread and cup during the second service.

We now will tackle Ephesians 6 and remind ourselves to put on *the Armor of God* and learn from Galatians 5:22-23 about *the Fruit of the Spirit*. The Word of God is TRUTH! As believers of Christ we are never too young to "hide God's word in our hearts" and practice the teaching of Jesus.

**A Special Reminder:**

We will now have a second Sunday School offered during the 8:30 AM service. So spread the word and bring those early risers to church with you.

**Don't Forget:  
Sign-up for VBS!  
Bring a friend!!!**



THIS EGYPT VBS PROGRAM IMMERSSES LEARNERS INTO THE BIBLE-TIMES CULTURE. IT HELPS KIDS AND ADULTS STEP BACKWARD IN TIME TO EXPERIENCE NEW TRADITIONS . . . TASTE NEW FOODS . . . PLAY NEW GAMES . . . TRY NEW CRAFTS . . . AND LEARN MORE FROM THE STORY OF JOSEPH THAT **GOD NEVER LEAVES US ALONE THROUGH LIFE'S TRIALS AND TRIUMPHS!**

**DAY-BY-DAY LESSONS**

- DAY 1: GOD GIVES US HOPE**  
BIBLE STORY: JOSEPH INTERPRETS DREAMS IN PRISON. —GENESIS 40:1-23  
BIBLE VERSE: *FOR I KNOW THE PLANS I HAVE FOR YOU, TO GIVE YOU A FUTURE AND A HOPE.* — JEREMIAH 29:11
- DAY 2: GOD GIVES US SPECIAL ABILITIES**  
BIBLE STORY: PHARAOH PUTS JOSEPH IN CHARGE. —GENESIS 41:1-40  
BIBLE VERSE: *"GOD HAS GIVEN US DIFFERENT GIFTS."* — ROMANS 12:6
- DAY 3: GOD GIVES US WISDOM**  
BIBLE STORY: JOSEPH LEADS EGYPT THROUGH FAMINE. —GENESIS 41:41-42:5  
BIBLE VERSE: *"IF YOU NEED WISDOM, ASK YOUR GENEROUS GOD."* — JAMES 1:5
- DAY 4: GOD GIVES US FORGIVENESS**  
BIBLE STORY: JOSEPH FORGIVES HIS BROTHERS. —GENESIS 42:6-45:15  
BIBLE VERSE: *"BUT YOU ARE A GOD OF FORGIVENESS."* — NEHEMIAH 9:17
- DAY 5: GOD GIVES US A FAMILY**  
BIBLE STORY: JOSEPH SETTLES HIS FAMILY IN EGYPT. —GENESIS 45:16-47:27  
BIBLE VERSE: *"FOR YOU ARE ALL CHILDREN OF GOD."* — GALATIANS 3:26

**Kids Helping Kids**

During VBS, kids will be involved in a mission project making blankets for children in Haiti to be sent along with crayons & a 'God Loves Me' coloring book. Kids get to show other kids about God's love. **Check out the display in Criswell Hall.**

To contribute, see VBS Director Sarah Barber.



## Cross Opens Doors for UMC Military Chaplains to Minister

Compiled by Jerry Smith

Chaplains stand out in the military because of what they wear and what they don't carry. They wear crosses on their uniforms. They carry no weapon into battle.

"We don't condone war. We don't think that killing people is right," said the Rev. Travis Phillips, a United Methodist Navy chaplain serving at a U.S. Marine Corps base in Okinawa.

"It's about caring for people who are asked to do things, like carry weapons and maybe even take someone's life, which is a terrible burden," Phillips said. "And remember, a lot of these guys are 17, 18, and 19 years old ... maybe not equipped to live with the consequences of the decisions they make. We really provide mature, adult presence and counselling for them."

A clergy member of the church's East Ohio Annual (regional) Conference, is part of the faith team at Camp Smedley Butler that provides 22 chapel services on Sunday and five on Friday and Saturday. He draws his congregation from 20,000 Marines and their family members.

One challenge for his young parishioners serving in Okinawa is adjusting to military life in a foreign country. "If they are having a bad day, they can't just hop in the pickup truck and drive to Grandma's," Phillips said. That makes his role all the more important.

Chaplain Amy Sheffield, a captain in the Air Force Reserves, is "passionate about going to work with people Monday through Friday who need to know about Christ." She is stationed at Kadena Air Force Base, Okinawa.

"I like to find people who may not darken the door of a church, who may be on the fringe of society, who don't necessarily know the stories of Jesus, but who are searching," she said. "I found that chaplaincy is a great way to meet people where they are."

The Rev. Sam Rohr, an Air Force chaplain and a United Methodist, said the young people he encounters every day at Kadena are "some of the best that I've ever met." In a world that sometimes is dark and ugly, "it is a joy to be a visible reminder of God's presence and love," he said.

For the Rev. Gregory McCremin, the best part of serving as a Navy chaplain is ship duty. "I love being assigned on a ship because there's nothing more beautiful than having a captive audience," joked McCremin, a lieutenant commander based in Okinawa.

Being trapped on a ship offers opportunities to develop true relationships, he said. Meanwhile, wearing the cross as a chaplain means "you are a representative of Jesus Christ" and can bring reconciliation or healing to a tragic situation.

Sheffield said people "open up dramatically" because chaplains are entrusted with a significant responsibility.

"Just by wearing that cross, we are given such a huge gift ... and that's the greatest blessing," she said.

### ARTICLE CREDIT

\*Gilbert is a United Methodist News Service news writer based in Nashville, Tennessee.

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M

Junior High & High School aged young people are invited to join us in our Youth Lounge at 7 PM every Wednesday night.

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Thank You!  
THANK YOU!

**A BIG thank you** to all the youth, their parents, and the congregation for another wonderful Youth Sunday. Thanks to the

youth for their hard work in preparing for the day, you all never cease to amaze us with your talents and abilities. We also know that with the promise of donuts, the youth will do most anything! Thanks to the parents for getting your youth to practice and for letting us spend time with your youth on a weekly basis, getting to know them all and sharing in their lives. They make us laugh and they make us cry and we enjoy every moment of it all. Many thanks to Mike and Susan Coho for their help with music, power points, and lots of prayer. Thanks to Sarah Barber, Tina Moore, and Hilary Henderson with the bake sale, set up and clean up, and feeding the youth. Of course many, many thanks to Pastor David for always being willing to participate, whether it be hanging out with the youth or being in a video, or praying for us, we are truly blessed to have you! Thanks to the congregation for coming to support the youth and for your words of praise and encouragement. Congrats to our Confirmands and our graduates. We were able to help raise \$237.19 from the bake sale that will go towards the cost of VBS this year. We thank you for your continued support.



We will continue to meet during the summer on Wednesdays and Sundays.

- June 30<sup>th</sup> we will make the food for People's Kitchen. YUMMY!
- July 24<sup>th</sup> & 25<sup>th</sup> we will host a visiting youth choir from the UMC of Simi Valley. We invite EVERY ONE to see this talented group at both the 8:30 AM and 10:30 AM services.

**Be sure to check your church bulletin for more details.**

In His Service, *Mike and Linda*



Our Acolytes  
and Bible Bearers

### July 18—Acolyte & Bible Bearer Recognition Sunday

We would like to recognize the children and youth who assist in Sunday Worship during the 10:30 AM worship service as Acolyte or Bible Bearer. You have been and will always be an important participant in the life of our church. God bless each of you for your willingness to say "yes" to serve in this ministry.



Helping men to grow in Christ,  
so others can know Christ.

**Food  
Fun  
Fellowship**

**Want to  
Join Us?**

Visit with us at our  
monthly breakfast meet-  
ings at the Mission Inn of  
Pismo Beach at 8:30 AM.

**Next Meeting:  
September 2010**



### Community Service Update



It's so hard to realize that this year is half over. Where did the time go? Since the beginning of the year the Community Service projects have been as follows:

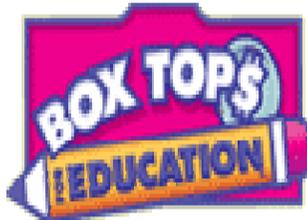
- Campbell's Soup Labels:** 243 mailed 2010;  
41,990 since April 1993
- Complete greeting cards:** 15 lbs. - first mailing
- Coupons to Judy Atwood:** 5.7 lbs.
- Box Tops for Education:** 991 mailed since Jan 2010;  
2347 since April 2001
- Greeting Card Fronts:** 42 1/2 # mailed for 2010;  
725.8 # since March 03

**New project:**

Buttons! New, used, any color, the size of a nickel or quarter. Georgia Zogg of Princeton, IA uses them to help handicapped children and adults work with their hands.

Keep up the good work. Any items listed above can be dropped off to the church library and are picked up twice a week.

Thanks! Have a happy, fun and safe summer! ~CJ Cochran



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>4</b> Coffee Hour Host- Esther Circle</p> <p>9:30 AM Adult Sunday School/ Bible Study (MMR)</p> <p>10:30 AM <u>Combined</u> Worship Service</p>	<p><b>5</b> 1 PM—7 PM Christian Counseling (L)</p> <p>6 PM Debtors Anon (MMR)</p> <p>7 PM Men's Bible Study (215)</p> <p>7 PM Women of Prayer (S)</p> <p>7:30 PM AIAnon (MMR)</p>	<p><b>6</b> 8:30 AM Senior Exercise Group (CH)</p> <p>9 AM Sew 'n' Sews (MMR)</p> <p>1 PM—7 PM Chris- tian Counseling (L)</p> <p>5 PM Grande Ring- ers</p> <p>7 PM Trustees (MMR)</p>	<p><b>7</b> 8:30 AM Senior Exercise Group</p> <p>9 AM EOC Sr. Health Screening (N/L)</p> <p>1 PM—7 PM Christian Coun- seling (L)</p> <p>2 PM &amp; 6 PM Pastor's Weekly Wednesday Study (MMR)</p> <p>7 PM UM Youth Group (215)</p>	<p><b>8</b> 8:30 AM Senior Exer- cise Group (CH)</p> <p>10 AM Intercessory Prayer Group (L)</p> <p>7 PM Finance (MMR)</p>	<p><b>9</b> 8:30 AM Bible Study (L)</p>	<p><b>10</b> 12:30 —4:30 PM Adventures of Dr. Chess (211)</p>
<p><b>11</b> Coffee Hour Host- Trustees</p> <p>8:30 AM Contemporary Service</p> <p>9:30 AM Sunday School/Bible Study (MMR)</p> <p>10:30 AM Traditional Service</p> <p>4 PM—6 PM Walk to Emmaus Info Night (MMR)</p> <p>Children's Sunday School is offered for both services through the summer.</p>	<p><b>12</b> 10 AM UMW Steering (MMR)</p> <p>1 PM—7 PM Christian Counseling (L)</p> <p>6 PM Debtors Anon (MMR)</p> <p>7 PM Men's Bible Study (215)</p> <p>7 PM Women of Prayer (S)</p> <p>7:30 PM AIAnon (MMR)</p>	<p><b>13</b> 8:30 AM Senior Exercise Group</p> <p>9 AM Sew 'n' Sews (MMR)</p> <p>10:30 AM Communi- cations (L)</p> <p>1 PM—7 PM Chris- tian Counseling (L)</p> <p>6 PM AG MS Sup- port Group (MMR)</p>	<p><b>14</b> 8:30 AM Senior Exercise Group</p> <p>11 AM Blue Um- brella (MMR)</p> <p>1 PM—7 PM Christian Coun- seling (L)</p> <p>1 PM Alzheimer's Care-Givers Sup- port Group (CH)</p> <p>2 PM &amp; 6 PM Pastor's Weekly Wednesday Study (MMR)</p>	<p><b>15</b> 8:30 AM Senior Exer- cise Group (CH)</p> <p>10 AM Intercessory Prayer Group (L)</p> <p>7 PM Church Council (MMR)</p>	<p><b>16</b> 8:30 AM Bible Study (L)</p> <p>12:30 PM Alz- heimer's Care- givers Support Group (MMR)</p>	<p><b>17</b> 12:30 —4:30 PM Adventures of Dr. Chess (211)</p> <p>6:30 PM Praise Team Rehearse (S)</p>
<p><b>18</b> Coffee Hour Host- Red Umbrella</p> <p><b>Acolyte &amp; Bible Bearer Recognition Sunday dur- ing 10:30 AM service</b></p> <p>8:30 AM Contemporary Service</p> <p>9:30 AM Sunday School/Bible Study (MMR)</p> <p>10:30 AM Traditional Service</p>	<p><b>19</b> 1 PM—7 PM Christian Counseling (L)</p> <p>6 PM Debtors Anon (MMR)</p> <p>7 PM Men's Bible Study (215)</p> <p>7 PM Women of Prayer (S)</p> <p>7:30 PM AIAnon (MMR)</p>	<p><b>20</b> 8:30 AM Senior Exercise Group</p> <p>9 AM Sew 'n' Sews (MMR)</p> <p>1 PM—7 PM Chris- tian Counseling (L)</p> <p>3 PM Preschool Board - closed ses- sion (MMR)</p> <p>4 PM Preschool Board - open session (MMR)</p>	<p><b>21</b> 8:30 AM Senior Exercise Group</p> <p>1 PM—7 PM Christian Coun- seling (L)</p> <p>2 PM &amp; 6 PM Pastor's Weekly Wednesday Study (MMR)</p> <p>7 PM UM Youth Group (215)</p>	<p><b>22</b> 8:30 AM Senior Exer- cise Group (CH)</p> <p>10 AM Intercessory Prayer Group (L)</p>	<p><b>23</b> 8:30 AM Bible Study (L)</p>	<p><b>24</b> 12:30 —4:30 PM Adventures of Dr. Chess (211)</p>
<p><b>25</b> Coffee Hour Host- Church Council</p> <p>8:30 AM Contemporary Service</p> <p>9:30 AM Sunday School/Bible Study (MMR)</p> <p>10:30 AM Traditional Service</p> <p><b>Visiting Youth Choir from Simi Valley UMC singing at both services.</b></p>	<p><b>26</b> 1 PM—7 PM Christian Counseling (L)</p> <p>6 PM Debtors Anon (MMR)</p> <p>7 PM Men's Bible Study (215)</p> <p>7 PM Women of Prayer (S)</p> <p>7:30 PM AIAnon (MMR)</p>	<p><b>27</b> 8:30 AM Senior Exercise Group</p> <p>9 AM Sew 'n' Sews (MMR)</p> <p>1 PM—7 PM Chris- tian Counseling (L)</p>	<p><b>28</b> 8:30 AM Senior Exercise Group</p> <p>1 PM—7 PM Christian Coun- seling (L)</p> <p>2 PM &amp; 6 PM Pastor's Weekly Wednesday Study (MMR)</p> <p>7 PM UM Youth Group (215)</p>	<p><b>29</b> 8:30 AM Senior Exer- cise Group (CH)</p> <p>10 AM Intercessory Prayer Group (L)</p>	<p><b>30</b> 8:30 AM Bible Study (L)</p>	<p><b>31</b> 12:30 —4:30 PM Adventures of Dr. Chess (211)</p> <p>6:30 PM Praise Team Rehearsal (5:30 PM set-up) (S)</p>
<b>Vacation Bible School - July 19th - 23rd 6 - 8 PM (dinner @ 5:30 PM) →</b>						
<p style="text-align: center;"><b>ABBREVIATION LEGEND</b></p> <p>MMR McMillen Room CH Criswell Hall K Kitchen S Sanctuary N Narthex P/S Pastor's Study L Library</p>						



# UMM Camp Work Day 2010

Ten members of the UMM of our church attacked work projects at the Arroyo Grande Methodist Camp on Saturday, May 22<sup>nd</sup>, much to the pleasure of Steve Tallant, Camp Manager. The men's group joined 35 members of a Cub Scout group that were also doing a project for the camp. A painting crew comprised of Michael Thurman, Harry Egan, Del Hollinger and Val McClure painted the entire outside of the restroom next to the Dining Hall and part of Cabin #6 along the lower road. Tom Egan, Ted Sloan and Bill Weitkamp tackled the cutting up of many of the downed trees in camp and then split the trees into kindling. Meanwhile Morrie Gregory and Dick Melsheimer weed whacked a vast amount of spring growth that the camp tractor/cutter could not reach. Gary Hughes, our official Church Photographer spent the day with the work crews and assisted the paint crew.

A noon "Hot Dog" break was furnished by the Tallant family and the Kitchen Crew, who also fed the Cub Scouts. The paint crew worked until 2:15 on cabin #6.

The Methodist Camp cleanup is an annual project of the UMM and takes the place of the May regular meeting. For further information on the camp and an update on the current building project contact Val McClure, Camp Liaison for UMC of AG. ~ by Val McClure

# Methodist Men Clean Their Act



## United Methodist Women

*The organized unit of United Methodist Women shall be a community of women whose purpose is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.*

Our UMW Circle groups will suspend meetings during July and August, but will return to our regular schedule in September. We pray that your summer will be a time of relaxation and renewal. **Remember:** August 22<sup>nd</sup>, the UMW have a Salad Luncheon planned for after church. See you there!

Our largest fund raising activity of the 2010 will be the Breakfast/Boutique in the fall. Summer would be a good time to start up or to complete any creative projects you have laying about...sewing, quilting, flower arrangements, etc. These will be sold at that event. A wonderful job was done by all last year and we are excited to see all of the new creative projects that have been made for this year.

Meanwhile, Methodist Women from across the U.S. will be gathering to attend Schools of Christian Mission in their particular Conference. We belong to the California—Pacific Conference whose UMW School of Christian Missions will be held at Chapman University in Orange, California from July 23—25. Studies for this year are: *For the Love of God, John's Letters, Joy to the World-Global Christianity, and Beauty and Courage of Sudan.*

What is School of Christian Missions? School of Christian Missions are opportunities to study a spiritual growth topic, a geographic area and/or an issue impacting society. Participants grow in understanding of the mission of the UMC in the current world context. The studies pay particular attention to the responsibilities of women in missions with the goal of strengthening UMW leadership and its members.

Last year, two persons from our church attended this school: Sally Weitkamp and Virginia Mothes, both are members of the Santa Barbara District UMW Board. Patti Melsheimer will attend this year. If you are interested in attending this school, please contact Virginia Mothes or Sally Weitkamp for more information. Room and board at the college are included in the registration fee—Be prepared to have a wonderful experience. Registration cut-off is the 1<sup>st</sup> part of July; *inquire soon!*

~Virginia Mothes and Eva McClure

## Holiday Arts & Crafts Boutique

13 November '10  
9 AM—2 PM

We need your help to create the numerous items needed to make this boutique a success. So start creating now!!

We trust that you will participate in donating time and energy to the many aspects of this day. Please contact Virginia Mothes with questions or ideas.



Rev. Dr. Krista Givens  
International UMC of Hamburg, Germany  
June 9th, 2010 at UMC of AG

# POTLUCK SUPPER

